

## Curriculum Vitae: Lynn S. Brann, Ph.D., R.D.N., F.A.N.D

Department of Public Health, Food Studies and Nutrition  
David B. Falk College of Sport and Human Dynamics  
Syracuse University  
559 White Hall  
Syracuse, NY 13244-1270

Phone: 315-443-4805  
Email: lbrann@syr.edu

### EDUCATION

PhD, Human Ecology (Nutrition), The University of Tennessee, Knoxville, TN, May 2003

- Dissertation: An Evaluation of Influences on Preadolescent Boys' Body Mass Index and Body Composition, Advisor: Jean Skinner, PhD, RD

MS, Nutrition Science, The University of Tennessee, Knoxville, TN, August 1999

- Thesis: Maternal Employment and Dietary Quality of Children Aged 42-60 Months, Advisor: Jean Skinner, PhD, RD

BS, Human Nutrition, University of Maine, May 1997

### PROFESSIONAL CREDENTIALS

Registered Dietitian, Commission on Dietetic Registration, Registration #863682

Certificate of Training in Childhood and Adolescent Weight Management. American Dietetic Association Commission on Dietetic Registration. March 2004.

### ACADEMIC AND PROFESSIONAL EXPERIENCE

**Associate Professor**, Department of Public Health, Food Studies and Nutrition, David B. Falk College of Sport and Human Dynamics, Syracuse University, Syracuse, NY 2017-present.

**Nutrition Science Graduate Program Director**, Department of Public Health, Food Studies and Nutrition, David B. Falk College of Sport and Human Dynamics, Syracuse University, Syracuse, NY 2016-present.

**Assistant Professor**, Department of Public Health, Food Studies and Nutrition, David B. Falk College of Sport and Human Dynamics, Syracuse University, Syracuse, NY, 2003–2017.  
(Tenure Granted, May 2010)

Courses taught at Syracuse University:

- NSD 225/525: Nutrition in Health (Introductory course)
- NSD 300: Nutritional Research Literature
- NSD 326: Practice of Dietetics
- NSD 329: Pediatric Diabetes
- NSD 457: Research and Evaluation in Nutrition

- NSD 476: Nutrition Seminar
- NSD 497: Research Experience
- NSD 511: Nutrition Education
- NSD 648: Dietetics Practice Across the Lifespan
- NSD 654: Graduate Research Methods
- NSD 695: Nutritional Status Evaluation
- HSH 400: Interprofessional Learning Community (team taught)

**Graduate Teaching Assistant**, Consumer Services Management Department, The University of Tennessee, Knoxville, Spring 2003.

- Co-organized and co-supervised the Food Principals Laboratory course of the Hotel and Restaurant Administration Program
- Purchased materials needed for food preparation
- Ensured proper sanitation techniques

**Graduate Research Assistant**, Department of Nutrition, The University of Tennessee, Knoxville, TN, 1997-2002.

- Coordinated the follow-up study “Retention of Low Bone Mineral Density in Adult Women Who Had an Adolescent Pregnancy” (AES TN187) from 1999 to 2002
- Performed bone density and body composition assessments using DXA
- Collected, entered, and analyzed dietary and activity data for all participants
- Assisted in the Longitudinal Children’s Nutrition Study funded by Gerber Products Company from 1997 to 1999
- Entered and analyzed nutrient intakes, dietary variety, and meal and snack patterns of children
- Interviewed children about food packaging choices using a simulated “grocery store game”

**Instructor**, Department of Nutrition, The University of Tennessee, Knoxville, TN, Summer 2000.

- Taught introductory nutrition course (Nutrition 100)

**Registered Dietitian**, Student Health Services, The University of Tennessee, Knoxville, 1999-2000.

- Provided nutrition counseling to students with varying health and nutritional needs
- Participated in University Health Fairs

## **RESEARCH PROPOSALS AND RESEARCH FUNDING**

Casey C, Wood SW, **Brann LS**, Kitzman-Ulrich H. Improving Health Through Food Multimedia with Interactive Game, For AtRisk Students, Teachers and Parents. Submitted to the National Institutes of Health. Opportunity Title: R25/Science Education Partnership Award (SEPA). \$1,250,000. Submitted June 2016. \*Proposal not funded.

Wood SW, Casey C, Kitzman-Ulrich H, **Brann LS**. Interactive mobile game to improve dietary knowledge and self-efficacy. Submitted to the National Institutes of Health. Opportunity Title: Serious STEM Games for Pre-College and Information Science (SBIR). \$150,000. Submitted May 2016. \*Proposal not funded.

Gump B, Heffernan K, Glatt S, Bendinskas K, MacKenzie J, Parsons P, **Brann LS**, Park K. Environmental Toxicants, Race, and Cardiovascular Disease Risk in Children. National Institutes of Health – Continuation Grant (R01). \$1,849,425. Submitted March 2016. \*Proposal not funded.

Wood SW, Casey C, **Brann LS**. ZIPZ Game Demonstrates Consequences of Children's Food and Physical Activity Choices. Submitted to the National Institutes of Health. Opportunity Title: Serious STEM Games for Pre-College and Information Science (SBIR). \$150,000. Submitted February 2015. \*Proposal not funded.

**Brann LS**, Razza R, Bergen-Cico D. The Development and Evaluation of a Mind-Body Awareness Intervention to Enhance Self-Regulation as a Mechanism to Promote Healthy Weight among Young Children. Falk College Research Center, Syracuse University. \$5000. July 2014- July 2015.

**Brann LS**, Razza R, Bergen-Cico D. Promoting Self-Regulation and Nutrition among Preschoolers via Mindfulness. Sackler Institute for Nutrition Science Research Award. \$49,967. Submitted November 2013. \*Proposal not funded.

**Brann LS**, Razza R, Bergen-Cico D. Cultivating Mind-Body Awareness to enhance self-regulation as a mechanism to promote healthy weight among young children. Academy of Nutrition and Dietetics Foundation Grant. \$34,296. Submitted June 2013. \*Proposal finalist; not funded.

**Brann LS**, Bruening KS. Analysis of longitudinal dietary intake of female adolescent gymnasts. Falk College Research Center, Syracuse University. \$6038. July 2012- July 2013.

Gump BB, Kannan K, **Brann LS**, Cowart L. Perfluorochemicals Exposures and Child Health Outcomes. National Institutes of Health. \$1,309,481. Submitted June 2011. \*Proposal not funded.

Gordon C, Lane S, Norris S, **Brann LS**. Identifying how nutrition counseling affects family communication and obese children's health behaviors. William T. Grant Scholars Program. \$350,000 (subcontract \$23,8740). Submitted July 2009. \*Proposal not funded.

**Brann LS**, Monahan D, Smith CJ. Evaluating the dissemination of nutrition information and referrals to kinship caregivers in Central New York. Allen Foundation., \$61,115. Submitted on December 21, 2008. \*Proposal not funded.

**Brann LS**. Assessing diabetes care at diabetes camps and measuring the effectiveness of diabetes education in a local camp setting on children with type 1 diabetes, their families, and

nutrition students. College of Human Ecology Research Center. Syracuse University. \$4000. Submitted March 21, 2008. Proposal funded.

**Brann LS, Edmunds LS, Oudekerk L.** Evaluating an intervention to improve the quality of foods prepared and served in child care centers and the economic impact of positive menu changes. Robert Wood Johnson Foundation, \$149,000. Submitted on February 6, 2008. \*Proposal not funded.

**Brann LS, Krishnakumar A.** A Longitudinal Analysis of Family Routines around Mealtimes in Relation to Diet Quality and Markers of Child Development. Gerber Foundation, \$450,000. Submitted on November 30, 2007. \*Proposal not funded.

**Brann LS, Monahan D, Smith CJ.** An exploratory analysis of kin (non-parent) and child dyads in relation to mental health, nutrition, and feeding. College of Human Services and Health Professions Research Center, \$3987. Submitted on March 22, 2007. Proposal funded.

Edmunds LS, Ouderkerk L, **Brann LS.** Evaluation of a staff training program to build positive mealtime environments in CACFP child care centers. Robert Wood Johnson Foundation, \$294,022 (sub-contract for \$27,720). Submitted on May, 2007. \*Proposal not funded.

Krishnakumar A, **Brann LS.** Multidisciplinary Study of Infant Development. College of Human Services and Health Professions Research Center, \$4450. Submitted March 2006. Proposal funded.

**Brann LS.** An evaluation of the concordance of child feeding practices and child weight perceptions of parents and family child care providers of preschool-age children. American Dietetic Association Foundation's Ann A. Hertzler Research Award, \$5000. Submitted January 2006. \*Proposal not funded.

**Brann LS.** An exploratory analysis of family child care providers' child feeding practices and perceptions of childhood overweight. College of Human Services and Health Professions Faculty Development Research Fund, \$4849. Submitted March 2004. Proposal funded.

**Brann LS.** Increasing preschool children's exposure to whole grains in a family day care setting. Bell Institute of Health and Nutrition, General Mills, \$55,568. Submitted November 2004. \*Proposal not funded.

**Brann LS.** An Evaluation of Influences on Preadolescent Boys' Body Mass Index and Body Composition. Dissertation Research funded by the following sources: James D. and Monica Moran Dissertation Award given by The University of Tennessee, \$5000. Glenda Bible Memorial Scholarship awarded by the Pediatric Nutrition Practice Group of the American Dietetic Association, \$2000; American Dietetic Association/Gerber Endowment in Pediatric Nutrition, \$1200.

**REFEREED PUBLICATIONS**

Davis KL, **Brann LS**. Examining the Benefits and Barriers of Instructional Gardening Programs to Increase Fruit and Vegetable Intake among Preschool-Age Children. *Journal of Environmental and Public Health*. 2017. Article ID 2506864. <https://doi.org/10.1155/2017/2506864>

Ren J, **Brann LS**, Bruening KS, Scerpella TA, Dowthwaite JN. Relationships among diet, physical activity, and dual plane dual-energy X-ray absorptiometry bone outcomes in pre-pubertal girls. *Arch Osteoporos*. 2017;12:19. doi: 10.1007/s11657-017-0312-9.

Augustine JA, Lefferts WK, Dowthwaite JN, **Brann LS**, Brutsaert TD, Heffernan KS. Subclinical atherosclerotic risk in endurance-trained premenopausal amenorrheic women. *Atherosclerosis*. 2016;224:157-164.

Lee YA, **Brann L**. Influence of Cultural Beliefs on Infant Feeding, Postpartum and Childcare Practices among Chinese Mothers in New York City. *Journal of Community Health*. 2015; 40:476-483.

**Brann LS**, Hanson C, Fitch C. Research for Pediatric Dietitians: Why and How to Do It. *Building Block for Life*. 2014;37 (1): 4-7.

**Brann LS**, Schneider K. Malnourished and overweight: a potential problem for today's children. *Building Block for Life*. 2012;35(2):13-17.

**Brann LS**. Parents' and Boys' Perceptions of Boys' Body Size for Average and High BMI Boys. *Maternal and Child Nutrition Journal*. 2011;7:307-314

**Brann LS**. Child-feeding Practices and Child Overweight Perceptions of Family Day Care Providers Caring for Preschool-age Children. *Journal of Pediatric Health Care*. 2010; 24:312-317.

Horacek TM, **Brann LS**, Erdman M, Middlemiss M, Raj S. Interprofessional learning community: educating dietetic and other professional students through an interdisciplinary, service learning experience. *Top Clin Nutr*. 2009;24:6-15.

**Brann LS** and Skinner JD. Classification of boys based on their body mass index and percent body fat produces different groups. *J Am Diet Assoc*. 2008;108:1018-1022.

**Brann LS**, Skinner JD. More controlling child feeding practices found among parents of boys with a high BMI. *J Am Diet Assoc*. 2005;105:1411-1416.

**Brann LS**, Skinner JD, Carruth BR. Maternal employment and dietary quality of children aged 42-60 months. *Top Clin Nutr.* 2001;17:27-35.

### MANUSCRIPTS IN REVIEW OR IN PROGRESS

**Brann LS**, Razza R, Bergen-Cico. The Development and Evaluation of a Mind-body Awareness Intervention to Enhance Self-Regulation as a Mechanism to Promote Healthy Weight among Young Children. In preparation for submission to *Appetite*.

### PROFESSIONAL PRESENTATIONS AND ABSTRACTS

**Brann LS**, Russo A, Razza R, Bergen-Cico D. Evaluating the Success of a Pilot Mindfulness-Based Intervention with Preschool Children: Lessons Learned. *Journal of the Academy of Nutrition and Dietetics.* 2016;116:A17. Selected Poster Presentation at the Food and Nutrition Conference and Exposition in Boston, MA.

Razza R, **Brann LS**, Bergen-Cico D. et al. Development and Evaluation of a Mind-Body Awareness Intervention to Enhance Self-Regulation and Promote Healthy Weight Among Young Children. Selected Poster Presentation at the Association for Psychological Sciences Annual Conference, May 2016 in Chicago, IL.

**Brann LS**, Castro K, Karp S, Scerpella TA, Douthwaite JN. Examination of Dietary Intake and Dietary Supplement Use to Identify Key Nutrients of Concern among Girls. Selected Poster Presentation at the Food and Nutrition Conference and Exposition in Nashville, TN on 10/6/15.

**Brann LS**, Razza R, Bergen-Cico. The Development and Evaluation of a Mind-body Awareness Intervention to Enhance Self-Regulation as a Mechanism to Promote Healthy Weight among Young Children. Falk College Research Center, Research Colloquium Series Invited Presentation. Presented on 9/18/15.

**L. S. Brann** was a Session Moderator at the Food and Nutrition Conference and Expo. The session titled “New Research on Responsive Feeding in Early Childhood: Healthy Eating and Healthy Weight” was presented on 10/21/14. This was the spotlight session for the Pediatric Nutrition Practice Group.

Ren J, Douthwaite JN, Bruening KS, Scerpella TA, **Brann LS**. Effects of Diet and Physical Activity on Dual Plane (3D) Dual X-Ray Absorptiometry (DXA) Bone Outcomes in Pre-pubertal Girls. Selected Poster Presentation at the Food and Nutrition Conference and Exposition in Atlanta, GA on 10/20/14.

Zymaris C, **Brann LS**, Douthwaite JN, Scerpella TA. Associations between Physical Activity, Dietary Intake, and Food Away from Home in Girls. Selected Poster Presentation at the Food and Nutrition Conference and Exposition in Atlanta, GA on 10/20/14.

Zymaris C, **Brann L**, Scerpella T, Dowthwaite J. Examining Food Consumed “Away from Home” and Key Nutrient Intakes in Girls. Selected Poster Presentation at the New York State Dietetic Association Meeting in Westchester, NY on 10/26/14.

Flynn L, **Brann LS**. Marathon Runners and their Nutrition Views, Practices, and Sources of Information. Selected Poster Presentation at the New York State Dietetic Association Meeting in Westchester, NY on 10/26/14.

**Brann LS**. An assessment of nutrition and diabetes policies and practices at pediatric diabetes camps in the United States. Selected Poster Presentation at the Food and Nutrition Conference and Exposition in Houston, TX on 10/19/13.

**Brann LS**. An Evaluation of the Content and Delivery of Nutrition and Diabetes Education at Pediatric Diabetes Camps in the United States. Selected Poster Presentation at the Society for Nutrition Education and Behavior conference in Portland, OR on 8/12/13.

Davis K, **Brann LS**. Determining the Motivations of Childcare Providers to Implement Instructional Gardens as a Means of Increasing Fruit and Vegetable Consumption Among Children Ages 2-5. Selected Poster Presentation at the New York State Dietetics Association Meeting in Rochester, NY on April 25, 2013.

Lee A, **Brann LS**, Gantner L. Understanding infant feeding practices among Chinese Mothers in New York City. Selected Poster Presentation at the New York State Dietetics Association Meeting in Rochester, NY on April 25, 2013.

**Brann LS**. Using YouTube with students to create nutrition education presentations. Invited presentation for faculty participating in the Summer Technology Institute. May 2013.

**Brann LS**. *Feeding Children Well*. Invited Presentation. Syracuse University Early Education and Childcare Center. December 2012.

**Brann LS**. *Pediatric Nutrition Seminar*. Invited presentation as part of the Project Meaningful Differences Grant in the Department of Communication Sciences and Disorders at Syracuse University. October 2012.

**Brann LS**. Students improve their knowledge and confidence after participating in a summer diabetes camp. Selected oral presentation at the 2012 Food and Nutrition Conference and Exhibition in Philadelphia, PA. October 2012.

Phillips CC, **Brann LS**. Nutrient quality of children’s meals and the nutrition environment at fast food restaurants in Onondaga County. Selected poster presentation at the 2012 Food and Nutrition Conference and Exhibition in Philadelphia, PA. October 2012.

**Brann LS**, Connolly D, Charles C, Phillips CC, DeIeso K, Formoza S, Jiang Q, Power C, Stuart L. Leadership, mentoring and retirement intentions among dietitians in Central New York. *J Am*

*Diet Assoc.* 2010;110:A-18. Selected poster presentation at the 2010 Food and Nutrition Conference and Exhibition in Boston, MA. November 2010.

**Brann LS**, Krishnakumar A. The development of an interdisciplinary model to examine environmental factors on child health and development. *FASEB J.* April 6, 2010:558.10. Selected poster presentation at the 2010 Experimental Biology Conference in Anaheim, California. April 2010.

**Brann LS.** Preadolescent boys' body size perceptions match those of their parents. *J Am Diet Assoc.* 2008; (suppl 3): A114. Selected poster presentation for the 2008 Food and Nutrition Conference and Exhibition in Chicago, IL.

Boyle CA, Horacek TM, **Brann LS**, Raj S. Process evaluation of project WebHealth: An Online non-diet nutrition and fitness course for college students. Selected poster presentation at the New York State Dietetic Association Regional Conference. May 2008.

**Brann LS.** An exploratory analysis of family child care providers' child feeding practices and perceptions of childhood overweight. *J Am Diet Assoc.* 2007; (suppl 2): A110. Selected poster presentation for the 2007 Food and Nutrition Conference and Exhibition in Philadelphia, PA.

Horacek T, Erdman M, Middlemiss M, Smith C, **Brann L**, Raj S, Carter B, Hensel M, Cowart L, Inter-professional Learning Community: A method of teaching cultural, ethical and communication competence to dietetic and other health profession students through an interdisciplinary, service learning experience. *SNE Conference Proceedings.* 2007:39(5): O4. Oral presentation at the 2007 Society for Nutrition Education and Behavior Conference, Chicago IL.

**Brann LS.** Classification of Preadolescent Boys Based on their Body Mass Index and Percent Body Fat Produces Different Groups. *J Am Diet Assoc.* 2005;(suppl 2):A-22. Selected poster presentation for the 2005 Food and Nutrition Conference and Exhibition in St. Louis, MO.

**Brann LS.** Child Overweight: Perceptions of those Affected and Recommendations for Professionals. Key Note Speaker at the Childhood Obesity: Strategies for Prevention and Intervention Conference sponsored by the Eat Well Play Hard and the Madison County Living Well Partnership. Invited presentation December 2004.

**Brann LS**, Skinner JD. More Controlling Child Feeding Practices Found Among Parents of Boys with a High BMI. *J Am Diet Assoc.* 2003; (suppl 1): A-49. Selected poster presentation at the 2003 Food and Nutrition Conference and Exhibition in San Antonio, TX.

**Brann L**, Skinner JD. Mothers' child feeding practices predict concern for their children's weight. *SNE Conference Proceedings.* 2003:36 (1):23. Selected oral presentation at the 2003 Society for Nutrition Education Annual Conference in Philadelphia, PA.



Skinner JD, Carruth BR, Bounds WE, **Brann LS**. Children's longitudinal calcium intake modulates body fat and enhances bone mineral density. *Ann. Nutr. Metab.* 2001;45 (suppl 1):1-604. Poster presented at the 2001 17<sup>th</sup> International Congress of Nutrition meeting in Vienna, Austria.

**Brann LS**, Skinner JD, Carruth BR, Bounds W, Ziegler P. A comparison of methods for assessing body fat and BMI status in 8-year-old children. *FASEB J.* 2001;15:A1003. Poster presented at the 2001 Experimental Biology meeting in Orlando, FL.

Bounds W, Skinner JD, Carruth BR, **Brann LS**, Ziegler P. Influences on body fat in 8 year-old children. *FASEB J* 2001;15:A740. Oral session presented at the 2001 Experimental Biology meeting in Orlando, FL.

Skinner JD, Carruth BR, Bounds W, **Brann LS**, Ziegler P. Longitudinal bone mineral indices in children. *FASEB J* 2001;15:A1096. Oral session presented at the 2001 Experimental Biology meeting in Orlando, FL.

Skinner JD, Carruth BR, Bounds WE, **Samson LA**, Ziegler PJ. Influences on children's food preferences: mothers' perceptions. *J Am Diet Assoc.* 2000;(suppl 1):A-92. Poster presented at the 2000 American Dietetic Association meeting in Denver, CO.

**Samson L**, Skinner JD, Carruth BR, Morris M. Maternal employment and dietary quality of children aged 42-60 months. *FASEB J* 1999:A460.6. Presented at the 1999 Experimental Biology meeting in Washington, DC.

## PROFESSIONAL MEMBERSHIPS

### Academy of Nutrition and Dietetics

1996- present

#### Practice Group memberships

- Pediatric Nutrition Practice Group (PNPG)
  - *Chair-elect/Chair/Past Chair* (2013- 2016)
    - Elected in February 2013 to a 3-year term.
    - Serve on the Executive Committee of PNPG and vote on measures that require action by the group.
    - Submitted three conference session proposals on behalf of PNPG; two proposal accepted for FNCE 2014.
    - Developed the Program of Work for the 2014-2015.
    - Oversee sponsorship and letters of agreement between sponsor and PNPG.
    - Lead monthly meetings to facilitate agenda of the executive committee.
  - *Professional Development Chair/ Executive Committee* (2010- 2012)
    - Oversaw the Grants and Awards and Speaker Stipend Committees
    - Executed the recording and distribution of a webinar on the need for vitamin D for the pediatric patient.

- Assisted in the implementation of a webinar for the members related to the utilization and implementation of the Nutrition Care Process with pediatric patients.
  - Participated in the planning and organization of the Pediatric Nutrition Symposium held in April of 2011.
- Invited Reviewer for the position paper *Benchmarks for Nutrition in Child Care* published in the April 2011 issue of the Journal of the American Dietetic Association.
- *Parent Empowerment Project, Expert Reviewer* (Fall 2011)
  - Served as an expert reviewer for a curriculum developed to empower parents to improve the health and nutrition for themselves and for their children. Reviewed lesson plans and take-home materials.
- *Kids Eat Right Breakfast Toolkit, Curriculum Developer* (Summer 2011)
  - Developed a lesson and handout on the importance of healthy breakfast for school-age children. This toolkit is available for members of the Academy of Nutrition and Dietetic on their website.
- *Research Ad Hoc Committee, Member (2010-2012); Chair (2012)*
  - This is an ad-hoc committee designed to promote and advance research within dietetics professionals in the area of pediatric nutrition.
- *Childhood Obesity Ad Hoc Committee (2009-present)*
  - This is an ad-hoc committee designed to work on issues related to pediatric overweight.
- *Chair, Grants and Awards Committee (2008-2009)*
  - In this position, I was responsible for marketing the grants and awards offered by PNPG to members, for organizing applications, and leading the review of all grant and award applications. I prepared articles for the PNPG Post newsletter announcing the awardees and calls for applications. I also prepared fall and spring progress reports for the executive committee and participated in the annual meeting in Chicago, IL in October of 2008.
- *Co-chair, Grants and Awards Committee (2007-2008)*
- Dietetic Educators of Practitioners Dietetic Practice Group
- Research Dietetic Practice Group
- DIFM
- Public Health

**Maine Dietetic Association** 1996-1997

**Tennessee Dietetic Association** 1997-2003

**New York State Dietetic Association** 2003-present

**Central New York Dietetic Association** 2003-present

Society for Nutrition Education 2001-present

**American Society for Nutrition** 1999-2004; 2008-2012

## STUDENT MENTORING

### Undergraduate Advising/Mentoring

Responsible for advising approximately 35 undergraduate nutrition/dietetics students prior to fall and spring registration, 2004 to 2016.

Healthy Cookoff Competition mini-grant. Grant to support the planning, marketing and implementation of a healthy cooking competition by nutrition majors in Nutrition for Health (NHM 225) for Syracuse University students. Funded by the Healthy Campus Initiative, \$225, January 2006.

*McNair Scholars Program*, Syracuse University. Research mentor to Kirstin Lyons for her research project examining the effects of an intervention to increase the fruits and vegetables with elementary school children from the Onondaga Nation. Spring 2012 – Spring 2013.

Renee Crown Honor's Program, Syracuse University. Advise/mentor nutrition students who are in the Honor's program.

### Graduate Committee Member/Advisor:

#### Doctoral Students:

- K. Stote. *Cardioprotective Effects of Chocolate and Almond Consumption in Healthy Women*. PhD, Syracuse University, 2005
- R. Cole. *Intuitive Eating Non-Diet Approach to Weight Management: Pilot Program for Fort Drum DOD Beneficiaries*. PhD, Syracuse University, 2006
- J. Redmond. *Upper body training for fetal programmed individuals*. PhD student in the Department of Exercise Science.
- S. Cheon. *Differential effectiveness of sitting meditation and moving meditation in reducing college students' cognitive and somatic trait anxiety depending on entrance levels of cognitive and somatic anxiety*. PhD student in the Department of Instructional Design, Development and Evaluation. [Served as Oral Defense Chair]

#### Master's Students:

- A. Joshi. *Influence of Religiosity/Spirituality on Dietary Behavior of Asian Indians in the United States*. Thesis MS, Syracuse University, 2003.

- J. Merchant. *An Exploratory Study Examining the Influence on Dark Chocolate Intake Using the Theory of Reasoned Action*. Thesis MS, Syracuse University, 2004.
- M. Kondakalla. *Assess the Validity of a Picture Sort-Food Frequency Questionnaire for Classifying Calcium Intake of School-Age Children*. Thesis MS, Syracuse University, 2006.
- A. Shah. *Effects of Antioxidants and Fatty Acids on Viability of Cultured Human Retinal Epithelial Cells*. Thesis MS, Syracuse University, 2007.
- K. Brown. *Effects of Saturated and Unsaturated Fats on the Cytokine Production of 3T3-L1 Cells*. Thesis MS, Syracuse University, 2007. [ADVISOR]
- M. Plante. *The Effect of a Supper Meal on Diet Quality of At Risk School Age Children*. Thesis MS, Syracuse University, 2009.
- C. Boyle. *Process Evaluation of Project WebHealth: Behavior Change Intervention for Obesity Prevention in Young Adults*. Thesis MS, Syracuse University, 2009.
- M. Erdman. *An Assessment of the Eating and Food Environment of Syracuse University Students*. Thesis MS, Syracuse University, 2009.
- A. Colson. *Consumer Attitudes and Behaviors Concerning Processed Organic Foods*. Thesis MS, Syracuse University, 2010.
- Priyanka. *Influence of media on dietary practices of Asian Indian immigrants in the U.S.* Thesis MS in progress, Syracuse University.
- C. Charles. *Comparing Vegan and Vegetarian Attitudes, Beliefs and Perceptions with Risk for Disordered Eating Behaviors*. Thesis MS, Syracuse University.
- A. Hamilton. *Examining the Concept of Sustainability in Infant Feeding Practices*. Thesis MS, Syracuse University, 2012.
- C. Philips. *An Evaluation of Children's Menus and Eating Environments at Fast Food Restaurants in Onondaga County*. Thesis MS, Syracuse University, 2011. [ADVISOR]
- J. Dhillon. *Dietary habits and practices of South Asian female student in the United States*. Thesis MS, Syracuse University, 2012.
- M. Sathyamathury. *A comparison of traditional beliefs, practices and health seeking behaviors that influence dietary practices during pregnancy of South Asian Indian women in India and the Unites States*. Thesis MS, Syracuse University, 2012.

- K. Davis. *Examining the motivation and perceived barriers of implementing instructional gardens in various childcare settings*. Thesis MS, Syracuse University, 2013. [ADVISOR].
- A. Lee. *An exploratory analysis of breastfeeding experiences of Chinese immigrant mothers in the United States*. Thesis MS, Syracuse University, 2013. [ADVISOR].
- T. Bartlett. *The effect of Serum 25-Hydroxyvitamin D levels on 8-hydroxy-2-deoxyguanosine levels in males and females aged 18 to 50 years*. Thesis MS, Syracuse University, 2013.
- J. Augustine. *Vascular function in trained athletes*. Thesis MS, Department of Exercise Science, Syracuse University, 2014.
- M. Matthews. *The development of a tool to assess the healthfulness of foods found in vending machines*. Thesis MS, Syracuse University, 2014.
- D. Kohut. *An examination of the knowledge, skills, and practices of registered dietitians related to integrative and functional nutrition*. MS Thesis, Syracuse University, 2014.
- S. Keeler. *An exploration of dietary intake and mindfulness among yoga practitioners*. MS Thesis, Syracuse University, 2014.
- C. Zymaris. *Examining the incidence of eating away from home on diet quality of female adolescent gymnasts*. Thesis MS, Syracuse University, 2014 [ADVISOR].
- L. Flynn. *Examining the diet and hydration practices of marathon runners*. Thesis MS, Syracuse University, 2014 [ADVISOR].
- J. Ren. *The relationship of diet and bone density in female adolescent gymnasts*. Thesis MS, Syracuse University, 2014 [ADVISOR].
- L. Chien. *Understanding the Parental Practices, Knowledge, and Attitudes Toward Child Beverage Provision in Taiwan*. Thesis MS in progress, Syracuse University.
- M. Loncarica. *How does gender affect the college athlete's ability to meet metabolic requirements?* Thesis MS in progress, Syracuse University.
- K. Bump. *"D" Constructing the Knowledge, Attitudes, and Practice of vitamin D among health care practitioners*. Thesis MS in progress, Syracuse University.
- S. Skinner. *An examination of vitamin K and other key nutrients on bone health in adolescent girls*. Thesis MS in progress, Syracuse University.
- S. Nicholas. *Relationship between eating out and student stress*. Thesis MS in progress, Syracuse University.

- M. Simon. *Intuitive Eating Practices and Attitudes of Registered Dietitian Nutritionists*. Thesis MS in progress, Syracuse University.
- R. Watkins. *Mothers' eating competence and child diet quality*. Thesis MS in progress, Syracuse University [ADVISOR].
- Z. Liu. *Dietary intake in relation to growth in adolescent girls*. Thesis MS in progress, Syracuse University [ADVISOR].

### **PROFESSIONAL DEVELOPMENT RELATED TO TEACHING AND RESEARCH**

- Navigating Online Teaching Success. (5/18/16). Hands on workshop presented by University College at Syracuse University.
- Syracuse University Summer Technology Institute Refresher Course. (1/13/16).
- Kids Food Reboot: Serving our Children Better. (1/14/15). Webinar sponsored by the American Public Health Association Food and Nutrition Section.
- Syracuse University Strategic Plan Presentation (2/25/15). Overview of the outcomes of the initial strategic plan and opportunity to interact with individuals involved in drafting the plan.
- Mindfulness Goes to School. (3/6/15). Brownbag presentation by Drs. Razza and Bergen-Cico as part of the Contemplative Studies Group at Syracuse University.
- Using and Updating your Standards of Practice/Standards of Professional Performance. (4/8/15). Webinar presentation by the Pediatric Nutrition Practice Group.
- Bod Pod Training (9/21/15). Trained on the use of the Bod Pod for assessing body composition for use with students and for future research projects.
- Food and Nutrition Conference and Expo in Nashville, TN. (10/03/15-10/6/15). Attended multiple oral presentation related to nutrition and dietetics and attended poster presentations daily.
- Food Detoxification. (11/21/13). Webinar presented by Mary Purdy and sponsored by the Dietitians in Functional and Integrative Medicine Dietetics Practice Group.
- Food As Medicine. (6/6/13-6/9/13). This 3-day intense course focused on how food can be used for health and healing. It was developed and implemented by the Center for Mind-Body Medicine and was held in Indianapolis, Indiana.

- Falk Research Center Brown Bag Presentation. (4/5/13). Using Qualtrics Survey Software Presentation.
- Falk Research Center Brown Bag Presentation. (4/5/13). Seed Grant Presentations.
- Beliefs about the role of parenting in feeding and childhood obesity among mothers of lower socioeconomic status. (3/4/13). Webinar sponsored by the Society for Nutrition Education and Behavior.
- A Qualitative study to explore how parental expectations and rules influence beverage choices in early adolescents. (2/25/13). Webinar sponsored by the Society for Nutrition Education and Behavior.
- The importance of nutrition to healthy immune function. (2/13/13). Webinar presented by Philip Calder and sponsored by the Dietitians in Functional and Integrative Medicine Dietetics Practice Group.
- The Healthy Toddler Curriculum. (2/11/13). Webinar sponsored by the Society for Nutrition Education and Behavior.
- The influence of cartoon characters advertising on fruit and vegetable preferences of 9- to 11-year old children. (2/4/13). Webinar sponsored by the Society for Nutrition Education and Behavior.
- Food and Nutrition Blogging 101. (1/29/13). Webinar sponsored by the Society for Nutrition Education and Behavior.
- New USDA Nutrition and Wellness Handbook for Child Care. (1/24/13). Webinar sponsored by the Food Research and Action Center.
- A Generation in Jeopardy: Even stronger science on pesticide harm in children's health. (11/19/12). Healthy Food Action Webinar.
- Syracuse University Lecture Series. Marion Nestle presentation – *Food Politics from Farm to Table: A Recipe for Change*. (11/13/12)
- Food and Nutrition Conference and Expo (10/6/12 through 10/9/12). Attended multiple oral presentation related to nutrition and dietetics and attended poster presentations daily.
- Summer Technology Institute. Syracuse University. May 2012.
- Central New York Dietetic Association conference (4/27/12). *Functional Nutrition* presented by Dr. Sudha Raj.
- Creating Just and Healthy Food Systems: The Role of Professional Associations. (4/25/12). Healthy Food Action Webinar.

- Syracuse University & Cornell University Conference. Food, Health & Agriculture in South Asia: Contemporary Issues and Future Directions. (3/30/12).
- Improving Maternal and Child Health in Central New York. Webinar. (3/13/12).
- Supporting Responsible Student Research (3/6/12). Syracuse University Library sponsored faculty panel discussion.
- Life with diabetes – a series of teaching outlines. (2/8/12). Webinar sponsored by Shelly Publishing.
- Academic research enhancement awards (1/6/12). Office of Sponsored Programs, Syracuse University.
- California Dairy Council Webinar (5/18/11). *Eat, Pray, Love: How to Raise Healthy Eaters*.
- National Collaboration on Childhood Obesity Collaborative Webinar (5/19/11). *Childhood Obesity Measures Registry*.
- *Population Based Strategies for Assessing Potential Environmental Reproductive & Developmental Toxicants – the LIFE Study*. Presented by Dr. Buck Louis at Upstate Medical Center Grand Rounds on 10/12/11.
- Webinar (12/1/11). *How to Better Position Yourself as a Scholar, Researcher, and Grant Writer*.
- Viocare Webinar (10/20/10) *The State of Dietary Assessment Technologies – Where we've been, where we are, and where we're headed*.
- Marion Nestle Presentation (9/15/10) *Public Health Nutrition in the Obama Era: Key to the Food Revolution*.
- Qualtrics Presentation (9/8/10) *Utilizing Qualtrics Software for Research and Assessment*.
- Society for Nutrition Education Webinar. (4/30/10) *Conducting Focus Groups: Applied Research*.
- Focus on Faculty Forum. Syracuse University. (3/25/09) *Universal Design for Learning – Teaching Students with (and without) Disabilities*.
- Office of Faculty Development. Syracuse University. (10/16/08) *Interdisciplinary Fellowship*.
- Presentation by Sylvia Escott-Stump. Central New York Dietetic Association. (5/20/08) *The Nutrition Care Process*.
- Continuing Education Series. Crouse Hospital. (4/2/08). *Diabetes Update*.



- CSTL Focus on Teaching Luncheon Series. Syracuse University. (2/28/07) *Educating Students of the Net Generation.*
- Conference on Nutrition and Aging. Tufts University. (11/6/06 to 11/7/06) *Living Well to 100: Is Inflammation Central to Aging?*
- Faculty Computing and Media Services Training. Syracuse University. (10/11/06) *RefWorks.*
- Faculty Computing and Media Services Training. Syracuse University. (9/14/06) *Videoconferencing.*
- CSTL Focus on Teaching Luncheon Series. Syracuse University. (3/1/06) *Cross-disciplinary Teaching.*
- Faculty Computing and Media Services Training. Syracuse University. (2/21/06) *New Tools I: PodCasting.*
- Faculty Computing and Media Services Training. Syracuse University. (4/22/05) *Best Practices in Creating an Online Community.*
- CSTL Focus on Teaching Luncheon Series. Syracuse University. (4/6/05) *Academic Integrity on the SU Campus.*
- Faculty Computing and Media Services Training. Syracuse University. (2/28/05) *PowerPoint All About Audio.*
- Faculty Computing and Media Services Training. Syracuse University. (2/25/05) *Creating Powerful PowerPoint.*
- CSTL Workshop. Syracuse University. (2/23/05) *Building Group Experiences into your Course.*
- Focus on Teaching Luncheon Series. Syracuse University. (10/13/04) *Using PowerPoint to Enhance Student Learning.*
- CSTL Luncheon Series. Syracuse University. (3/18/04) *Enhancing the Academic Environment: Learning Communities at SU.*
- CSTL Workshop. Syracuse University. (2/25/04) *Demonstrating Student Learning.*
- New Faculty Lunch Seminar. Syracuse University. (2/20/04) *Fostering Student Excellence.*

- Faculty Computing and Media Services Training. Syracuse University. (1/22/04)  
*Copyright Issues and Answers.*
- Faculty Computing and Media Services Training. Syracuse University. (1/7/04)  
*Blackboard Overview.*
- Focus on Teaching Luncheon Series. Syracuse University. (11/20/03) *Issues and Options  
When Grading Students Work.*
- CSTL Focus on Student Learning Workshop Series. Syracuse University. (11/5/03)  
*Student Ratings of Teaching Effectiveness: Creating an Action Plan.*

## **UNIVERSITY SERVICE**

### **Syracuse University Service**

Commencement Marshal, May 2015-present

At-large Senator, Spring 2016 semester; elected to new term (2016-2018)

### **David B. Falk College of Sport & Human Dynamics Service**

Dean's Review Committee, Spring 2012

Grievance Committee, 2010 – 2014

Faculty Council, August 2009-January 2010; September 2011 – 2014 (Chair)

Academic Appeals Committee, 2009 – present

Trained Academic Integrity Panelist, 2013 - present

Faculty Advisor: Leadership Society, 2008-2011

Reilly Child Care Campus Programming Committee: Shared Spaces, Spring 2011.

Curriculum Committee, 2004-2007

Member, Search Committee for an Administrative Assistant in the Falk Research Center, Spring 2016

### **The Department of Public Health, Food Studies & Nutrition Service**

Nutrition Science Graduate Program Director, July 2016 – present

Faculty Advisor to the Nutrition Education and Promotion Association, August 2009-July 2016

Member, Nutrition Faculty Search Committee for 2010-2011

Member, Nutrition Faculty Search Committee for 2009-2010  
 Member, Nutrition Faculty Search Committee for two positions 2013-2014  
 Member, Nutrition Faculty Search Committee for 2016-2017

Participant as Dietetics Faculty for the CADE Site Visit, October 2010  
 Participant as Dietetics Faculty in the Accreditation Review Process, Fall 2015

Interim Director of the Didactic Program in Dietetics, August 2009-December 2009

Graduate Admissions Committee, 2003-present

*Chair*, Student Awards Committee, 2004-2006  
 Member, 2003-present

Nutrition Science and Dietetics Internship Advisory Board, Faculty 2004-present

Dietetic Internship Selection Committee, 2004-2006

Member, Master's Comprehensive Exam Review Committee, 2003-present

### **PROFESSIONAL SERVICE AND ENGAGED SCHOLARSHIP**

Advisory Board Member, SUNY Morrisville Dietetic Technician Program. 2011-present

Syracuse University Early Education and Childcare Center. *Early Sprouts Gardening Program*. Syracuse, NY 2008-2011

United Way of Central New York. Success by 6: Health, Hunger and Nutrition Team Member. Syracuse, NY 2006-2011

PEACE, Inc. Head Start and Early Head Start. Health Services and Nutrition Services Advisory Committee Member. Syracuse, NY 2005-2011

Onondaga County Health Department. Eat Well Play Hard Network Member. Syracuse, NY 2004-2011

Lion's Camp Hickory. Nutrition Education Coordinator and Member of the Board of Directors. Baldwinsville, NY. 2003-2013

### **JOURNAL REVIEWER:**

Journal of the Academy of Nutrition and Dietetics 2005- present

International Journal of Obesity 2008 (Invited)

Maternal and Child Health Journal	2009-present
Maternal and Child Nutrition Journal	2011-present
Journal of Nutrition Education and Behavior	2010- present
Public Health Nutrition	2011 (Invited)
Appetite	2011 - present
JAMA Pediatrics	2012-present

### HONORS AND AWARDS

**Fellow of the Academy of Nutrition and Dietetics.** Selected award designating commitment to the field of dietetics and celebration of professional accomplishments and pursuit of life-long learning.

**Innovative Summer Program Development Fund.** University College, Syracuse University. Funding to develop and implement an online version of NSD 225 was awarded to Drs. Brann and Bruening. Summer 2013. \$20,000.

**Chancellor’s Award for Public Service.** Nutrition Educators at Diabetes Camp. 2008, 2010 and 2011.

**Chancellor’s Award for Public Service.** NSD 511: Nutrition Education. 2010, 2011, 2012, 2013 and 2014

One candidate from each of the twelve Schools or Colleges at Syracuse University was nominated by his or her Dean for the **Judith Seinfeld Distinguished Fellows Program** at Syracuse University. Dean Diane Lyden Murphy nominated me for this award in the 2008/2009 academic year and I was selected as one of the three final candidates. Syracuse University names one Judith Seinfeld Faculty Fellow each year “to recognize the recipients’ passion for excellence and their exceptional creativity and originality in any field of academic or artistic endeavor”.

Nominated for the **Meredith Teaching Recognition Award** by colleagues in the NSD Department, 2009.

Pediatric Nutrition Practice Group of the American Dietetic Association, **Published Research Award** for 2006. Awarded for my research article, “More Controlling Child-Feeding Practices are Found Among Parents of Boys with an Average Body Mass Index Compared with Parents of Boys with a High Body Mass Index”, which was published in the Journal of the American Dietetic Association in 2005.

2005 Margaret Dullea Simko Award for **Excellence at a Clinical Poster Session First Runner-Up**. Awarded by the American Dietetic Association Foundation at the 2005 Food and Nutrition Conference and Exhibition for the poster entitled “Classification of Preadolescent Boys Based on their Body Mass Index and Percent Body Fat Produces Different Groups”, 2005.

**Chancellor’s Award for Public Service**. Inter-Professional Learning Community of the College of Human Services and Health Professions (Co-Faculty). 2005.

**Student Research Award Winner**, given by the Society of Nutrition Education Division of Higher Education for a component of my dissertation research “Mother’s Child Feeding Practices Predict Concern for their Children’s Weight”, 2003.

**American Dietetic Association/Gerber Endowment in Pediatric Nutrition Scholarship**, 2000.

**Nutrition and Food Science Memorial and Honor Fund Award** awarded by the Department of Nutrition at the University of Tennessee, 2000.

**Outstanding Service as a Graduate Student** awarded by the Department of Nutrition at the University of Tennessee, 2000.

**Hilton A. Smith Fellowship** awarded by the University of Tennessee, 1999.

**Tennessee Outstanding Dietetic Student of the Year** awarded by the Tennessee Dietetic Association, 1999.

**Outstanding Professional Promise as a Graduate Student** awarded by the Department of Nutrition at the University of Tennessee, 1999.