

**KAY STEARNS BRUENING, Ph.D., RDN**

- Office Address:** Syracuse University  
David B. Falk College of Sport & Human Dynamics (formerly College of Human Ecology)  
Department of Public Health, Food Studies, & Nutrition  
426 Ostrom Ave.  
Syracuse, NY 13244-1250  
315-443-9326
- Education:** Ph.D., Clinical Nutrition, New York University, New York, NY, 1998  
M.A., Human Nutrition, Syracuse University, 1980  
B.S., Biology, St. Lawrence University, 1979
- Registration:** Registered Dietitian/Nutritionist #611644, 1981  
Commission on Dietetic Registration
- Advanced Certification:** Certification in Child and Adolescent Weight Management  
Commission on Dietetic Registration, 2004
- Practitioner Employment:** Nutritionist I, UMDNJ-NJ Medical School, Dept Preventive Medicine, 1993-1995  
Clinical Dietitian (part-time), No. Princeton Developmental Center, Skillman, NJ, 1987-90  
Nutritionist II, UMDNJ-NJ Medical School, Dept Preventive Medicine, 1984-90  
Clinical Dietitian and Preceptor, Dietetic Internship, M.W. Wood Co. at the Lehigh Valley  
Hospital Center, Allentown, PA, 1981-84  
Dietetic Technician, Loretto Geriatric Center, Syracuse, NY, 1980-1981
- Academic Appointments:** Associate Professor (2004 – present) and Chair (2005- present)  
Assistant Professor (1998 - 2004), Syracuse University  
Director, Coordinated Dietetics Program (1998 – 2008)  
Assistant Professor & Program Director, UMDNJ-SHRP, Dept Primary Care, 1995-97  
Clinical Assistant Professor, UMDNJ-SHRP, Dept Primary Care, 1994-1995  
Instructor and Program Coordinator, NYU, Dept. Nutrition, Applied Preprofessional  
Practice Program in Dietetics, 1990-1993  
Instructor, Montclair State University [NJ], Dept. of Human Ecology, 1987-1990
- Awards and Honors:** Outstanding Dietetic Educator  
American Dietetic Association  
March 2001
- College for Human Development Awards  
Faculty Leadership in College-Wide Transition to the Learning Model  
September 2000
- College for Human Development Awards  
Early Adopter: College-Wide Transition to the Learning Model  
September 1999
- Graduate Student Paper Award  
Nutrition Research Practice Group  
American Dietetic Association  
1997

Kappa Omicron Nu  
New York University  
1991

Graduate Scholarship  
Syracuse University, College for Human Development  
1979-1980

Phi Beta Kappa  
St. Lawrence University  
1979

Faculty Scholar  
St. Lawrence University  
1977-1979  
B.S. awarded Magna Cum Laude

**Professional Memberships  
& Committees:**

American Dietetic Association  
1980-present

Dietetic Practice Groups:

- Diabetes Care and Education
- Dietetic Educators of Practitioners
- Pediatric Nutritionists
- Dietitians in Integrative & Functional Medicine
- Hunger and Environmental Nutrition
- Weight Management

Commission on Dietetic Registration  
Item Reclassification Panel  
November 11-13, 2005 & February 24-25, 2007  
Chicago, IL

Program Representative/Commissioner  
Commission on Accreditation for Dietetics Education  
Chicago, IL  
Representative-elect, July 1, 2005-June 30, 2006  
July 2006- July 2008

Panel of Site Visitors/ Program Reviewers  
Commission on Accreditation for Dietetics Education  
Chicago, IL  
July 2002 - July 2005 and July 2008-present

Item Review Panel, Registration Examination for Dietitians  
Commission on Dietetic Registration  
Chicago, IL  
March 2003

Accreditation Standards Committee  
Commission on Accreditation for Dietetics Education  
Chicago, IL  
February 2001 - December 2001

Item Writing Panel, Registration Examination for Dietitians  
Commission on Dietetic Registration  
Chicago, IL  
November 2001

New York State Dietetic Association  
1998-present

Central New York Dietetic Association  
1999-present

New Jersey Dietetic Association (NJDA)  
1984-1997

NJDA Tellers Committee, 1996  
NJDA Newsletter Editor, 1997

Greater New York Dietetic Association  
Nominating Committee, 1990-1991

**Institutional Committee**  
**Assignments:**

Curriculum Committee  
College of Human Ecology/David B. Falk College of Sport & Human Dynamics  
August 2008 – present

Academic Review Committee  
College of Human Ecology  
May 2005 – May 2010

Departmental Representative  
Faculty Council  
College of Human Services & Health Professions  
Syracuse University  
January 2002-May 2005

Chair, Student Life Committee  
College of Human Services & Health Professions  
Syracuse University  
January 2002 – May 2005

Faculty Search Committees – Syracuse University College of Human  
Ecology/David B. Falk College of Sport & Human Dynamics  
January - May 2001  
January - April 2003  
January-April 2008 (chair)  
August 2008 – April 2009 (chair)  
August 2009-April 2010 (chair)  
August 2010-April 2011 (chair)  
September 2012-April 2013

Member, Faculty Search Committee – Dept. of Exercise Science  
School of Education  
Syracuse University

November 2010-April 2011

Search Committee - Asst. Director of Career Development  
College for Human Development  
Syracuse University  
May-June, 1998

Faculty Retreat Planning Committee  
College for Human Development  
Syracuse University  
October - December 1998

Committee on Research and Institutional Review  
UMDNJ-School of Health Related Professions  
1996-1997

Faculty Search Committee - Chairman  
UMDNJ-School of Health Related Professions  
MS Program in Clinical Nutrition  
1995

Admissions Committee  
UMDNJ-School of Health Related Professions  
Dietetic Internship  
1994-1995

**Master's Degree Thesis  
Supervision:**

Validity of a picture-sort food frequency questionnaire for classifying  
calcium intake of school-age children  
Madhavi Kondakalla  
M.S., 2006

The effect of a supper meal on diet quality of at-risk school age children  
MaryLou K. Plante  
M.S., 2009

**Master's Degree Thesis  
Committee Member**

Effects of diet and physical activity on bone health of pre-pubertal female  
Gymnasts.  
Jie Ren  
MS, 2014

Nutrition screening tools and prediction of systemic inflammatory response  
syndrome and other clinical outcomes in patients hospitalized with  
gastrointestinal diseases  
Fang Wong  
MS, 2014

Integrative and functional nutrition practices among registered dietitians  
belonging to the Dietitians in Integrative and Functional Nutrition practice  
group  
Dana Kohut

MS, 2014

**Grants:**  
**(Principal Investigator)**

Innovative Summer Program Development – NSD 225 online  
K Stearns Bruening & L Brann, co-investigators  
Syracuse University, University College  
January 15-May 12, 2013  
\$15,180

Child Weight Intervention Program  
Bristol-Myers Squibb Corporation  
June 15, 2006 – June 15, 2007  
\$2500

Child Overweight Intervention Project  
Central New York Community Foundation  
March 30-2006 – May 1, 2007  
\$5100

Child Overweight Intervention Project Equipment and Bridge Funding  
Central New York Community Foundation  
March 30, 2005 - May 1, 2006  
\$7100

Implementation of a child obesity intervention program in Central New York  
State of New York, Office of the Attorney General, Vitagrant Administration  
February 2003- February 2005  
\$225,286

Evaluation of the Nutritional Impact of Supper Meals for “at risk” School  
Children  
College for Human Development Faculty Development Fund  
April 2001 - May 2002  
\$3775

Needs Assessment for the Onondaga County Food Resource Guide  
College for Human Development Faculty Development Fund  
April 2001 - March 2002  
\$1834

Diet Quality, Health, Cognitive Function, and Social Development  
in Young Children  
College for Human Development Faculty Development Fund  
Collaborative Project  
Co-Investigator: Dr. Mellisa A. Clawson  
\$9570

American Dietetic Association Foundation  
Kraft General Foods Graduate Fellowship  
1995-1996  
\$5000

**Grants:**  
**(Consultant)**

**Project MECESUP Higher Education Innovation**  
Innovations in the Training of Nutritionists  
Consortium of University of Valparaiso, University of Bio-Bio, & University of

Concepcion, Chile  
November 13-27, 2010  
Chilean \$3,702,000 (= ~ \$7,650 US)

**Food Bank of Central New York**

Food Stamp Program Research Grants to Improve Access Through the  
Use of New Technology and Partnerships  
U.S. Department of Agriculture  
October 2002 - September 2004

**NYS Department of Health, Division of Nutrition, Child & Adult Care Food  
Program**

Team Nutrition Training Grant  
U.S. Department of Agriculture  
September 2004 - September 2006

**NYS Department of Health, Division of Nutrition, Child & Adult Care Food  
Program**

Family Day Care Home Obesity Prevention Workgroup  
NYS Department of Health  
September 2007- August 2009

**Proposals Submitted**

Development of an electronic template for documentation of the nutrition care  
process

Academy of Nutrition & Dietetics Foundation  
Commission on Dietetic Registration Simulation Development Grant  
June 2012  
\$99,570 (not funded)

Prevention of Type 2 Diabetes in Children  
Subcontract  
Submitted to NYS Department of Health Diabetes Prevention Program  
April 2005  
\$50,000/year, five year renewable term (not funded)

Syracuse University Child Weight Intervention Program  
Principal Investigator  
Submitted to General Mills Champions Youth Nutrition & Fitness Grants  
January 2005  
\$10,000 (not funded)

Introducing Whole Grains to Youth at Risk for Overweight and Obesity  
Principal Investigator  
Submitted to General Mills Bell Institute, Innovative Nutrition Research Grants  
October 2004  
\$46,765 (not funded)

Child Care Food Assistance and Other Welfare Programs: Health, Social  
Competence, and Cognitive Effects in Young Children, \$43,657  
Co-Investigator: Dr. Mellisa A. Clawson  
Submitted to USDA Small Grants Program administered by Northwestern

University/University of Chicago Joint Center for Poverty Research, May 1998 (Not funded)

Progressive nutritional assessment and counseling experiential learning modules, \$96,923.

Principal Investigator: Dr. Tanya M. Horacek

Submitted to U.S. Dept. of Agriculture Higher Education Challenge Grants Program for 1999-2001. (Not funded)

Effects of diets high in milk and milk products on cognitive and social development in 3-6 year old children, \$98,787.

Co-Investigator: Dr. Mellisa A. Clawson

Submitted to National Dairy Council for 2000-2001(not funded)

Vascular effects of *Vaccinium* species

Consultant

Principal investigator: Mary A.M. Rogers, Ph.D., SUNY Upstate Medical University

Submitted to National Institutes of Health for 2000-2002 (not funded)

Vascular effects of *Vaccinium* species

Consultant

Principal Investigator: Mary A. M. Rogers, Ph.D., SUNY Upstate Medical University

Submitted to American Heart Association for 2001-2003 (not funded)

Obesity, Osteoporosis, & Limited Fitness: A Life Course Description in Disability

Consultant

Principal Investigator: Margaret A. Turk, M.D., SUNY Upstate Medical University

Submitted to Centers for Disease Control for 2001-2003 (not funded)

Longitudinal Study of Normative Bone Density, Skeletal, and Pubertal Maturation in Children

Consultant

Principal Investigator: Tamara Scerpella, MD, SUNY Upstate Medical University, Dept. of Orthopedic Surgery

Submitted to National Institute of Child Health and Development, National Institutes of Health for 2001-2004 (not funded)

Bone Density, Skeletal, and Pubertal Maturation in Child Gymnasts and Controls

Consultant

Principal Investigator: Tamara Scerpella, MD, SUNY Upstate Medical University, Dept. of Orthopedic Surgery

National Institutes of Health for 2001-2004 (funded)

### **Bibliography:**

Bogden JD, Chung HR, Kemp FW, Holding KJ, Bruening KS, and Naveh Y. Effect of selenium and molybdenum on methylbenzyl nitrosamine-induced esophageal lesions in the rat. *J. Nutr.*, 116: 2432-2442, 1986.

Bogden JD, Oleske JM, Munves EM, Lavenhar MA, Bruening KS, Kemp FW, Holding KJ, Denny TN, and Louria DB. Zinc and immunocompetence in the elderly. I. Baseline data on zinc nutriture and immunity in unsupplemented subjects. Amer. J. Clin. Nutr., 46: 101-109, 1987.

Naveh Y., Kemp FW, Holding KJ, Bruening KS, and Bogden JD. Relationships among tissue trace element and major mineral concentrations in the rat. Trace Elements in Medicine, 5: 16-21, 1987.

Bogden JD, Oleske JM, Lavenhar MA, Munves EM, Kemp FW, Bruening KS, Holding KJ, Denny TN, Guarino MA, Krieger LM, and Holland BK. Zinc and immunocompetence in elderly people. II. Effects of zinc supplementation for three months. Amer. J. Clin. Nutr., 48: 655-663, 1988.

Bogden JD, Baker H, Frank O, Perez G, Kemp FW, Bruening KS, and Louria D. Micronutrient status and human immunodeficiency virus (HIV) infection. Ann. N.Y. Acad. Sci., 587: 189-195, 1990.

Bogden JD, Oleske JM, Lavenhar MA, Munves EM, Kemp FW, Bruening KS, Holding KJ, Denny TN, Guarino MA, and Holland BK. Effects of one year of supplementation with zinc and other micronutrients on cellular immunity in the elderly. J. Amer. Coll. Nutr., 9: 214-225, 1990.

Bogden JD, Gertner SB, Kemp FW, McLeod R, Bruening KS, and Chung HR. Dietary lead and calcium: effects on blood pressure and renal neoplasia in Wistar rats. J. Nutr., 121: 718-728, 1991.

Bruening KS and Luder E. Nutrition considerations in pediatric insulin-dependent diabetes mellitus. Topics in Clinical Nutrition, 7: 33-43, 1991.

Bogden JD, Bendich A, Kemp FW, Bruening KS, Skurnick JH, Denny TN, Baker H and Louria DB. Daily micronutrient supplements enhance delayed hypersensitivity skin test responses in older adults. Amer. J. Clin. Nutr., 60: 437-447, 1994.

Bruening, KS, Langevin, DL, and McKay, MG. Professional issues in dietetics: A rotation for dietetic interns at Annual Meeting. DEP-Line, Newsletter of the Dietetic Educators of Practitioners, 17(2): 8-9, Summer 1998.

Bruening KS, Kemp FW, Simone N, Holding Y, Louria DB, and Bogden JD. Dietary calcium intakes of urban children at risk of lead poisoning. Environmental Health Perspectives, 107 (6): 431-435, 1999.

Stearns Bruening, K, Gilbride JA, Passannante MR, and McClowry S. Dietary intake and health outcomes among children attending two urban day care centers. J. of the American Dietetic Assoc., 99(12): 1529-1535, 1999.

Bogden JD, Kemp FW, Han S, Li W, Bruening K, Denny T, Oleske JM, Lloyd J, Baker H, Perez G, Kloser P, Skurnick J, & Louria DB. Status of selected nutrients and progression of human immunodeficiency virus type 1 infection. Amer. J. Clin. Nutr. 72(3): 809-15, 2000.

Stearns Bruening K, Mitchell B, Pfeiffer MM. 2002 Accreditation Standards for Dietetics Education. J. of the American Dietetic Assoc. 102 (4): 566-577, 2002.

Kemp FW, DeCandia J, Li W, Bruening K, Baker H, Rigassio D, Bendich A, Bogden JD. Relationships between immunity and dietary and serum antioxidants, trace metals, B vitamins, and homocysteine in elderly men and women. Nutrition Research 22: 45-53, 2002.

Bruening, KS. Applying a not-for-profit outcomes assessment model to community-based nutrition interventions: The central New York Success By 6 Hunger Team. Topics in Clin Nutr 17 (5): 77-84, 2002.

Holmstrup ME, Stearns Bruening K, Fairchild TJ. Caloric estimation bias of realistic meal and beverage preparations. Topics in Clinical Nutrition 23(3): 234-243, 2008.



Holmstrup ME, Bruening KS. Quantifying accurate calorie estimation using the "Think Aloud" method. Accepted for publication, Journal of Nutrition Education and Behavior 45(1): 77-81, 2013.

**Books, Monographs, and Chapters:** None

**Abstracts:**

Naveh Y, Chung HR, Kemp FW, Holding KJ, Bruening KS, and Bogden JD. Effects of cimetidine on tissue metal concentrations in the rat. Fed. Proc. 45: 338, 1986.

Bogden JD, Chung HR, Kemp FW, Holding KJ, Bruening KS, and Naveh Y. Effects of selenium and molybdenum on esophageal tumors and tissue trace metals. Fed. Proc. 45: 371, 1986.

Bruening KS, Munves EM, Kemp FW, Lavenhar MA, Guarino M, and Bogden J. Evaluation of diets of elderly subjects participating in a zinc intervention trial. Fed. Proc. 46: 902, 1987.

Naveh Y, Weis P, Kemp FW, Holding K, Bruening K, and Bogden J. Effect of cimetidine on tissue metals in female rats. Fed. Proc. 46: 960, 1987.

Bogden JD, Kemp FW, Bruening KS, and Holding KJ. Effects of supplementation of the elderly on plasma and cellular concentrations of trace elements required by antioxidant enzymes. J. Cell Biochem 12A (Suppl): 55, 1988.

Bogden JD, Oleske JM, Lavenhar MA, Munves E, Kemp F, Bruening K, Holding K, Denny T, Guarino M, and Holland B. Effects of zinc administration on cellular zinc and immunity in the elderly. J. Cell. Biochem. 12D (Suppl): 350, 1988.

Bogden JD, Oleske JM, Lavenhar MA, Munves E, Kemp F, Bruening K, Holding K, Denny T, Guarino M, and Holland B. Zinc supplementation and cellular immunity in the elderly. FASEB J. 2:A850, 1988.

Bogden JD, Oleske J, Lavenhar M, Munves E, Kemp F, Bruening K, Holding K, Denny T, Holland B, and Louria D. Effects of one year of micronutrient supplementation on cellular immune functions in the elderly. J. Cell Biochem., 13C (Suppl): 160, 1989.

Kemp F, Bruening K, Munves E, and Bogden JD. Repeated assessment of dietary nutrients in the elderly. FASEB J. 3: A460, 1989.

Bogden J, Kemp FW, and Bruening KS. Zinc inhibition of delayed cutaneous hypersensitivity to recall antigens in the elderly. J. Cell Biochem., 14B (Suppl): 79: 1990.

Bogden JD, Gertner SB, Kemp FW, McLeod R, Bruening KS, and Chung HR. Effects of high dietary calcium on lead toxicity in the rat. J. Cell Biochem. 14C (Suppl): 210, 1990.

Bogden JD, Baker H, Frank O, Perez G, Kemp F, Bruening K, and Louria D. Plasma micronutrients and HIV-1 infection. J. Cell Biochem. 14D (Suppl): 146, 1990.

Bogden JD, Kemp FW, Bruening KS, Katz SR, Bendich A, and Yang ZG. Micronutrient supplements and serum interleukin-2 receptor levels in the elderly. J. Cell Biochem. 15F (Suppl): 65, 1991.

Bogden JD, Bendich A, Kemp FW, Baker H, Bruening KS, Skurnick J, Denny T, and Louria DB. Daily micronutrient supplements improve delayed dermal hypersensitivity responses in older people. J. Immunol. 150: 78A, 1993.

Bruening KS, Decker RT, Maillet JO, and Passannante MR. Validation of a food frequency instrument for dietary assessment of young children attending daycare centers. Amer. J. Clin. Nutr. 65: 1296S, 1997.

Bruening KS, Gilbride JA, and Passannante MR. The Child & Adult Care Food Program: Dietary intake and three health outcomes in urban preschoolers attending day care. J. Amer. Diet. Assoc., 97: A-89, 1997.

Stearns-Bruening, K. Implementing active learning experiences in a didactic dietetics course: Assessing student outcomes. J. Amer. Diet. Assoc., 100: A- 44, 2000.

Stearns-Bruening K, Clawson MA. Food security and child development outcomes in young children: A pilot study. J. Amer. Diet. Assoc., 100: A- 65, 2000.

Giovanetti EC, Dellefave D, Bruening KS. Qualitative analysis of state day care center nutrition regulations. J. Amer. Diet. Assoc., 100: A-107, 2000.

Plante MLK, Bruening KS. Supper meal improves diets of children at nutritional risk. J. Amer. Dietet. Assoc. , 104: A-42, 2004.

Bruening KS. Research & practice innovations: Implementing cell phone polling in a medical nutrition therapy course. J. Acad. Nutr. Dietet 113 (9): A-39, 2013.

Bruening KS. Implementing cell phone polling in a medical nutrition therapy course. J. Acad. Nutr. Dietet 113 (9): A-66, 2013.

#### **Presentations:**

Stearns Bruening K. Nutritional needs of AIDS patients in the community. New Jersey Nutrition Council/Rutgers Cooperative Extension, June 1988.

Stearns Bruening K. Roundtable discussion: Developing an approved preprofessional practice program. New York State Dietetic Association Annual Meeting, 1992.

Stearns Bruening K, Touger-Decker R, O'Sullivan Maillet J, and Passannante M. Validation of a food frequency instrument for diet assessment of young children attending day care. Presented at the Harvard School of Public Health Second International Conference on Dietary Assessment Methods, Boston, MA, January 1995.

Stearns Bruening K. Nutrition for the nurse-midwifery client. UMDNJ Nurse-Midwifery Program, September 1995.

Stearns Bruening K. Nutrition for Health Promotion in Children and Adults. UMDNJ Graduate Nurse Practitioner Program, Stratford, NJ via video teleconferencing, June 1996.

Stearns Bruening K. Nutrition in the Primary Care of Women. UMDNJ Nurse Midwifery Program, Newark, NJ, September, 1996 and 1997.

Stearns Bruening K. Nutrition and Immunity. UMDNJ MS Physician Assistant Program, Newark, NJ, October 1996.

Stearns Bruening K. The Child and Adult Care Food Program: Diet and Three Health Outcomes in Urban Preschoolers Attending Day Care. Poster session presented at the 1997 Annual Meeting of the American Dietetic Association, October 29, 1997, Boston, MA.

Stearns Bruening K. Redesign: Applying the New Accreditation/Approval Standards to a Coordinated Dietetics Program. Area VII Meeting, Dietetic Educators of Practitioners. Latham, NY, April 6-7, 1998.

Stearns Bruening K. Applying the New Accreditation/Approval Standards - Redesigning Coordinated Programs for Future Practice Roles. Annual Meeting of the American Dietetic Association. October 21, 1998, Kansas City, MO.

Stearns Bruening K & Mellisa A. Clawson. Diet Quality & Child Development Outcomes in Young Children: Pilot Study Report. Success By 6 Policy Council, United Way of Central New York, February 7, 2000.

Stearns Bruening K. The Learning Model: A Student-Centered Approach to Learning. Area VII Meeting, Dietetic

Educators of Practitioners. Latham, NY, April 10-11, 2000.

Stearns Bruening K. Preceptor Training Workshop: Effective Clinical Training. Program approved for two hours of Continuing Professional Education, level II. Presented Sept. 2000- Jan. 2001 at Van Duyn Home & Hospital, Community General Hospital, Onondaga Co. Health Dept. WIC Program, Syracuse Veteran's Administration Medical Center, SUNY Upstate Medical University Hospital, and Crouse Hospital.

Stearns Bruening K. CACFP Improves the Diet and Health of Children. Child & Adult Care Food Program National Professional Association Conference. New York, NY: March 26, 2002.

Stearns Bruening K, Pietropaoli M. The Female Athlete Triad. Skaneateles Central Schools Athletic Department, Parent Support Group. Skaneateles, NY: November 19, 2002.

Stearns Bruening K, Pietropaoli M, Murphy E. The Female Triad Syndrome. Skaneateles Central High School girls. Skaneateles, NY: March 7, 2003.

Stearns Bruening K. Implementation of a child obesity intervention program in central New York. Syracuse University College of Human Services & Health Professions Board of Visitors. Syracuse, NY: April 25, 2003.

Stearns Bruening K. Child hunger and child obesity in Central New York. Central NY Dietetic Association. Jamesville, NY: June 4, 2003.

Stearns Bruening K. Childhood obesity and obesity prevention. Central New York Council on Adolescent Pregnancy 25<sup>th</sup> annual conference. Liverpool, NY: November 3, 2003.

Stearns Bruening K. Child overweight: Some thoughts for early childhood professionals. Keynote Address. Mohawk Valley Community Action Agency. Utica College, August 6, 2004.

Stearns Bruening K. Eating our way to obesity. Mid-Atlantic Regional Conference of American College of Sports Medicine. Bushkill, PA, November 2004.

Stearns Bruening K. Childhood and adolescent efforts. *A Community's Call to Action: Obesity in Onondaga County*. OnCenter, Syracuse, NY. November 17, 2004.

Stearns Bruening, K. Healthy eating for youth. Catholic Charities, Toomey Residential Services. Syracuse, NY. June 22, 2005.

Stearns Bruening K and Boenheim J. The world's healthiest breakfast: Kick-off for employer teams for the CNY Heart Walk. Genesee Grande Inn, Syracuse, NY. October 19, 2005.

Stearns Bruening K. Nutrition and hospitality management at Syracuse University. Blue Mountain Lake, NY: Minnowbrook Conference Center, College of Human Services and Health Professions Faculty Retreat. October 22, 2005.

Stearns Bruening K. Implementation of a child weight intervention program. Kingston, NY: Mid-Hudson Family Practice Institute. November 18, 2005.

Stearns Bruening K. Program Assessment Reports. Commission on Accreditation for Dietetic Education (CADE) Program Reviewer Training. Chicago, IL: July 2006.

Stearns Bruening K. School-Based Programs: What is the Evidence? Syracuse, NY: OnCenter Convention Center, Working Together for a Fit CNY: A Free Teaching Day on Community and Medical Solutions for Obesity. Sponsored by the Commission for a Healthy Central NY. September 29, 2006.

Stearns Bruening K. Reality Nutrition for Hockey Players. Skaneateles, NY. Sponsored by Skaneateles Varsity Hockey Boosters. December 3, 2006.

Stearns Bruening K. CADE 101. Albany, NY: Dietetic Educators of Practitioners, Area VII, April 8, 2007.

Stearns Bruening K. Program Reviewers: The Eyes and Ears of CADE. Commission on Accreditation for Dietetic Education (CADE) Program Reviewer Training. Chicago, IL: July 2006.

Stearns Bruening K. 2008 CADE Standards: Translating Vision into Reality. Albany, NY: Dietetic Educators of Practitioners, Area VII, April 10, 2008.

Stearns Bruening K. Child Obesity: What does the evidence tell us? Syracuse University Center for Health & Behavior, November 13, 2009.

Stearns Bruening K. Public health nutrition. CNY MPH program, SUNY-Upstate Medical University. December 2, 2009.

Stearns Bruening, K. Dietetic education in the US; Dietetics in the US; Pediatric obesity – evidence based practice; Interactive renal diets workshop. Presented November 15-17, 2010, Universidad de Valparaiso; November 18-19, 2010, Universidad de Concepcion; and November 22-24, 2010, Universidad de Bio Bio, Chile.

Stearns Bruening, K. CADE accreditation for international dietitian education programs; the Registration Examination for Dietitians; Panel discussion exploring possible faculty-student exchanges between the US & Chile (leader). November 25 & 26, 2010, Universidad de Bio Bio (nutrition faculty of two universities present).

Stearns Bruening, K. Implementing cell phone polling in a medical nutrition therapy course. October 21, 2013. Academy of Nutrition & Dietetics, Food & Nutrition Conference & Exhibition. Houston, Texas.

### **Editorial**

Manuscript review, Topics in Clinical Nutrition, 1991, 2003, 2005, 2008, 2011

Book review, Topics in Clinical Nutrition, 1992

Review of prospectus for medical nutrition therapy textbook for Wadsworth Publishing Co., Atlanta, GA, 1998

### **Continuing Education**

April 1996

*Educational Survival Strategies for the 21st Century*, Dietetic Educators of Practitioners Area 7 Meeting, Newport, RI. Included 5 CE hours on problem-based learning in dietetic education and 1.5 CE hours on outcomes research.

September 1996

Introduction to PowerPoint, UMDNJ Technology Training Program.

October 1996

Clinical Performance Assessment Using Standardized Patients, UMDNJ-NJ Medical School Office of Education.

January 1997

World Wide Web and Electronic Publishing I, UMDNJ Technology Training Program.

April 1997

*Educating for Future Practice*, Dietetic Educators of Practitioners Area 7 Meeting, Albany, NY. Included 5 CE hours on new educational competencies for entry level dietitians and workshop on developing competency-based learning experiences for community nutrition practice.

April 1998	<i>Redesigning Programs for New Standards for Accreditation/Approval.</i> Dietetic Educators of Practitioners Area 7 Meeting, Latham, NY.
April 1999	Dietetic Educators of Practitioners Area 7 Meeting, Latham, NY.
April 2000	<i>Improving Student Learning in Dietetics Education.</i> Dietetic Educators of Practitioners Area 7 Meeting, Latham, NY.
April 2001	<i>Dietetics in the New Millenium.</i> Dietetic Educators of Practitioners Area 7 Meeting, Newton, MA.
November 2001	<i>Item Writing Workshop,</i> American College Testing, Inc. & Commission on Dietetic Registration, Chicago, IL.
April 2002	<i>The Ins and Outcomes of Nutrition.</i> Dietetic Educators of Practitioners Area 7 Meeting, Providence, RI.
May 2002 - June 2003	Project Big Chalk Syracuse University Faculty Computing & Media Services
May 2002 - May 2003	Blackboard Pilot Syracuse University Faculty Computing & Media Services
March 2004	Certificate of Training in Childhood and Adolescent Weight Management Commission on Dietetic Registration Chicago, IL
January 2005	Leadership Training Institute American Dietetic Association St. Petersburg, FL
March 2009	Conducting Performance Evaluations Syracuse University Department of Human Resources
April 12-13, 2007	Dietetic Educators' Area Meeting Latham, NY Topics included Applying Code of Ethics to Daily Practice; Future Practice & Education Task Force Report, Teaching the Nutrition Care Process; Next Steps in Evidence-Based Practice; Tools to Incorporate Nutrition Diagnosis and Intervention Standardized Practice, CDR and CADE updates.
April 2-3, 2009	Dietetic Educators' Area Meeting Newark, NJ Topics included ADA education Committee Report; Online vs Traditional Laboratory Courses; Using the Evidence Analysis Library for Evidence-Based Practice; Teaching the Scope of Dietetics Practice Framework.
June 23-25, 2009	Evidence Analyst Training American Dietetic Association Chicago, IL

June 9-11, 2010	American Council on Education Academic Leadership Program for Chairs, Heads, & Directors <i>Leading Your Department into the Future</i> University of Rochester
June 26-July 1, 2011	Kripalu Center Continuing professional education for health care professionals <i>Integrative Weight Management</i> Stockbridge, MA
July 27-29, 2012	Kripalu Center Continuing professional education for health care professionals <i>Mindfulness-Based Eating Awareness Training</i> Stockbridge, MA
August 6-10, 2012	Syracuse University Summer Institute for Technology-Enhanced Teaching & Learning Syracuse, NY
January 22, 2013	Integrative Nutrition Care Process Workshop. Kansas University Medical Center, Kansas City, KS
April 11-12, 2013	Academy of Nutrition & Dietetics, Nutrition & Dietetic Educators & Practitioners Area 6 & 7 Spring Meeting, Charlottesville, VA
June 6-9, 2013	Food as Medicine The Center for Mind-Body Medicine Indianapolis, IN

**Major Teaching Responsibilities:**

Undergraduate courses:

Nutrition (Montclair State University, 1987-1990); sole instructor  
 Nutrition I (New York University, 1990-1992); co-taught with B. Wardley  
 Nutrition for Health (Syracuse University, summer 2003); sole instructor  
 Food and People (Montclair State University, 1988-1990); sole instructor  
 Advanced Nutrition (Montclair State University, 1989); sole instructor  
 Diet Therapy (Montclair State University, 1988-1990); sole instructor  
 Nutrition Counseling (Montclair State University, 1989); sole instructor  
 Dental Hygiene Nutrition (UMDNJ-SHRP, 1994-1996)co-taught with R. Touger-Decker 1994-95; sole instructor 1995-96  
 Preclinical & Administrative Dietetic Experience (Syracuse University, 1998 to 2002 sole instructor  
 Practice of Dietetics (Syracuse University, 1998 to present); sole instructor  
 Diet in Disease (Syracuse University, 1999 to present); sole instructor  
 Dietetic Experience III (Long Term Care/ Rehab), Syracuse University, 2000, sole instructor  
 Food Service Management Experience, Syracuse University, 2000; course coordinator  
 Community Dietetic Experience (Syracuse University, 2000), course coordinator  
 Dietetic Experience IV (Acute Care), Syracuse University, 2001, course coordinator  
 Dietetics Staff Relief/Specialty Elective (Syracuse University) 2001, course coordinator  
 Weight Management, Obesity, & Disordered Eating (Syracuse University, 2004 to present); sole instructor  
 First-Year Gateway (Syracuse University, 2008-present); small group leader  
 Medical Nutrition Therapy I & II (Syracuse University, 2010-present)

Graduate courses:

Clinical Practice in Dietetics (New York University, 1990-1993); co-taught with J. Gilbride 1990-91; sole instructor 1991-93

Field Experience in Dietetics (New York University, Summer 1991 and 1992); sole instructor

Advanced Medical Nutrition I and II (New York University, 1991-1993), team taught with J. O'Sullivan Maillet, R. Touger-Decker, and J. Cimino

Applications in Clinical Nutrition (Syracuse University, 1998 to 2009), sole instructor

Diet in Disease (Syracuse University, 1999 to 2009); sole instructor

Science, Culture, & Health Impact of Breastfeeding (Syracuse University, 2000-2002) co-taught with Dr. Denise Cote-Arsenault, S.U. School of Nursing)

Dietetic Practice Across the Lifecycle (Syracuse University, 2004 to present); sole Instructor

Weight Management, Obesity, & Disordered Eating (Syracuse University, 2004 to present); sole instructor

Medical Nutrition Therapy I & II (Syracuse University, 2009-present); course designer and sole instructor

01/27/2014