Rashmi Gangamma, PhD LMFT

- Associate Professor, Department of Marriage and Family Therapy
- The David B. Falk College of Sport and Human Dynamics, Peck Hall Room 406, Syracuse, New York 13202, 315.443.9178, rgangamm@syr.edu

Education

- 2008, The Ohio State University, Couple and Family Therapy program, Department of Human Development and Family Science, Degree obtained: PhD.
- 2003, National Institute of Mental Health and NeuroSciences (NIMHANS), Bangalore, India, Degree obtained: M.Phil.
- 2001, Mangalore University, Roshni Nilaya School of Social Work, Mangalore, India, Degree obtained: MSW.
- 1999, University of Mysore, SBRR Mahajana First Grade College, Mysore, India, Degree obtained: BA.

Employment

- 2018 – Present, Associate Professor, Marriage and Family Therapy, Syracuse University.
- 2012 – 2018, Assistant Professor, Marriage and Family Therapy, Syracuse University.
- 2010-2012, Post-Doctoral Researcher, Couple and Family Therapy Program, Department of Human Development and Family Science, The Ohio State University.
- 2008 – 2010, Lecturer, Human Development & Family Science, The Ohio State University.
- 2006 – 2007, Graduate Teaching Associate, Human Development & Family Science, The Ohio State University.
- 2004 – 2006, Graduate Research Associate, Human Development & Family Science, The Ohio State University.

Formal Training

- May 22-26, 2017, Summer Institute for Technology-Enhanced Teaching and Learning organized by Information Technology services, Syracuse University.
- May 9-13, 2016, Summer course on Refugees and Forced Migration, York University, Canada.

Professional Affiliations

- 2018- Present, Research affiliate, Lerner Center, Syracuse University.
- 2013 – Present, Editorial board member, Journal of Marital and Family Therapy.
- 2017 – Present, Clinical member, American Association of Marriage and Family Therapy.
- 2019, Mentor, Minority Fellowship Program, American Association for Marriage and Family Therapy.

Research and Scholarship

Grants Awarded

- Gangamma, R, Minkoff-Zern, L, & Walia, B. Impact of gardening on mental health, community building, and economic well-being in Central New York. Fahs-Beck Foundation, February, 2019 - 2021. Amount: $20,000.
- Walia, B., Gangamma, R, & Minkoff-Zern, L. Impact of gardening on mental health, community building, and economic well-being in Central New York. Lerner Center Faculty Fellow, Syracuse University, January 2019 – 2021, Amount: $25,000.
- Gangamma, R. Development of a collaborative training module for interpreters and practitioners of psychotherapy. Central New York Community Foundation, Syracuse, New York, January, 2019 -December, 2020. Amount:19,760.
- Gangamma, R. Family therapy services for the Bhutanese refugee community in Syracuse, NY. Consortium for Culture and Medicine, SUNY Upstate Medical University, July 2018- March, 2019. Amount: $660.

- Gangamma, R, and Krishnakumar, A. Survey development to measure ethnic loyalty and loyalty conflicts in refugees from the MiddleEast. David B. Falk College of sport and human dynamics seed grant, July, 2016 – May, 2017, Amount: $3333.

- Department of Marriage and Family Therapy, A pilot clinical outcome study on effectiveness of family systems therapy. Syracuse University Internal grant program, Dec, 2015 – Dec, 2016. Amount: $500.

- Gangamma, R. Family experiences of Iraqi refugees resettled in Syracuse, NY. David B. Falk College of sport and human dynamics seed grant, July, 2014 – July, 2015, Amount: $5000.

Grants submitted

- Gangamma, R, Minkoff-Zern, L, & Walia, B. Gardening as a Community Intervention for Mental Health and Economic Justice: A Multidisciplinary Approach to Refugee Resettlement. LOI submitted to Robert Woods Johnson Foundation, February, 2020. Not invited for full proposal.

- Gangamma, R, Minkoff-Zern, L, & Walia, B. Impact of gardening on mental health, community building, and economic well-being in Central New York. CUSE grants, January, 2019, 2020. Not funded.

- Gangamma, R, and Stone Fish, L. A collaborative model for addressing mental health disparities in underserved ethnic minority populations. LOI submitted to the New York State Health Foundation Special Projects Fund, October, 2018. Not invited for full proposal.

- Gangamma, R, Minkoff Zern, L, and Walia, B. Improving Refugee Mental Health, Community Building, and Economic Well-being through Gardening in Central New York. LOI submitted to the Russel Sage Foundation. Not invited for full proposal.

- Gangamma, R, and Krishnakumar, A. Development of a survey to assess loyalty conflicts in refugees from war-torn Middle East countries NCFR Innovation grant. Not funded.

- Gangamma, R, deLara, T, Gump, B, and Sekhar, R. Development of training program on global mental health. Obama-Singh Knowledge transfer initiative award. Submitted for internal review at Syracuse University. Not invited for full proposal.

Publications

- Gangamma, R., & Hollie, B. (2019). Therapeutic alliances with families: Empowering clients in challenging cases: Book review. Journal of Marital and Family Therapy, doi: 10.1111/jmft.12381.

- Kawar, C., Coppola, J., & Gangamma, R. (2018). A contextual perspective on associations between reported parental infidelity and relational ethics of the adult children. Journal of marital and family therapy. https://doi.org/10.1111/jmft.12331.

- Gangamma, R., & Shipman, D (2017). Transnational intersectionality as a framework for working with resettled refugees. Journal of Marital and Family Therapy. doi: 10.1111/jmft.12267.

- Gangamma, R (2017). A phenomenological study of family experiences of resettled Iraqi refugees. Journal of Marital and Family Therapy. doi: 10.1111/jmft.12251.

- Yoo, H., Bartle-Haring, S., & Gangamma, R. (2016). Predicting drop out using therapeutic alliance ratings in 1st and 3rd sessions: An exploratory study. Journal of Family Therapy, 40, 275-293.

- Gangamma, R., Bartle-Haring, S., & Hartwell, E., Holowacz, E., & Glebova, T. (2015) Depression, relational ethics, and relationship satisfaction in couples in therapy. Journal of Marital and Family Therapy, 41(3), 354-366.

- Yoo. H, Bartle-Haring, S., Day, R., & Gangamma, R. (2014). Couple communication, emotional and sexual Intimacy, and relationship satisfaction. Journal of Sex & Marital Therapy, 40(4), 275-293.

- Gangamma, R, & Bartle-Haring, S., & Glebova, T (2012). A study of contextual therapy theory's relational ethics in couples in therapy. Family Relations, 61, 825-835. doi: 10.1111/j.1741- 3729.2012.00732.x.

- Bartle-Haring, S., Glebova, T., Gangamma, R., Grafsky, E., & Delaney, R. (2012). Alliance and termination status in couple therapy: A comparison of methods for assessing discrepancies. Psychotherapy Research, 22. doi: 10.1080/10503307.2012.676985.

- Bartle-Haring, S., Knerr, M., Adkins, A., Ostom Delaney, R., Gangamma, R., Glebova, T., Grafsky, E., McDowell, T. & Meyer, K. (2012). Trajectories of therapeutic alliance in

couple versus individual therapy: Three level models. Journal of Sex and Marital Therapy, 38, 79- 107.

- Bonomi, A. E., Gangamma, R., Locke, C., Katafiasz, H., & Martin, D. (2011). “Meet me at the hill where we used to park”: Processes associated with victim recantation in court-involved domestic violence. Social Science and Medicine. doi:10.1016/j.socscimed.2011.07.005.

- Glebova, T., Bartle-Haring, S., Gangamma, R., Knerr, M., Delaney, R. O., Meyer, K., McDowell, T., Adkins, K. and Grafsky, E. (2011). Therapeutic alliance and progress in couple therapy: Multiple perspectives. Journal of Family Therapy, 33: 42–65. doi: 10.1111/j.1467-6427.2010.00503.x.

- Knerr, M., Bartle-Haring, S., McDowell, T., Adkins, K., Delaney, R. O., Gangamma, R., Glebova, T., Grafsky, E. and Meyer, K. (2011). The impact of initial factors on therapeutic alliance in individual and couples therapy. Journal of Marital and Family Therapy, 37, 182–199. doi: 10.1111/j.1752- 0606.2009.00176.x.

- Gangamma, R., Slesnick, N., Toviessi, P., & Serovich, J. (2008). Comparison of HIV risks among gay, lesbian, bisexual and heterosexual homeless youth. Journal of Youth & Adolescence, 37, 456-464.

- Serovich, J. M., Craft, S., Toviessi, P., Gangamma, R., McDowell, T., & Grafsky, E. (2008). A systematic review of the research base on sexual reorientation therapies. Journal of Marital and Family Therapy, 34, 227–238.

- Gangamma, R. (2007). A book review of Betty M. Merchant and Arlette Ingram Willis’ Multiple and Intersecting Identities in Qualitative Research. The Qualitative Report, 12(1), 102-105.

- Slesnick, N., Bartle-Haring, S., & Gangamma, R. (2006). Predictors of substance use and family therapy outcome among physically and sexually abused runaway adolescents. Journal of Marital and Family Therapy, 32, 261-281.

Book Chapters

- Glebova, T., & Gangamma, R. (2018). Family loyalty. J. L. Lebow, A. Chamber, and C. D. Bruenlin, (eds.), Encyclopedia of Couple and Family Therapy. doi.org/10.1007/978-3-319-15877-8_347-1.

- Glebova, T., & Gangamma, R. (2017). Contextual family therapy theory. In Carlson, J., and Dermer, S. (Eds). The SAGE Encyclopedia of Marriage, Family, and Couples Counseling. Pp. 351-356.

- Gangamma, R. Glebova, T., & Coppola, J. (2016). Fairness in couples and families. Encyclopedia of couple and family therapy. Lebow, J, Chamber, A, and Bruenlin, C.D. (Eds.). Pp 1- 7. doi: 10.1007/978-3-319-15877-8_416-1.

- Serovich, J. M., Grafsky, E. L., & Gangamma, R. (2012). The science of reorientation therapies. In J. J. Bigner & J. L. Wetchler (Eds.) Handbook of Affirmative LGBT Couple and Family Therapy. P. 433- 442. Routledge: NY.

- Gangamma, R. (2011). The use of self in therapy. Counseling and Family Therapy, Indira Gandhi National Open University (IGNOU).

- Gangamma, R. (2008). Transgenderism. In S. Loue, & M. Sajatovic (Eds). The Encyclopedia of Aging and Public Health. Springer: NY.

- Gangamma, R. (2008). Transsexuality. In S. Loue, & M. Sajatovic (Eds). The Encyclopedia of Aging and Public Health. Springer: NY.

- Pattatucci A. A., & Gangamma, R. (2008). Intersexuality. In S. Loue, & M. Sajatovic (Eds). The Encyclopedia of Aging and Public Health. Springer: NY.

Manuscripts in Progress

- Coppola, J., Gangamma, R., & Hartwell, E. “We’re just two people in a relationship”: A qualitative exploration of emotional bond and fairness experiences between trans feminine individuals and their cisgender partners. Revise & Resubmit. Journal of Marital and Family Therapy.

- Gangamma, R., Tor, S., Whitt, V., Hollie, B., Gao, Q., Stevens, A., Hutchings, R., & Stone Fish, L. Perceived discrimination as a mediator of ACE on psychological distress. In Review.

- Tedeshci, L., Tor, S., & Gangamma R. Ethics in interpreter-assisted family therapy. Invited Chapter in review. AAMFT Ethics textbook.

- Walia, B., Gangamma, R., Tor, S., Minkoff-Zern, L. Promoting Economic Well-Being, Mental Health, and Food Security Through Gardening: A Multidisciplinary Perspective. In Review.

- Coppola, J., Gangamma, R., Patton, R., & Ramadoss, K. Relational ethics and romantic attachment styles: APIM analysis. In Progress.

- Gangamma, R. , & Tor, S. Need for collaboration between psychotherapists and spoken language interpreters in work with resettled refugees: Lessons from a training program. In Progress.

- Gangamma, R. Predictors of relational ethics in family of origin relationships in adults. In Progress.

Media mentions

- October 11, 2019. New CNY program hopes to address refugee mental health needs. waer.org

- February 13, 2020. Therapy program seeks outreach to improve mental health of refugees. dailyorange.com

Advocacy

- 2019-2020, Member, Research to policy collaboration, Edna Bennett Pierce Prevention Research Center, Pennsylvania State University.

International Presentations

- 2018 - Gangamma, R. Invited keynote. Contextual therapy and scientific research: a view of the past and a wish for the future. International Conference Contextual Therapy: Towards a strong future for contextual therapy, The Netherlands, April 18-20.

- 2016 - Gangamma, R. Intersectionality as a framework for working with resettled refugees in the US. International Conference on Current Trends in Clinical Psychology-2016 (ICCTCP-2016), National Institute of Mental Health and Neurosciences (NIMHANS), India, November 17.

- 2016 - Watson, D., Coppola, J., Gangamma, R., & Coolhart, D. Gender as a moderator of relational ethics and romantic attachment orientation. Poster presented at the International Family Therapy Academy (IFTA) conference, Kona, HI, March.

- 2015 - Gangamma, R. An exploratory study of family experiences of Iraqi refugees in the US. NCFR conference, Vancouver, November 12.

- 2013 - Gangamma, R. Invited workshop. Contextual therapy theory. National Institute of Mental Health and NeuroSciences (NIMHANS), Bangalore, India, for graduate students in clinical psychology, psychiatric social work, nursing, and psychiatry, January 4.

- 2012 - Gangamma, R., Hartwell, E. E., Bartle-Haring, S., & Holowacz, E. Relational ethics as a mediator of depression and relationship satisfaction in couples. Poster presented at the International FamilyTherapy's 20th World Family Therapy Congress, Vancouver, BC, Canada, March – 21-25.

National Presentations

- Gangamma, R., Minkoff-Zern, L., Walia, B., & Tor, S. The role of gardening in promoting food sovereignty, economic well-being, and mental health in resettled refugees. Paper presentation, Work & Family Researchers Network biennial, NYC, June 24-27, 2020.

- Minkoff-Zern, L., Walia, B & Gangamma, R. Refugee Gardening as Place Making: Reclaiming Food Sovereignty and Agrarian Identity in Central New York. Paper presentation, AAG Annual Meeting, Denver, CO, April 6-10, 2020.

- Gangamma, R., Hollie, B., Tor, S., Reichert Schimpff, T., & Stone Fish, L. University-community collaborations to reduce barriers to family therapy services: Case examples of working with resettled refugees and low-income families of color. Symposium presentation, National Council on Family Relations Conference, Fort Worth, TX, November, 2019.

- Gangamma, R., Tor, S., Glebova, T, Coppola, J, & Watson, D. Relational ethics mediating stressful events and psychological distress. Poster presentation at the 80th National Council on Family Relations Conference, San Diego, CA, November, 2018.

- Tor, S., Gangamma, R., & Watson, D. Association between relational ethics and relational injuries. Annual AAMFT conference, Louisville, KY, November, 2018.

- Haselmayer, C., Gangamma, R., & Coppola, C. Contextual view on parental infidelity and RES in adult children. Annual AAMFT conference, Atlanta, Georgia, October 6, 2017.

- Presider, Paper presentations on Sexual orientation and gender identity in family therapy. NCFR conference, Baltimore, MD, November 20, 2014.

- Invited panel discussant. To refer or to treat? Ethical decisions with LGBT clients. AAMFT conference, Milwaukee, WI, October 18, 2014. Presenters: Erica Hartwell, PhD, & Sheila Addison, PhD.

- Gangamma, R., Bartle-Haring, S., Ponappa, S., Yoo, H., Holowacz, E., & Lotspeich, F. Locus of control, differentiation, and therapeutic alliance. Poster presented at the Annual AAMFT conference, Charlotte, NC, September, 2012.

- Gangamma, R., Bartle-Haring, S., Knerr, M., & Collins, J. Relational ethics, differentiation levels and relationship satisfaction among couples in therapy. Poster presented at the 73rd National Council on Family Relations Annual Conference, Orlando, FL, November, 2011.

- Bonomi, A.E., Gangamma, R., Martin, D., Cerulli, C. Interpersonal processes associated with victim recantation. Poster accepted at the 6th Biennial National Conference on Health and Domestic Violence, Futures without Violence, March 29-31, 2012.

- Gangamma, R., & Nabavi, S. Fairness in partner relationships. Paper presentation at the annual Ethnography & Qualitative Research Conference, Cedarville, OH, June, 2011.

- Gangamma, R., & Bartle-Haring, S. Impact of relational ethics on couples in therapy. Poster presentation at the annual AAMFT conference, Atlanta, GA, September, 2010.

- Katafiasz, H., Bonomi, A.E., Gangamma R., & Locke C. Examining the triangulation of children into violent family systems. Paper accepted for presentation at the 72nd National Council on Family Relations Annual Conference, "Families and Innovation", Minneapolis, November, 2010.

- Gangamma, R., Bonomi, A.E., Bartle-Haring, S., & Grafsky, E. A primer to qualitative research methods in CFT research. Workshop conducted at the annual AAMFT conference, Sacramento, October, 2009.

- Bartle- Haring, S, & Gangamma, R. Accounting for drop-out when assessing change in treatment. Poster presentation at the annual AAMFT conference, Sacramento, October, 2009.

- Gangamma, R., Wilkinson, D., & Serovich, J. M. Violent and non-violent conflicts in gay male couples: A qualitative Analysis. Poster presentation at the annual AAMFT conference, Long Beach, CA, October, 2007.

- Glebova, T., Gangamma, R., & Bartle-Haring, S. Discrepancies in partners' therapeutic alliances in couple therapy. Poster presentation at the annual AAMFT conference, Long Beach, CA, October 2007.

- Bartle-Haring, S., Glebova, T., Silverthorn, B., Gangamma, R., Knerr, M., McDowell, T. Therapeutic Alliance in Couple Therapy: Whose view matters? Symposium presentation at the annual meeting of the National Council of Family Relations (NCFR), Pittsburgh, PA, November, 2007.

- McDowell, T. L. & Gangamma, R. Therapeutic alliance techniques in the first session. Poster presentation at the annual AAMFT conference, Austin, Texas, October 2006.

- Gangamma, R., Slesnick, N., & Bartle-Haring, S. Predictors of substance use and family Therapy outcome among physically and sexually abused runaway adolescents. Poster presented at the annual AAMFT conference, Kansas City, MO, October 2005.

Local Presentations

- Gangamma, R. Mental health of resettled refugee families. Invited presentation at the Utica Teachers' Conference, May, 2019.

- Gangamma, R. When it feels like everything is breaking. Compassion Fatigue in providers of refugee care. Invited workshop at the World Refugee Day Training Symposium, June 15, 2019.

- Gangamma, R. Experiences of trauma in resettled refugee families, SUNY Upstate Medical University, May 30, 2018.

- Gangamma, R. Special considerations in clinical work with resettled refugee families. International Studies Summer Institute (ISSI), South Asia Center, Syracuse University, June 27, 2017.

- Gangamma, R. Family experiences of resettled Iraqi refugees. Thursday Morning Roundtable, Onondaga Citizens League, Syracuse, NY, October 13, 2016.

- Gangamma, R. Family experiences of Iraqi refugees resettled in Syracuse, NY. SU-OCC outreach program on working with refugees for high school educators, counselors, and nurses. August 19, 2016.

- Gangamma, R. An exploratory study of family experiences of Iraqi refugees in the US. Falk college research colloquia November 6, 2015.

Courses Taught

PhD

- MFT 882: Assessment and research methods in MFT, Syracuse University.

- MFT 875: Cultural diversity in family therapy, Syracuse University.

- HDFS 874: Family therapy theory – I, The Ohio State University.

- HDFS 880: Diversity and family therapy, The Ohio State University.

- HDFS 8193: Independent study on Contextual family therapy, The Ohio State University.

Masters

- MFT 600: Migration and Mental Health, Syracuse University.

- MFT 684: Family therapy perspectives of cultural diversity, Syracuse University.

- MFT 662: Introduction to family therapy practice, Syracuse University.

- MFT 763: Marriage and family therapy practicum IV, Syracuse University. SWK 730: Family systems theory, Syracuse University.

- SWK 361: Foundations of social work research, Syracuse University. SWK 662/MFT 663: Applied research in social work, Syracuse University. MFT 625: Family systems and therapy, Syracuse University.

- MFT 750: Introduction to practicum, Syracuse University.

Undergraduate

- SWK 326: Persons in social context, Syracuse University.
- HDFS 3440/670.02: Human sexuality, The Ohio State University.
- HDFS 650: Introduction to couple and family therapy, The Ohio State University. HDFS 367: Work and family, The Ohio State University.
- HDFS 364D: Life span development, online course, The Ohio State University. HDFS 364: Life span development, The Ohio State University.
- HDFS 360: Family development, The Ohio State University. HDFS 670.03: Courtship and marriage, The Ohio State University.

Guest lectures

- Transnational intersectionality in working with resettled refugees, Undergraduate course on Cultural diversity in social work, Department of Social Work, Syracuse University, Spring, 2020. Instructor: Xaifei Wang.
- Mental health in refugee families, Graduate course on Trauma, Department of Marriage and Family Therapy, Syracuse University, Maymester, 2019, 2020. Instructor: Tracey Riechert-Schimpff.
- Reviewing research articles, Graduate course on Group dynamics in family therapy, Department of Marriage and Family Therapy, Syracuse University, September 7, 2016, August 1, 2016. Instructor: Daran Shipman.
- Systems theory in studying families, Graduate course on Family theories, Department of Child and Family Studies, Syracuse University, October 14, 2016. Instructor: Kamala Ramadoss.
- Working with resettled refugees, Undergraduate course on Family development, Department of Child and Family Studies, Syracuse University, April 14, 2016. Instructor: Kamala Ramadoss.
- Qualitative research methods, Graduate course on Research methods, Department of Child and Family Studies, Syracuse University, Spring 2016, 2017, 2018, 2019, 2020. Instructor: Ambika Krishnakumar.

- Contextual Therapy Theory, Graduate course on Advanced practice with individuals, families, and groups, Department of Social Work, Syracuse University, October 28rd, 2015, October 26, 2016. Instructor: Ellen deLara.

- Contextual Therapy Theory, Graduate course on Introduction to Systems theory and therapy, Department of Social Work, Syracuse University, July, 9, 2015 Instructor: Thom deLara.

- Special considerations for clinical practice with refugees, Graduate course on Practice with children, adolescents, and families, Department of Social Work, Syracuse University, April 9, 2015 Instructor: Ellen deLara; presented with Daran Shipman.

- Family life cycles of immigrants and refugees, Graduate course on Family Life Cycles, Department of Marriage and Family Therapy, Syracuse University, February 2 ,2015. Instructor: Deb Coolhart.

- Contextual Therapy Theory, Graduate course on Family therapy theories, Department of Marriage and Family Therapy, Syracuse University, November 12, 2014, 2019, Spring, 2020. Instructor: Dyane K. Watson.

- Contextual Therapy Theory, Graduate course on Advanced practice with individuals, families, and groups, Department of Social Work, Syracuse University, October 22, 2014. Instructor: Ellen deLara.

- Contextual Therapy Theory, skype consultation for a Graduate course on Family therapy theories, Department of Human Development, Virginia Tech University, October 27, 2014. Instructor: Erika L. Grafsky.

- Contextual Therapy Theory, skype consultation for a Graduate seminar on Contextual therapy theory, Psy.D students at Alliant International University, Sacramento, CA. July 30, 2014. Instructor: Tatiana Glebova.

- Contextual Therapy Theory, Graduate course on Introduction to Systems theory and therapy, Department of Social Work, Syracuse University, July, 29, 2014. Instructor: Thom deLara.

- Contextual Therapy Theory, Graduate course on Family therapy theories, Department of Marriage and Family Therapy, Syracuse University, November 13, 2013. Instructor: Dyane K. Watson.

- Contextual Therapy Theory, Graduate course on Family therapy theories, Department of Marriage and Family Therapy, Syracuse University, November 14, 2012. Instructor: Dyane K. Watson.

- Contextual Therapy Theory, Skype consultation for a Graduate course on Family therapy theories, Department of Human Development, Virginia Tech University, October 24, 2012. Instructor: Erika L. Grafsky, PhD.

- Qualitative research methods for an undergraduate course on Research methods, Department of Human Development & Family Science, The Ohio State University, February, 2012 & May, 2012. Instructor: Xin Feng.

- Co-facilitator, video conference series of clinical case discussions using contextual therapy theory between PhD students at the Ohio State University and Alliant International University, Summer, 2011.

- Contextual Therapy Theory, Graduate course on Family therapy theories , Department of Human Development & Family Science, The Ohio State University, May, 2009, & May, 2012 Instructor: Suzanne Bartle-Haring.

- Introduction to Human Sexuality, Undergraduate dorms, Canfield Hall, The Ohio State University, May 13, 2009.

Clinical Experience

- March, 2017 – Present, Licensed Marriage and Family Therapist, State of New York.

- July, 2020 – Present, AAMFT Approved Supervisor.

- February 2014 – Present, Marriage and Family Therapist, Couple and Family therapy Center, Syracuse University.

- September, 2013 – Present, Clinical supervisor, Marriage and Family Therapy, Syracuse University.

- September, 2010 – August, 2012, Clinical supervisor, Couple and Family therapy clinic, The Ohio State University.

- October, 2009 – May, 2010, Co-supervisor of CFT interest group, Couple and Family Therapy clinic, The Ohio State University.

- October 2007 – June, 2008, Supervisor in training, Couple and Family Therapy clinic, The Ohio State University.
- October, 2007 – June, 2008, Clinical Intern, Child and Adolescent Psychiatry Unit, Harding hospital, The Ohio State University.
- June, 2006 – December, 2006, Clinical Intern, Counseling and Consultation Services, The Ohio State University.
- September, 2004 – September, 2008, student Therapist, Couple and Family Therapy clinic, The Ohio State University.
- August, 2001 – August, 2003, student Psychiatric Social Worker, National Institute of Mental Health and NeuroSciences (NIMHANS), Bangalore, India.
- July, 2002 – March, 2003, Clinical Intern, Psychiatry and Oncology units, Kasturba Medical College, Mangalore, India.

Community Engagement

- 2018 – Present, Engagement with local agencies serving refugees in Syracuse.
- 2018 – 2019, Board member, Refugee and Immigrant Self-Empowerment (RISE), Syracuse, NY.

Service

Administrative and leadership

- 2020- Present, Elected member of the Graduate Faculty Council, representing David B. Falk college at the university.
- 2019-2020. Co-Chair of scientific program for the International Conference on Contextual Therapy, Budapest, Hungary.
- 2016 – 2020, Elected Faculty Senator, Senate research committee member.
- January – November, 2019, Chair, Dean's sub-committee for International Student Support.

- 2017 – 2019, Chair of Research Committee, Department of Marriage and Family Therapy.
- 2014 – 2016, Secretary/Treasurer, Family Therapy section of National Council on Family Relations (NCFR).

University Committees

- Reviewer, SOURCE grants, Syracuse University, Spring, 2020.
- Member, Falk college Diversity and Inclusion committee, September, 2018 – Present.
- Faculty council, David B. Falk College of sport and human dynamics, Syracuse University, August, 2015 - December, 2015.
- Bharti Awards Committee, Maxwell School, Syracuse University, Spring, 2013 & 2014. Sexuality Studies Committee, The Ohio State University, September, 2010 – August, 2012.

Department Committees

- Clinical Research committee, Department of Marriage and Family Therapy, Syracuse University.
- Curricula development committee, Department of Marriage and Family Therapy, Syracuse University.
- PhD committee, Department of Marriage and Family Therapy, Syracuse University.
- Accreditation committee, Department of Marriage and Family Therapy, Syracuse University.
- Clinical supervisors' committee, Department of Marriage and Family Therapy, Syracuse University.
- New student orientation committee, Department of Marriage and Family Therapy, Syracuse University, Fall, 2018, 2020.

Master's Thesis and Doctoral Committee

- Advisor, Shaelise Tor, Department of Marriage and Family Therapy, Syracuse University, December, 2020.
- Core member, Tristan Martin, Department of Marriage and Family Therapy, Syracuse University, May, 2020.
- Chair, Oral defense, Kathryn Kozak, Department of Counseling Education, Syracuse University, September, 2019.
- Advisor, Jennifer Coppola, Department of Marriage and Family Therapy, Syracuse University, Graduation: May, 2019.
- Core member, Tracey Reichert Schimpff, Department of Marriage and Family Therapy, Syracuse University, Graduation: May, 2019.
- Committee member, Master's thesis, Aysha Mabin, Human Development and Family Science, Syracuse University, Anticipated, May, 2019.
- Committee member, PhD Dissertation, Dimple Vadgama, Department of Child and Family Studies, Syracuse University, May, 2018.
- Reader, PhD Dissertation, Melody Brown, Department of Marriage and Family Therapy, Syracuse University, August, 2017.
- Committee member, Master's thesis, Sarah Rachel Cort, Department of Marriage and Family Therapy, Syracuse University, August, 2016.
- Advisor, Master's thesis, Jennifer Coppola, Department of Marriage and Family Therapy, Syracuse University, May, 2015.
- Advisor, Master's thesis, Codruta Haselmayer, Department of Marriage and Family Therapy, Syracuse University, May, 2015.
- Committee member, Master's thesis, Tess Stoops, Department of Marriage and Family Therapy, Syracuse University, May, 2015.
- Committee member, Master's thesis, Ahmet Abakay, Department of Marriage and Family Therapy, Syracuse University, May, 2015.

- Chair, PhD dissertation defense, Ian Wilson, Department of Anthropology, Syracuse University, June, 2014.
- Reader, PhD Dissertation defense, Jaclyn Bex, Department of Marriage and Family Therapy, Syracuse University, April, 2014.
- Reader, PhD Dissertation defense, Iryna Olexandrivna Balabukha, Department of Child & Family Studies, Syracuse University, April, 2014.
- Thesis committee member, Master's thesis, Kayla Ritenour, Department of Marriage and Family Therapy, Syracuse University, April, 2014.
- Reader, PhD Dissertation defense, Megan E. Lape, Department of Child & Family Studies, Syracuse University, March, 2013.
- Reader, PhD Dissertation defense of Meng-ning Wang, Department of Marriage and Family Therapy, Syracuse University, November, 2012.
- Undergraduate honors thesis committee for Emily Gabelman, Department of Human Development and Family Science, The Ohio State University, May, 2012.
- PhD committee, Department of Marriage and Family Therapy, Syracuse University, Spring, 2014- Present.
- Bharti Awards Committee, Maxwell School, Syracuse University, Spring, 2013 & 2014.
- Sexuality Studies Committee, The Ohio State University, September, 2010 – August, 2012.

Professional Reviews

- Adhoc manuscript reviewer, Journal of Family Theory and Review.
- Adhoc manuscript reviewer, Journal of Interpersonal Violence.
- Adhoc manuscript reviewer, International Journal of Behavioral Medicine.
- Adhoc manuscript reviewer, BMC Women's Health.
- Adhoc manuscript reviewer, Culture, Health, and Sexuality.
- Adhoc manuscript reviewer, Journal of Marriage and Family.

- Conference proposal reviewer, American Association of Marriage and Family Therapy.
- Conference proposal reviewer, National Council on Family Relations.

Awards and Honors

- College of Education and Human Ecology's Post-doctoral Researcher travel award, 2011.
- Family Therapy Section Outstanding Poster Award by a New Professional at the 73rd Annual NCFR Conference, 2011.
- Outstanding Ohio NCFR Presentation Award for New Professional at the 73rd Annual NCFR conference, 2011.
- Graduate Fellowship awarded by the College of Education and Human Ecology for the completion of PhD dissertation, 2007-2008.
- Merit award for securing the First Rank in M.Phil University examinations, NIMHANS, India, 2003.
- Gold medal for securing the First Rank in MSW University examinations, Mangalore University, India, 2001.
- Five gold medals and two cash prizes for securing the First Rank in BA University exams, University of Mysore, India, 1999.