

Curriculum Vitae: Tanya M. Horacek, Ph.D., R.D.N

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Education

Ph.D., University of Nebraska-Lincoln, Nutritional Science, December, 1996

Major: Community Nutrition/Nutrition Education Advisor: Nancy M. Betts, Ph.D., R.D.

Dissertation: 'The Effect of Nutrition Education & the Differences in Dietary Intake & Factors Influencing Intake According to Personality Preferences for a Sample of College Students'

M.A., University of Nebraska-Lincoln, Communication Studies, August, 1991

Major: Organizational Comm./Training & Development

Advisor: Vince DiSalvo, Ph.D.

Master's Project: 'Organizational Members' Communication Competence and their Personality Dimensions According to the Myers Briggs Type Indicator'

B.S., Pennsylvania State University, College of Science, 1986

Major: Life Science

Credentials

Registered Dietitian, Registration Number: 817095

Approved Pre-Professional Practice Program, University of Nebraska, 1995.

MBTI Facilitator

Association for Psychological Type MBTI Qualifying Training, Chicago, Illinois, 1989.

Professional Positions

Syracuse University

Department Nutrition and Food Studies, Falk College of Sport and Human Dynamics

Professor Emeritus (current), Professor (2014-2020), Interim Department Chair (2018), Director of Undergraduate Nutrition Programs (2015-2018), Associate Professor (2005-2014), Director of Didactic Program in Dietetics (1999-2011), Visiting Professor, Syracuse University Florence (2009), Assistant Professor (1997-2004).

University of Nebraska

Departments of Nutritional Science and Dietetics and Food Services, Lincoln, Nebraska
Research Associate (1997), Graduate Teaching/Research Assistant, (1993-94, 1995-96)

Doane College

Department of Speech Communication, Lincoln, Nebraska
Adjunct Professor (1990, 1992-93), Director for Residence Life, (1986-89)

University of Nebraska

Department of Communication Studies, Lincoln, Nebraska
Instructor (1990-91), Graduate Teaching Assistant (1989)

Teaching

Courses Taught:

Syracuse University, Department of Nutrition and Food Studies, Syracuse, New York

Mediterranean Food and Culture - NSD 452/652: 3 credits, Spring 2011-20. Summer 15.

Nutrition Counseling - NSD 512: 3 credits, Fall 2000-01, 04, 11-17, 19; Spring 2002-19.

Nutrition Counseling Experience - NSD 516 1 credit Fall 2015, 17, Spring 2015-19.

Nutrition Demonstrations A-Z - NSD 500 (1 credit) Spring 2016.

Participatory Program Planning - NSD 658: 3 credits, Spring 2008 (also NSD 458), 2011-14, 20.

Nutrition Education Experience - NSD 513: 1 credit, Spring & Fall 2007-14.

Undergraduate Teaching Assistant - NSD 400: 1-3 credits, Spring and Fall 2017-19.

Research Experience - NSD 497: 3 credit, Spring 2007, 14.

Research Experience - NSD 497: 1 credit, Spring 2012-20, Fall 2014-17.

Senior Seminar I - NSD 476: 1 credit, Fall 2003-08, 10.

Senior Seminar II - NSD 477: 1 credit, Spring 2008-11.

Community Nutrition-Supervised Practice - NSD 371/ 461: 1 credit, Fall 2000-05, 07, 10.

Freshmen Gateway (Small group leader) - HSH 101: 1 credit, Fall 2002-08, 10.

Honor' Freshmen Forum - HNR 100: 1 credit Fall 2016.

Honor's Thesis: 3 credits, 99 (2 students), 10, 15 (3 students), 16 (2 students), 20.

Readings Course -NSD 660: 3 credits, Spring 2007; Summer 10.

Independent studies: 1-3 credits, Spring 98-99, 02, 09; Fall 99-00, 06, 10, 15. Spring 2014-15.

Nutrition Education - NSD 511: 3 credits, Spring 2002-09.

Community Nutrition - NSD 455/655: 3 credits Fall 99-04, 06-08.

Community Nutrition - NSD 455: 3 credits, Spring 98, Fall 1998.

Advanced Community Nutrition - NHM 600: 3 credits, Spring 2002, 06.

HSHP College Inter-professional Learning Community - HSH 400: 3 credits, 2002-04.

Nutrition Education and Counseling - NFM 514: 4 credits, Fall 97-99, Spring 2000.

Research and Evaluation - NHM 457: 2 credits, (20%) Spring 2000; 3 credits (33%) Fall 2016.

Chronic Disease/Health Promotion - NFM 600: 2 credits, Spring 2000.
Nutrition in Health - NFM 225: 3 credits, Spring 1998-99.
Graduate Community Nutrition - NSD 655:3 credits, Fall 97, Spring 99.

Syracuse University - Florence, Italy

Mediterranean Diet – NSD 400: 3 credits, Fall 2009.
Nutrition in Health – NSD 225: 3 credits, Fall 2009.
Independent Study – NSD 490: 3 credits (1 student) Fall 2009.
University of Nebraska, Department of Nutritional Science and Dietetics, Lincoln, Nebraska
Peer Nutrition Education Practicum - NSD 496: 1-3 credits, Spring 1997.
Nutrition Education Research Experience - NSD 498: 1-3 credits, Fall 1996.
Introduction to Nutrition - NSD 151: 3 credits, Summer and Fall 1994.

Doane College, Crete, Nebraska

Interviewing - CMS 305: 3 credits, Fall 1993.
Fundamentals of Speech Communication - CMS 205: 3 credits, 1990-93 (10 sections).
Public Relations - CMS 420: 3 credits, Spring 1992.
Introduction to Liberal Education - IDS 100: 3 credits, Fall 1988.
Word Processing - CSC 100: 1 credit, Spring 1988 (2 sections).
Student Development and Interpersonal Communication: 3 credits, 1987-88 (2 sections).

University of Nebraska, Department of Communication Studies

Communication and Composition - SpC 198A: 3 credits, Fall 1991.
Business and Professional Communication - SpC 311: 3 credits, 1989-91 (9 sections).
Small Group Problem Solving - SpC 210: 3 credits, Summer 1990.

Classes Assisted

University of Nebraska & Pennsylvania State University
UNL Graduate Satellite TV Contemporary Nutrition - NSD 800: 3 credits, Fall 1995.
UNL Introduction to Nutrition - NSD 151: 3 credits, 1993-94 (6 sections).
PSU Counselor Education - CsED 302: 3 credits, Spring 1986.

Advising

Advisor:

Doctoral dissertation:

Renee Cole 'Development and evaluation of a Non-diet approach Weight Management Program' 2000-06.

Master's theses:

Marlei Simon Assessing Registered Dietitians Nutritionists Intuitive Eating Attitudes and Behaviors 2016-17.

Shannon Nicholas "College student eating out habits related to stress" 2015-16.

Melissa Matthews "Effectiveness evaluation of vending audit tools" 2013-14.

Maria Erdman "Evaluation of the campus food/dining environment" 2007-09.

Colleen Dour "Effectiveness Evaluation of WEBHEALTH" 2007-09.

Melanie Hubert "Young adults' preferences for Stages of Change-based nutrition educational materials" 2005-06.

Jigna Merchant "An exploratory study examining the influences on dark chocolate intake using the Theory of Reasoned Action" 2003-04.

Jennifer Kerr 'The effect of Cookshop on Neophobia' 2001-03.

Honor's students' theses:

Elizabeth Gardner "Process Evaluation of the Healthy Campus Environmental Audits", 2018-20

Christina LiPuma "Syracuse University students' eating out habits and use of GrubHub", 2015-16.

Robert Swanda "A comparison of the FRESH dining environment: differences between US and Italy", 2015-16.

Alexa Bickhart "Syracuse University employees' fruit and vegetable intake in relationship to their perception of the food environment", 2014-15.

Olivia Palmisano "The perception and reality of health promotion policies for students at Syracuse University", 2014-15.

Emily Danckers “Differences in perceptions of the dining environment between dieting and non-dieting Syracuse University students”, 2014-15.

Stephanie Foltzer “Differences in health variables for a sample of Syracuse University students”, 2009-10.

Lisa Quintiliani, “Nutrition Education for Off-campus Students”, 1998-99.

Karen Bryla, “College Women’s Self Esteem and Dietary Quality”, 1998-99.

Other:

Dietetic Program students (majors `35/year and minors `20/year): Syracuse University, 1998-2020.

Nutrition Education and Promotion Association, Syracuse University, 2000-03, 2005-09.

Syracuse University Scholar applicant: Gillian Kelly, 2017; Tracy Stalker, 2001.

McNair Scholar: Ekiuwa Imariagbe, 2018.

Committee member

Doctoral dissertations:

Sarah Dayton 2002-

Kim Stote 2003-04.

Jennifer Bueche 2001.

Master’s theses:

Madison Santella, West Virginia University, 2017-19

Rachel Watkins, Syracuse University, 2016-19

Marianna Hoitis, Syracuse University, 2017-18

Heather Brubaker, Syracuse University, 2017-18

Cynthia Phillips, Syracuse University, 2010-11

Allison Colson, Syracuse University, 2009-10

Priyanka, Syracuse University, 2007-

Dina Lawson, Syracuse University, 2007-

Lisa Appleget, University of Nebraska, 1998-2000

Fred Harbeck, Syracuse University, 1998

Honors

National

North Central Regional Experiment Station Section Excellence in Multistate Research - 2020

NC1193: Using Behavioral and Environmental Tools to Identify Weight-Related Factors Associated with Health in Communities of Young Adults.

Team: Brown O, Auburn University; Byrd-Bredbenner C, Rutgers University; Colby SE, University of Tennessee; Franzen-Castle L, University of Nebraska; Greene G, University of Rhode Island; **Horacek TM**, Syracuse University; Kattelman K, South Dakota State University; Kidd T, Kansas State University; McNamara J, University of Maine; Morrell J, University of New Hampshire; Olfert MD, West Virginia University; Shelnett KP, University of Florida; Tolar-Peterson T, Mississippi State University, 2020.

Silver Author

Journal of Nutrition Education and Behavior, 2018.

Gold Author

Journal of Nutrition Education and Behavior, 2017.

Margaret Dullea Simko Award for a Excellence at a Clinical Poster Session:

Horacek T, Grimwade A, Bergen-Cico D, Decker E, Walsh J. Participatory Research with College Students Identifies Quality of Life and Stress as Key Issues for Obesity Prevention. American Dietetic Association Foundation FNCE Meeting, Boston, Massachusetts November, 2010.

Outstanding Dietetic Educator Award

Dietetic Educator of Practitioner Area VII, American Dietetic Association, 2004.

Syracuse University

Chancellor's Award for Public Engagement and Scholarship - Academic Legacy Honors:

ORANGE WRAP, Syracuse University, 2012-14.

Chancellor's Award for Public Engagement and Scholarship - Academic Legacy Honors:

NSD 658 Dietetic Interns and students Implementation of PRECEDE-PROCEED, Syracuse University, 2012-14.

Chancellor's Award for Public Engagement and Scholarship:

NSD 658 Dietetic Interns and students Implementation of PRECEDE-PROCEED, Syracuse University, 2011-12.

Chancellor's Awards for Public Service:

ORANGE WRAP, Syracuse University, 2009-12.

Chancellor's Award for Public Service:

NSD 511 Community Group Nutrition Education, Syracuse University, 2009-10.

College of Human Services and Health Professions Faculty Award:

Tanya Horacek Syracuse University, 2007.

Chancellor's Awards for Public Service:

Girl Scout Education Day, Syracuse University, 2006-07.

Chancellor's Awards for Public Service:

Interprofessional Learning Community, Syracuse University, 2004-06.

Chancellor's Award for Public Service:

Wellwood Wellness Challenge, Syracuse University, 2005.

Faculty Member of the Year Kappa Alpha Theta:

Tanya Horacek Syracuse University, 2005.

Interprofessional Service Award:

Interprofessional Learning Community, College of Human Services and Health Professions, 2003.

Faculty Curriculum Infusion Award:

Tanya Horacek College of Human Service and Health Professions and Syracuse University Student Services, 2003.

Inter-Professional Collaboration Award:

Tanya Horacek College of Human Services and Health Professions, 2001.

Virginia Simons Outstanding Teacher of the Year:

Tanya Horacek College for Human Development, 2001.

Vision Fund Active Learning Syllabus Award:

Tanya Horacek College for Human Development, 2000.

University of Nebraska

Maude Fling Fellowship, 1995-96.

Outstanding Graduate Teaching Assistant, Alumni Association, 1995.

Outstanding Graduate Teaching Assistant, College of Human Resources and Family Sciences, 1995.

Kappa Omicron Nu Member, National Human Resources Honorary Society, 1993-1997.

Grants**External Grants Awarded****Funded Competitive Grants**

Academy of Nutrition and Dietetics Assessing Registered Dietitians Nutritionists Intuitive Eating Attitudes and Behaviors Simon M & Horacek T. November 2016-17. \$1,000.

USDA-AFRI: "Get Fruved:" A peer-led, train-the-trainer social marketing intervention to increase fruit and vegetable intake and prevent childhood obesity. 2014-2019. @ \$4,900,000 (PI:University of Tennessee; Horacek Co-PI \$289,000 subcontract Syracuse University)

West Virginia University Mentoring Grant: Grantee Assistant Professor Melissa Olfert, DrPH, RD, 2012. \$20,000 (Horacek awarded as mentor \$5,000)

NRI-USDA: Development of a Randomized Trial Guided by the Process of PRECEDE-PROCEED for Prevention of Excessive Weight Gain in Communities of Young Adults, 2009-2013. \$1,500,000 (PI: University of South Dakota; Horacek Co-PI, \$73,000 subcontract to Syracuse University)

New York Nutrition Council: Improving refugee resettlement participants' fruit and vegetable intake using the farmer's market, 2007-2008. \$1330 (PI: Dina Lawson; Horacek, Faculty advisor)

New York Nutrition Council: Development and evaluation of the Nutrition Detective Education Program, 2005-2006. \$750.00 (PI: Julita Klopocka-Niemiec; Horacek, Faculty advisor)

NRI-USDA: Behavior Change for Obesity Prevention in Young Adults, 2005-2009. \$1,270,000 (PI: University of RI; Horacek Co-PI, \$90,000 subcontract to Syracuse University)

IFAFS of USDA: Young adult fruit and vegetable intervention using Stages of Change, 2001-05, \$2,000,000. (PI: University of Wisconsin; Horacek Co-PI, \$119,996 subcontract to Syracuse University)

Kappa Omicron Nu: New York children dietary & quality of life study, 1999-00. \$3,000 Horacek PI

Nebraska Beef Council: Development of Peer Nutrition Education Team (PeerNET) for University of Nebraska, 1997-98. \$10,000 Horacek PI

Non-Competitive Contracts/Memorandums of Understanding

West Virginia University Study Abroad: Consultant to Associate Professor Melissa Olfert, DrPH, RD, 2018. \$2,000

Sid Lerner (Private funder) to S.I. Newhouse School of Public Communications. The Healthy Campus Initiative/Healthy Monday – A Program of Activities and Research, 2010-11. \$100,000 (Lead: F. Chew, PhD; Horacek awarded \$14,000 for ORANGE WRAP nutrition education and counseling activities)

Sid Lerner (Private funder) to S.I. Newhouse School of Public Communications. The Healthy Campus Initiative/Healthy Monday – A Program of Activities and Research, 2009-10. \$100,000 (Lead: F. Chew, PhD; Horacek awarded \$15,500 for ORANGE WRAP nutrition education and counseling activities)

Sid Lerner (Private funder) to S.I. Newhouse School of Public Communications. The Healthy Campus Initiative/Healthy Monday – A Program of Activities and Research, 2008-09. \$100,000 (Lead: F. Chew, PhD; Horacek awarded \$10,000 for ORANGE WRAP nutrition education and counseling activities)

Sid Lerner (Private funder) to S.I. Newhouse School of Public Communications. The Healthy Campus Initiative/Healthy Monday – A Program of Activities and Research, 2007-08. \$100,000 (Lead: F. Chew, PhD; Horacek awarded \$13,500 for ORANGE WRAP nutrition education and counseling activities)

Sid Lerner (Private funder) to S.I. Newhouse School of Public Communications. The Healthy Campus Initiative/Healthy Monday – A Program of Activities and Research, 2006-07. \$100,000 (Lead: F. Chew, PhD; Horacek awarded \$13,500 for ORANGE WRAP nutrition education and counseling activities)

Sid Lerner (Private funder) to S.I. Newhouse School of Public Communications. The Healthy Campus Initiative /Healthy Monday– A Program of Activities and Research, 2005-06. \$100,000 (Lead: F. Chew, PhD; Horacek awarded \$13,500 for ORANGE WRAP nutrition education and counseling activities)

Excellus Blue Cross and Blue Shield Obesity Prevention with five black churches in Syracuse, 2004-2005. \$60,000 & Wegman's \$5,000. (PI: V. Cowart, PhD; Horacek – Consultant –assisted in project design, grant writing and securing a graduate student).

Head Start of PEACE, Inc.: Half graduate assistant for program activities, 2004-05. \$7,150 (Horacek secured)

Edgcomb Metals: ¼ graduate assistant for worksite wellness activities, 2003-04. \$4026 (Horacek secured)

Head Start of PEACE, Inc.: Full graduate assistant for program activities, 2003-04. \$12,780 (Horacek secured)

Edgcomb Metals: Horacek awarded for worksite wellness study and ¼ graduate assistant, 2002-03. \$8,008

Head Start of Peace Inc.: Full graduate assistant for program activities, 2002-03. \$12,054 (Horacek secured)

Food Bank of Central New York: 3/4 Cookshop graduate assistant, 2002-03. \$9,041 (Horacek secured)

Head Start of PEACE, Inc.: Full graduate assistant for program activities, 2001-02. \$11,648 (Horacek secured)

Food Bank of Central New York: Full Cookshop graduate assistant, 2001-02. \$11,648 (Horacek secured)

Food Bank of Central New York: Full Cookshop graduate assistant, 2000-01. \$11,200 (Horacek secured)

National Securities Studies Program: Horacek award to provide Counseling Services, Fall 2000. \$8,420

National Securities Studies Program: Horacek awarded to provide Counseling Services, Fall 1999. \$5,835

Grants in Review or not funded since tenure

AETNA Improving High Schools Using the Healthy Campus Environmental Audit. \$100,000
Horacek Not funded.

Obama Singh 21st Century Knowledge Initiative (OSI): “Developing Health Promotion and Disease Prevention Educational Initiatives & Community Wellness Programs,” (PI: Raj, Horacek Co-PI, Van Hollen Co-PI); Partners Women’s Christian College and Lady Irwin College, Delhi University, both from India. \$250,000 2014-2017 Not funded.

NIH R01 PAF 1027: Development, automation and validation of an Environmental Healthy Campus Audit, 2012. \$2,950,795 (PI: Horacek) Not funded.

USDA-AFRI: Promoting Lifestyle Habits for Healthy Weight Status among First Year College Students, 2012. @ \$5,000,000 (PI: University of Rhode Island; Horacek Co-PI \$274,000. subcontract Syracuse University). Not funded - scored 6th.

Robert Wood Johnson Foundation: Face Up: Developing an Online Interactive Game to Improve Young Adults' Dietary and Exercise Patterns 2009. (PI: F. Chew PhD; Horacek Co-PI) Not funded.

NIH R01: Community Based Participatory Research for Preventing Obesity in Young Adults. 2009. (PI: South Dakota State University; Horacek Co-PI) Not funded.

NIH R01: Community Based Participatory Research for Preventing Obesity in Young Adults. 2008. (PI: South Dakota State University; Horacek Co-PI) Awarded USDA-NRI therefore Withdrawn.

Internal Grants Awarded

University College Innovative Summer Program Development Fund: NSD 354/600 Mediterranean Food and Culture. 2014-2015, \$17,673.

Vision Fund, Center for the Support of Teaching and Learning: Development of a Healthy Eating Education Program for Resident Advisors (VanVechten K, Horacek T, & Salomon J.). 2003, \$5,000.

Vision Fund, Center for the Support of Teaching and Learning: Interdisciplinary Learning Community: Developing, supporting and sustaining a group of student leaders (Middlemiss, M, Ray S, Horacek T.) 2003, \$5,000.

College of Human Services and Health Professions Faculty Research Development Fund: Cookshop, quality of life/diet and neophobia research, 2002-03, \$4,740.

Dean of College of Human Services and Health Professions: Welfare/Poverty Simulation, 2002, \$3,000.

Dean of College of Human Services and Health Professions: Welfare/Poverty Simulation, 2001, \$2,000.

College for Human Development Faculty Development Grant: NC219 research, 2001, \$2,435.

College for Human Development Faculty Development Grant: Counseling research, 2001, \$3,500.

College for Human Development Faculty Development Grant: NC219 research, 2000, \$2,390.

College for Human Development Faculty Development Grant: NC219 research & ADA, 1999, \$3,970.

College for Human Development Faculty Development Grant: 5th grade dietary study, 1999, \$2,000.

College for Human Development Graduate Research Assistantship Grant: ½ time graduate assistant for NC219 regional research, 1999-00, @ value \$5,600.

College for Human Development Graduate Research Assistantship Grant: ½ time graduate assistant for NC219 regional research, 1998-99, @ value \$5,600.

College for Human Development Computer Grant: Laptop for teaching & research, 1998, \$3,800.

College for Human Development Faculty Development Grant: SNE meeting presentation, 1998, \$1,500.

Research

Published Manuscripts

Olfert MD, Barr ML, Mathews AE, **Horacek TM**, Riggsbee K, Zhou W, Colby SE. Life of a vegetarian college student: Health, lifestyle, and environmental perceptions, *Journal of American College Health*, 2020 DOI: 10.1080/07448481.2020.1740231

Olfert MD, Barr ML, Hagedorn RL, Wattick RA, Zhou W, **Horacek T**, Mathews AE, Kattelmann KK, Kidd T, White AA, Brown O, Morrell J, Franzen-Castle L, Shelnut K, Byrd-Bredbenner C, Mosby T, Greene GW, Colby S. eB4CAST infographics improve science communication with stakeholders in college-based health program, *Front. Public Health*, 2020;8:158. DOI: 10.3389/fpubh.2020.00158.

Santella ME, Hagedorn RL, Wattick RA, Barr ML, **Horacek TM**, Olfert MD. Learn first, practice second approach to increase health professionals' nutrition-related knowledge, attitudes and self-efficacy, *International Journal of Food Sciences and Nutrition*, 2019; 71(3) DOI: 10.1080/09637486.2019.1661977.

McNamara J, Olfert MD, Faulk M, Colby S, White A, Byrd-Bredbenner C, Kattelman K, Franzen-Castle L, Brown O, Kidd T, Shelnett K, **Horacek TM**, Greene G. Development of an Instrument Measuring Perceived Environmental Healthfulness: Behavior Environment Perception Survey (BEPS). *J Nut Educ Behav*, 2020;52(2): 152 – 161.

Staub D, Colby SE, Olfert MD, Kattelman KK, Zhou W, **Horacek TM**, Greene GW, Radosavljevic I, Franzen-Castle L, Mathews AE. A Multi-Year Examination of Gardening Experience and Fruit and Vegetable Intake During College. *Nutrients*, 2019, 11(9), 2088.

Hanson A J, Kattelman KK, McCormack LA, Zhou W, Brown ON. **Horacek TM**, Shelnett KP, Kidd T, Opoku-Acheampong A, Franzen-Castle LD, Olfert MD, ColbySE. Cooking and Meal Planning as Predictors of Fruit and Vegetable Intake and BMI in First-Year College Students. *Int J Environ Res Public Health*, 2019, 16(14), 2462.

Horacek TM, Dede Yildirim E, Seidman D, Byrd-Bredbenner C, Colby S, White A, Shelnett K, Olfert MD, Mathews AE, Riggsbee K, Franzen-Castle, Morrell JS. Redesign and Validation of the Physical Activity for Campuses Environmental Supports (PACES) Audit. *J EnvPublic Health*, 2019, Article ID 5819752, 13 pages, 2019.

Horacek TM, Simon M, Dede Yildirim E, Byrd-Bredbenner C, Colby S, White A, Shelnett K, Olfert MD, Mathews AE, Riggsbee K, Franzen-Castle, Morrell JS. College Campuses Lack Policy Support for Health Promotion. Design and Validation of Policies Opportunities, Interventions and Notable Topics (POINTS) Audit. *Int. J. Environ. Res. Public Health*, 2019, 16(5),778.

Horacek TM, Dede Yildirim E, Matthews MA, Byrd-Bredbenner C, Colby S, White A, Shelnett K, Olfert MD, Mathews AE, Riggsbee K, Franzen-Castle, Morrell JS. Development and Validation of the Healthfulness of Vending Evaluation for Nutrient-Density (VEND)ing Audit. *Int. J. Environ. Res. Public Health*, 2019, 16(3), 514.

Riggsbee K, Riggsbee J, Vilaro M, Moret L, Spence M, Steeves E, Zhou W, Olfert M, Franzen-Castle L, **Horacek T**, Hall E, Colby S. More than Fast Food: Development of a Story Map to Compare Adolescent Perceptions and Observations of Their Food Environments and Related Food Behaviors. *International Journal of Environmental Research and Public Health*. 2019;16(1):76.

Horacek TM, Dede Yildirim E, Kelly E, White AA, Shelnut K, Riggsbee K, Olfert MD, Morrell JS, Mathews AE, Mosby TT, Kidd T, Kattelman K, Greene G, Franzen-Castle L, Colby S, Byrd-Bredbenner C, Brown O. Development and Validation of a Simple Convenience Store SHELFAudit. *Int. J. Environ. Res. Public Health*, 2018, 15(12), 2676.

Horacek TM, Dede Yildirim E, Kattelman K, Byrd-Bredbenner C, Brown O, Colby S, Greene G, Hoerr S, Kidd T, Koenings MM, Morrell J, Olfert MD, Shelnut K, White A, Phillips B. Multilevel Structure Equation Model of Students' Dietary Intentions/Behaviors, BMI and the Healthfulness of Convenience Stores. *Nutrients*, 2018, 10(11), 1569.

Vilaro MJ, Colby SE, Riggsbee K, Zhou W, Byrd-Bredbenner C, Olfert MD, Barnett TE, **Horacek T**, Sowers M, Mathews AE. Food choice priorities change over time and predict dietary intake at the end of the first year of college among students in the U.S. *Nutrients* 2018, 10(9), 1296.

Horacek TM, Yildirim ED, Simon MB, Byrd-Bredbenner C, White AA, Shelnut K, Olfert MD, Morrell J, Mathews A, Kidd T, Kattelman K, Franzen-Castle L, Colby S, Brown O. Development and Validation of the Full Restaurant Evaluation Supporting a Healthy (FRESH) Dining Environment Audit. *J Hunger Environ Nutr.*, 2018, DOI: 10.1080/19320248.2018.1434103.

Horacek TM, Dede Yildirim E, Kattelman K, Byrd-Bredbenner C, Brown O, Colby S, Greene G, Hoerr S, Kidd T, Koenings MM, Morrell J, Olfert MD, Shelnut K, White A, Phillips B. Path analysis of campus walkability/bike-ability and college students' physical activity attitudes, behaviors and body mass index. *Am J Health Promo*, 2018; 32 (3) first published on September 13, 2016. DOI: 10.1177/0890117116666357.

Sowers M, Colby S, Greene G, Pickett M, Franzen-Castle, Olfert MD, Shelnut K, Brown O, **Horacek T**, Kidd, T, Kattelman K, White A, Zhou W, Riggsbee K, Wangcheng Y, Byrd-Bredbenner C,. Development of a Questionnaire to Assess College Students' Perceptions of the Healthfulness of the Campus Environment. *Am J Health Behav*, 2017; 41(6):701-709. DOI: 10.5993/AJHB.41.6.4.

Colby S, Zhou W, Sowers M, Shelnut K, Olfert M, Morrell J, Koenings M, Kidd T, **Horacek T**, Greene G, Brown O, White A, Hoerr S, Byrd-Bredbenner C, Kattelman K. College Students' Health Behavior Clusters: Differences by Sex. *Am J Health Behav*, 2017;41(4):378-389.

Quick V, Byrd-Bredbenner C, Shoff S, White AA, Lohse B, **Horacek T**, Kattelman K, Phillips B, Hoerr S, and Greene G. A streamlined, enhanced self-report physical activity measure for young adults. *Intern J Health Promo Educ*, 2016. DOI: 10.1080/14635240.2016.1169941.

Quick V, Byrd-Bredbenner C, Shoff S, White AA, Lohse B, **Horacek T**, Colby S, Brown O, Kidd T, and Greene G. Relationships of sleep duration with weight-related behaviors of U.S. college students, *Behavioral Sleep Medicine*. 2016:1-16. DOI: 10.1080/15402002.2015.1065411.

Quick V, Shoff S, White AA, Lohse B, **Horacek T**, and Greene G. Relationships of eating competence, sleep behaviors and quality, and overweight status among college students, *Eating Behaviors*, 2015;19:15-19.

Matthew M. **Horacek TM**. Vending machine assessment methodology: A systematic review. *Appetite*, 2015; 90:176-186.

Brown, O., Quick, V., Colby, S., Greene, G., **Horacek, T.**, Hoerr, S., Koenings, M., Kidd, T., Morrell, J., Olfert, M., Phillips, B., Shelnutt, K., White, A., Kattelman, K. Recruitment lessons learned from a tailored web-based health intervention project Y.E.A.H. (Young Adults Eating and Active for Health). *Health Educ.*, 2015; 115(5):470-479. DOI 10.1108/HE-06-2014-0075

Horacek, T. Training Dietetic Interns to do Outcomes Research/Management using Community-based Participatory Research. *The Open Nutrition J*, 2015;9(S1-M6) 42-52.

Quick V, Byrd-Bredbenner C, Shoff S, White AA, Lohse B, **Horacek T**, Kattelman K, Phillips B, Hoerr S, and Greene G. Concordance of self-report and measured height and weight in college students. *J Nutr Educ Behav.*, 2015: 47(1):94–98.

Kattelman K, Byrd-Bredbenner C, White A, Greene G, , Hoerr S, Kidd T, Colby S, **Horacek T**, Phillips B, Koenings M, Brown O, Olfert M, Shelnutt K, Morrell J. The Effects of Young-adults Eating and Active for Health (Y.E.A.H): a Theory Based Web-Delivered Intervention, *J Nutr Educ Behav*, 2014; 46(6):S28-S42.

Quick V, Byrd-Bredbenner C, White AA, Brown O, Colby S, Shoff S, Lohse B, **Horacek T**, Kidd T, and Greene G. Eat, sleep, work, play: Associations of weight status and health-related behaviors among young adult college students. *Am J Health Promot.*, 2014;29(2) e64-72.

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Horacek T, Deleso K, Kattelmann K, Walsh J, White A, Gurka M, Olfert M. Evaluation of the Healthfulness of University Campus Environments. International Society of Behavioral Nutrition and Physical Activity Meeting Ghent, Belgium, May, 2013.

Conway K, Fang C, Hoskins J, Li X, Maki S, **Horacek T**. Overview of a Peer Nutrition Education Program: Structure, Populations Served, Resources, Benefits, and Challenges. New York State Dietetic Association Meeting Proceedings. Rochester, New York, May, 2013.

Matthews M. and **Horacek T**. Evaluating Vending Snacks And Beverages: A Comparison of Methods. New York State Dietetic Association Meeting Proceedings. Rochester, New York, May, 2013.

Degen H, Frantz C, Maki S, Voyles A, Wright K, **Horacek T**. Change in Head Start Obesity Policy and Physical Activity in the Classroom Using PRECEDE-PROCEED. New York State Dietetic Association Meeting Proceedings. Rochester, New York, May, 2013.

Barbieri A, Berger M, Ladue L, Kerrigan N, **Horacek T**. Creating a 100% Whole Foods School Lunch Menu. New York State Dietetic Association Meeting Proceedings. Rochester, New York, May, 2013.

Davis K, Halstead K, Ngo S, Vadala A, Sullivan R, **Horacek T**. Building Healthy Option Awareness Based on the PRECEDE-PROCEED Model among College Students in Campus Dining Centers. New York State Dietetic Association Meeting Proceedings. Rochester, New York, May, 2013.

Anderson A, Lloyd C, Reed G, Sathyamrthy M, Mahar M, **Horacek T**. Improving Supplemental Nutrition Assistance Program Participation Among Low Income Older Adults in Onondaga County, New York Using the PRECEDE-PROCEED Framework. New York State Dietetic Association Meeting Proceedings. Rochester, New York, May, 2013.

Dayan R, Royer L, Pepperman S, Strout C, Adels M, **Horacek T**. Improving Quality of Life of the Hutchings Psychiatric Center Group Home Residents and Staff Through Nutrition Education. New York State Dietetic Association Meeting Proceedings. Rochester, New York, May, 2013.

McPartland S, Nash J, Melanson K, Hall R, White A, **Horacek T**, Greene G. Environmentally Conscious Behavior at Three Northeastern Universities. *FASEB J* 2013; 27:1065.16

Horacek TM, Olfert M, Byrd-Bredbenner C, Carey G, Colby S, Greene G, Hoerr S, Kattelmann K, Kidd T, Keonings M, Brown-Esters O, Shelnutt K, White A. Environmental Supports for Physical Activity and Healthy Snacking Vary Across Campus. Academy of Nutrition and Dietetics Food and Nutrition Conference (FNCE) Philadelphia, Pennsylvania, October 2012. *J Acad Nutr Diet*. 2012; 112(9):A-62.

Horacek T, Connolly D, Mahar M, Shubsda E, Brown L, Wright K, Corey K, Seiter M, Mohr-Twardowski M, Kerrigan N, Gantner L. Training Dietetic Interns to do Outcomes Management Using Community-Based Participatory Research. Academy of Nutrition and Dietetics Food and Nutrition Conference (FNCE) Philadelphia, Pennsylvania, October 2012. *J Acad Nutr Diet*, 2012; 112(9):A-81

Kattelmann K, White A, Byrd-Bredbenner C, Greene G, Koenings M, **Horacek T**, Hoerr S, Phillips B, Colby S, Brown-Esters O, Morrell J, Kidd T, Olfert M, Shelnut K. Project YEAH: Development of a web-based intervention for preventing excess weight gain in young adults. International Congress of Dietetics Proceedings, Sidney, Australia, September 2012.

Kattelmann K, White A, Greene G, Byrd-Bredbenner C, Nitzke S, **Horacek T**, Hoerr S, Kidd T, Phillips B, Colby S, Brown-Esters O, Shelnut K, Olfert M, Morrell J. Development of a randomized trial guided by the process of PRECEDE-PROCEED for the prevention of excessive weight gain in communities of young adults. Society of Nutrition Education Annual Meeting Washington, DC, July, 2012, *J Nutr Educ Behav*, 2012;44:S93-S94.

Degen H, **Horacek T**, Weller K, Greene G. College Students Attitudes and Behaviors Related to Green Eating. New York State Dietetic Association Meeting Proceedings. Albany, New York, May, 2012.

Fish A. and **Horacek T**. Vending Snacks and Beverages: What are the Healthy Options? New York State Dietetic Association Meeting Proceedings. Albany, New York, May, 2012.

Quick V, Weiner A, Shu E, **Horacek T**, Byrd-Bredbenner C. Evaluation of the Food Store Environment On and Near the Rutgers University, New Brunswick Campus. New Jersey Dietetic Association Meeting Proceedings April, 2012.

Horacek T, Deleso K, Byrd-Bredbenner C, Ester O, Shelnut KP, Morrell J, Kattelmann K. Development and testing of a healthy campus audit and the LEAN index. Society of Nutrition Education and Behavior Annual Meeting Kansas City, Missouri July, 2011. *J Nutr Educ Behav*, 2011; 43(4):S22.

Mortinsen K, Kattelmann K, White A, Quick V, Nitzke S, Greene G, **Horacek T**, Hoerr S, Phillips B, Colby S, Brown-Esters O, Olfert M, Kidd T, Shelnut K, Morrell J. Tailoring a management access system for use by campus coordinators in 14 states for a web-based nutrition intervention. *J Nutr Educ Behav*. 2011;43:S33-34.

Kattelmann K, Mortinsen K, Phillips B, Greene G, Shelnut KP, Olfert M, Esters O, Nitzke S, **Horacek T**, Quick V, Hoerr S, Kidd T, Colby S, Morrell J. Tailoring a management access system for use by campus coordinators in 14 states for a web-based nutrition intervention. Society for Nutrition Education Meeting, Kansas City, Missouri 2011; *J Nutr Educ Behav*, 2011;43(4):S33-34

Quick V, Weiner AE, Shu E, **Horacek T**, Byrd-Bredbenner C. University Food Environment: An Assessment of Beverages Sold in Vending Machines. American Dietetic Association Food and Nutrition Conference (FNCE) San Diego, California, October, 2011. *J Am Diet Assoc*, 2011;111:A46.

Kattelman K, White A, Byrd-Bredbenner C, Nitzke S, Greene G, **Horacek T**, Hoerr S, Phillips, B, Colby S, Brown-Esters O, Olfert M, Kidd T, Shelnut K, Morrell, J. Project Y.E.A.H: Development of a Web-Based Intervention Guided by the Precede-Proceed Model for Preventing Excess Weight Gain in Young Adults National Meeting for International Society of Behavioral Nutrition and Physical Activity. Melbourne, Australia, June 2011.

Quick V, Weiner A, Shu E, **Horacek T**, Byrd-Bredbenner C. Beverages Sold in Vending Machines at Rutgers. New Jersey Dietetic Association Proceedings, New Brunswick., New Jersey, April 2011.

Horacek T, Phillips B, Herrick M, White A, Person A, Greene G, Quick G, Kattelman K, Shelnut K, Morrell J. Obesity Prevention: An Assessment and Comparison of 14 Campuses' Walk-Ability and Bike-Ability. American Dietetic Association FNCE Meeting, Boston, Massachusetts November 2010. *J Am Diet Assoc*, 2010;110(9):A89

Horacek T, Grimwade A, Bergen-Cico D, Decker E, Walsh J. Participatory Research with College Students Identifies Quality of Life and Stress as Key Issues for Obesity Prevention. American Dietetic Association FNCE Meeting, Boston, Massachusetts November, 2010. *J Am Diet Assoc*, 2010;110(9):A28

Erdman M, **Horacek T**, Phillips B, Guo W, Colby S, White A, Kidd T, Koenings M, Walsh J, Quick V, Greene G. Assessment of the Food and Eating Environment of College Campuses Using a Modified NEMS. American Dietetic Association FNCE Meeting, Boston, Massachusetts, November, 2010. *J Am Diet Assoc*, 2010;110(9):A24

Kidd T, Schrage A, Snyder C, **Horacek T**. Vending Machines Affect on Discretionary Calorie Consumption. American Dietetic Association FNCE Meeting, Boston, Massachusetts, November, 2010. *J Am Diet Assoc*, 2010;110(9):A53

Walsh J, White A, Byrd-Bredbenner C, Colby S, Esters O, Greene G, Hoerr S, **Horacek T**, Kattelman K, Kidd T, Nitzke S, Phillips B. Use of a multi-phase community assessment model to identify behavioral and environmental influences of obesity for young children. American Dietetic Association FNCE Meeting, Boston, Massachusetts, November, 2010, *J Am Diet Assoc*, 2010;110(9):A30

Byrd-Bredbenner C, Quick V, Weiner A, Shi E, **Horacek T**. University Food Environment: An Assessment of the Nutrient Density of Vending Machine Foods. American Dietetic Association FNCE Meeting, Boston, Massachusetts, November, 2010. *J Am Diet Assoc*, 2010;110(9):A52

Hamilton W, White A, Ouellette L, **Horacek T**. Use of a geographic information system to determine environmental support for healthful living on a northeastern university campus. American Dietetic Association FNCE Meeting, Boston, Massachusetts, November, 2010, *J Am Diet Assoc*, 2010;110(9):A22

Boyle-Dour C, **Horacek T**, Shoff S, Schembre S, Greene G, Kattelman K, Lohse B, Phillips B. Process Evaluation of Project WebHealth: Behavior Change Intervention for Obesity Prevention in Young Adults. American Dietetic Association FNCE Meeting, Boston, Massachusetts, November, 2010. *J Am Diet Assoc*, 2010;110(9):A91

Reznar M, Guo W, Long K, Lawson K, Murashima M, **Horacek T**, Hoerr S. Support for low-fat food choices at eating establishments on a large college campus. International Association for Behavioral Nutrition and Physical Activity Annual Meeting Proceedings, Minneapolis, Minnesota, June, 2010.

Horacek T, Byrd-Bredbenner C, Colby SE, Hoerr S, Johnson M, Kidd T Phillips B, Walsh J. Healthy Vending Snacks on 10 College Campuses: A Comparison of Nutrient Density Scores Experimental Biology, Los Angeles, California. April, 2010. *FASEB J*, 2010;24:746.7

Herrick M, Kattelman K, Wey H, White A, Hoerr S, **Horacek T**, Lohse B, Paterson J, Phillips B, Shoff S, Boyle C, and Greene G. Association Between Participant Baseline Characteristics and Time Spent on WebHealth Lessons. Society for Nutrition Education, New Orleans, Louisiana, July, 2009; *J Nutr Educ Behav*, 2009;41(4):S32-33.

Lohse B, Krall JS, Patterson J, Loken E, **Horacek T**. Challenges evaluating an online intervention to enhance eating competence of low-income women. American Dietetic Association Food and Nutrition Conference (FNCE) Denver, Colorado October, 2009. *J Am Diet Assoc*, 2009;109 (9 Suppl3):A-89

Lohse B, Stotts JL, Patterson J, **Horacek T**, Do M, White A, Greene G. Development of a web-based module about eating competence for low-income audiences. *FASEB J*, 2009; 23:552.1.

Horacek T, and Bower K. Description and Evaluation of ORANGE WRAP: Peer Nutrition Education Program. New York State Dietetic Association Meeting Proceedings. Rye, New York May, 2009.

Erdman M. and **Horacek T**. An Assessment Of The Eating And Food Environment Of College Students Using Modified Nutrition Environment Measures Surveys. New York State Dietetic Association Meeting Proceedings. Rye, New York May, 2009.

Horacek T. and Marco, A. Vending Machines on Campus: Are there healthy options? New York State Dietetic Association Meeting Proceedings. Rye, New York May, 2009.

Boyle C, **Horacek T**, Brann L, Raj S. Process Evaluation of Project WebHealth: An Online Non-diet Nutrition and Fitness Course for College Students. New York State Dietetic Association Meeting Albany, New York May, 2008.

Horacek T. and Grimwade A. Phase 1 Implementation of Participatory Research with College Students: Quality of Life and Obesity Prevention New York State Dietetic Association Meeting Albany, New York May, 2008.

Cole R. & **Horacek T.** Effectiveness of the “My Body Knows When” Intuitive Eating Non-Dieting Weight Management Program. American Dietetic Association Annual Meeting, Philadelphia, Pennsylvania Sept, 2007; *J Am Diet Assoc*, 2007;107(8):A90.

Cole R. & **Horacek T.** Applying PRECEDE-PROCEED to Develop an Intuitive Eating Non-Dieting Approach to Weight Management Program. Society for Nutrition Education Conference, ChicagoIllinois, July, 2007; *J Nutr Educ Behav*, 2007;39(4):S110.

Esters O, Oakland M, Phillips B, **Horacek T**, Greene G. Participation in a Stage-based Intervention to Increase Fruit and Vegetable Consumption: The Impact of Race on Attrition Rate. Society for Nutrition Education Conference, ChicagoIllinois, July, 2007; *J Nutr Educ Behav*, 2007;39(4):S109.

Lee SY, Greaney ML, Lees FD, White AA, Lohse B, Phillips B, Patterson J, Kattlemann K, Hoerr S, Dayton S, **Horacek T**, Greene G. Facilitators and barriers for maintaining healthy weight in male and female college students Society for Nutrition Education Conference, ChicagoIllinois, July, 2007; *J Nutr Educ Behav*, 2007;39(4):S85

Stotts J, Lohse B, Patterson J, **Horacek T**, White A, Greene G. Eating Competence In College Students Nominates A Non-Dieting Approach To Weight Management American Society of Nutrition Experimental Biology Annual Meeting, Washington, DC April, 2007. *FASEB J*, 2007;21: 527.6

Hubert M & **Horacek T.** Young adults’ preferences for Stages of Change-based nutrition educational materials. Society for Nutrition Education Conference, San Francisco, California July, 2006; *J Nutr Educ Behav*, 2006;38(4):S64.

Horacek T & Klopocka-Niemiec J, Low-fat eating behaviors are associated with a variety of health behaviors. Society for Nutrition Education Conference, San Francisco, California July, 2006; **J Nutr Educ Behav**, 2006;38(4):S64.

Greene G, Hoerr S, **Horacek T**, Kattlemann K, Lohse B, Patterson J, Phillips B, White A. College males and females participate in online study to identify similarities and differences in their food and physical activity behavior. International Society of Behavior Nutrition and Physical Activity Conference Proceedings, Boston, Massachusetts, July, 2006.

Edeal L, Koszewski W, Young L, Schnepf M, Betts N, Benes B, **Horacek T**. The Effectiveness of a Peer Nutrition Education Program. American Dietetic Association Food and Nutrition Conference (FNCE), *J Am Diet Assoc*. 2000;100 (10):A45

Horacek T, Georgiou C, Ma J. The effectiveness Of A Dietary Stages of Change Validation Interview. Society for Nutrition Education Annual Meeting, Baltimore, Maryland July, 1999; *J Nutr Educ*, 1999;22:57.

Horacek T, Betts N, Benes B. Personality and The Factors That Influence The Diets of College Students. Society for Nutrition Education Annual Meeting, Saint Louis, Missouri July, 1996; *J Nutr Educ*, 1996;21:43.

Horacek T, Benes B, Lewis N. Using The Myers Briggs Type Indicator To Improve Dietetic Students' Problem Solving And Counseling Skills. Society for Nutrition Education Annual Meeting, Washington, DC July, 1995; *J Nutr Educ*, 1995;20:29.

Horacek T, Betts N, Benes B. Basic College Nutrition Students' Dietary Habits And Personality. Society for Nutrition Education Annual Meeting, Washington, DC July, 1995; *J Nutr Educ*, 1995;20:6.

Abstracts/Oral Presentations

Horacek T, Dede Yildirim E, Kattelmann K, Koenings MM, Brown O, Colby S, Greene G, Hoerr S. Mediating relationship of gender, campus walkability/bike-ability, college students' physical activity attitudes and behaviors on their body mass index. Oral Presentation at ISBNPA June 3-6, 2015 Scotland

Kattelmann K, Greene GW, White A, Byrd Bredbenner C, Kidd T, Hoerr S, Colby S, **Horacek T**, Olfert M, Brown O, Koenings M, Phillips B, Shelnutt KP, Morrell J. Using the web to increase healthful meal behavior in young adults. Medicine 2.0'14 Summit & World Congress (Maui, Hawaii, United States) November 13, 2014.

Horacek T, Shane S, Raj S, Kattelmann K, Morrell J. Enhancing students' intercultural competence through short-term study abroad experiences. 90 min session presentation Society for Nutrition Education and Behavior Milwaukee, Wisconsin June 28-July 2.

Koenings MM, **Horacek TM**, Kattelmann KK, Byrd-Bredbenner C, Gurka M, Philips B, Olfert M. Vending machines, sugar-sweetened beverage (SSB) use and weight status of college students. Experimental Biology (Proceedings) April 2013. Boston, Massachusetts, United States. *FASEB J*. 2013;27:121.4.

Horacek T, Brown-Esters O, Byrd-Bredbenner C, Carey G, Colby S, Greene G, Hoerr S, Kattelman K, Kidd T, Koenings M, Olfert M, Phillips P, Shelnutt K, White A. Obesity prevention behavior and environment relationships on U.S. post-secondary campuses. International Congress of Dietetics Proceedings, Sidney, Australia September 2012

Colby S, Kattelman K, Green, G, White A, **Horacek T**. "Community Based Participatory Action Research: From People to Policy". 90 min session presentation Society for Nutrition Education and Behavior Proceedings, Kansas City, KS. July, 2011

Kattelman K, White A, **Horacek T**, Hoerr S, Welsh S. Greene G. A Non-Diet Curriculum for Obesity Prevention in Young Adults: Design and Outcomes. Society for Nutrition Education and Behavior Proceedings, New Orleans Louisiana, July, 2009.

Shoff S, Nuss E, **Horacek T**, Boyle C, Lohse B, Patterson J, Krall J, White A, Mathews D, Schembre S, Greene G. Sleep quality is associated with eating behavior in 18-24 year old college students Society for Nutrition Education and Behavior, New Orleans Louisiana, July, 2009; *J Nutr Educ Behav*, 2009;41(4):S8-9.

Horacek T, Erdman M, Middlemiss M, Smith C, Brann L, Raj S, Carter B, Hensel M, Cowart L, Inter-professional Learning Community: A method of teaching cultural, ethical and communication competence to dietetic and other health profession students through an interdisciplinary, service learning experience. Society for Nutrition Education and Behavior Conference, Chicago, Illinois, July, 2007; *J Nutr Educ Behav*, 2007; 39(4):S91.

Merchant J. & **Horacek T**. An exploratory study examining the influences on dark chocolate intake using the Theory of Reasoned Action, Society for Nutrition Education Annual Meeting, Orlando, Florida, July, 2005. *J Nutr Educ Behav*, 2005; 37:S10.

Horacek T. "Enhancing Client's behavior change process using Stages of Change and Motivational Interviewing." Mohawk Valley Dietetic Association Teaching Day, April 14, 2005.

Nitzke S, Kritsch K, Phillips B, Johnson G, Oakland MJ, Anderson B, Lohse B, White A, Hedstrom N, Hoerr S, Coleman G, Boeckner L, Betts N, **Horacek T**, Dayton S, Georgiou C, Schuster E. Greene G, Sebelia L, Stotts J. "Development of a new model to improve fruit and vegetable intake behaviors." Behavioral research on nutrition and obesity symposium, AAAS Annual Meeting Proceedings, Washington, D.C., Feb. 20, 2005.

Horacek T. "Graduate community nutrition class does a worksite feasibility study applying PRECEDE-PROCEED." Society for Nutrition Education Annual Meeting, Salt Lake City, Utah, July, 2004. *J Nutr Educ Behav*, 2004;36:S13.

Horacek T, Salomon J, Bergan-Cico D. "Three Stages of Change cluster groups describe executive military nutrition counseling clients." Society for Nutrition Education Annual Meeting, Salt Lake City, Utah, July, 2004. **J Nutr Educ Behav**, 2004;36:S21.

Horacek T. 'Student-Centered Learning: A Nutrition Counseling Experience'. Improving Student Learning in Dietetics Education. DEP Area VII Regional Meeting, Albany, New York, 2000.

Horacek T. 'How Precede-Proceed Was Applied To Develop Peernet: A Peer Nutrition Education Program' 31st Society for Nutrition Education Annual Meeting, Albuquerque, Minnesota, July, 1998; *J Nutr Educ*. 1998;38:055

Kotran T. 'Resident Assistant Information 1986-1987'. Regional Association for College and University Housing Officers Conference, Kansas City, Missouri, July, 1987.

Kotran T. 'Promoting Residence Hall Programs' Regional Association for College and University Housing Officers Conference, Kansas City, Missouri, July, 1987.

Kotran T. 'Residence Hall Security' Round Table Discussion, International Association for College and University Housing Officers Conference, Los Angeles, California, July, 1987.

Professional Organizational Memberships & Activities

Board of Editors

American Journal of Health Promotion, 2014-2018.
Journal of Nutrition Education and Behavior 2006-2011.

Ad Hoc Peer Reviewer

American Journal of Health Promotion
Appetite
BioMed Central (BMC) Public Health
Cases in Public Health Communications & Marketing
Health Education
Journal of Academy of Nutrition and Dietetics
Journal of Nutrition Education and Behavior
Journal of Public Health Research
Nutrition and Health
Nutrition Research
Patient Education and Counseling
Perspectives in Public Health
PLOS ONE

Preventing Chronic Disease
Public Health
Public Health Nutrition
Sleep Health
Topics in Clinical Nutrition

Research

North Central 12 State Regional Research, 1997-2020.

NC1028 Chair, 2010-2011.

NC219 Chair, 2002-03.

NC219 Secretary, 2004-05.

IFAFS grant Recruitment Chair 2002-2006

NRI Webhealth Grant, 2006-2010.

Curriculum chair, 2005- 2010.

Eating Competence subcommittee 2006-2010.

Research sub-project chair 2006- 2010.

NC1028 PRECEDE PROCEED Participatory Research Project, 2006-2011.

Leader, team member training, 2006

Chair of Methods committee, 2006-2010.

Chair of Environmental evaluation procedures and team 2008-2020.

Research Panel Reviewer, NP107 Human Nutrition, Agricultural Research Service, United States Department of Agriculture, 2005-2006.

Associations

Academy of Nutrition and Dietetics (formerly American Dietetic Association), 1993-current.

Dietetic Practice Groups:

Active: Nutrition Education for the Public.

Chair, Research & Evaluation, 1998-2003.

Reviewer, Outstanding Nutrition Education Award, 1998-2003.

Member: Environmental Nutrition, SCAN, Public Health Nutrition, Nutrition Entrepreneurs, Dietitians in Integrative and Functional Medicine

New York Dietetic Association, 1997-2020.

American Society of Nutrition, 2009-2019.

International Society of Behavioral Nutrition and Physical Activity, 2011-2019.

The Center for Mindful Eating, 2013-2019.

New York State Nutrition Council, 2001-2010.

Central New York Dietetic Association, 1999-2019, Co-chair, Professional Issues, 2001-02.

Society for Nutrition Education and Behavior, 1994-current.

Division of Higher Education (1998-current), Nominating Committee (1999-00).

Journal for Nutrition Education and Behavior, Committee (2012-2017), Chair (2014-2015),
Vice Chair (2013-2014).

Volunteer, SNE Annual Meeting in Baltimore, Maryland, July, 1999; SNE Annual Meeting in
Minnesota, July 1998.

Mentor, SNE Annual Meetings

Nebraska Dietetic Association, 1993-98.

Lincoln Dietetic Association, 1992-98.

Student Dietetic and Restaurant Management Association, 1992-94.

Association for Psychological Type, International and Cornhusker Chapter, 1989-99.

Invited Presentations/Consultation/Media Appearances

Horacek T. Consultant to Melissa Olfert in the design of WVU Italian Study Abroad Experience 2017-2018.

Horacek T. Sleep and Eating Competence important to Weight Management for College Students. Interviewed by Linda Cohen "HealthLink on Air."

Horacek T. Eating Disorders requires a team approach. Appeared on Bridge Street SYR Channel 9 November 4, 2015.

Horacek T. Treating Eating Disorders Requires a Team Approach Opinion-Editorial Published on Syracuse.com November 4, 2015 and in the paper November 12, 2015.

Horacek, T. Applications of PRECEDE PROCEED A Webinar for Rutgers' University graduate class Theories, Models and Concepts in Applied Nutrition, November, 2008, October, 2010, and October, 2014.

Horacek T. "Using Motivational Interviewing to Enhance Effectiveness of Integrative Nutrition/Functional Medicine" Lecture/Case study produced for NSD 600 Functional and Integrative Nutrition, Syracuse University, May, 2013.

Horacek TM, Erdman MB, Reznar ME, Olfert M, Brown-Esters ON, Kattelman KK, Kidd T, Koenings M, Phillips B, Quick V, Shelnutt KP, White AA. Evaluation of the Food Store Environment on and Near the Campus of 15 Post-Secondary Institutions. *Am J Health Promot.* Webinar, February 26, 2013.

Horacek T. "Lifestyles-Oriented Nutrition Counseling Using Motivational Interviewing" Webinar Chinese-American Dietetic Practice Group of Academy of Nutrition and Dietetics, January 31, 2013.

Horacek, T. Lifestyles-oriented nutrition counseling. Lady Irwin College, New Dehli, India. August 27th, 2012.

Horacek, T. Lifestyles-oriented nutrition counseling. National Conference on 'An Integrated Approach to Healing with Foods' Women's Christian College, Chennai, India. August 31st, 2012.

Horacek, T. Obesity Prevention: Assessing the environment to influence healthy behaviors. Annual Nutrition Seminar, South Dakota State University, March 26-27, 2012.

Expert reviewer, Home Styles Research Instrument and Media, Rutgers University, 2012-2013.

Horacek, T. Creation and implementation of a healthy campus environmental audit Falk College of Sport and Human Dynamics Research Center Brown Bag. December 9, 2011.

Expert reviewer American Dietetic Association counseling book The 15-Minute Consultation Fall 2011.

Horacek T. Byrd-Bredbenner C, and Quick G. Healthy Campus Research Consortium Walkability and Bikeability Web-training, Summer 2011.

Horacek T, Development and Testing of a Healthy Campus Environmental Audit and the LEAN Index Chancellor's Wellness Task Force, April 12, 2011.

Expert consultant and supervisor NSD 658 class Community-based Participatory Research in Syracuse agencies. Spring 2011-14.

Expert consultant and supervisor, NSD 461 class Community-based Participatory Research with Lowville to improve their school lunch offerings Fall 2010.

Expert consultant reviewer on Multiple Behavior Change Internet Program for Colleges SBIR – Phase II development of the liveWell program Pro-Change Behavior Systems, West Kingston, Rhode Island, 2009-2010.

Horacek T. “Implementation and Effectiveness of a Lifestyle-Oriented Nutrition Counseling Model” Center for Health and Behavior Seminar Series, February 20, 2009.

Horacek T. “Education/Counseling Theories in the Nutrition Care Process”. Dietetic Interns December 15, 2008.

Horacek T. “Life as a researcher”, NHM 680 Panelist, September 2008.

Horacek T. & Boyle C. ‘WEBHEALTH Overview of study and Evaluation Sub-study.’ New York State Nutrition Council, May 30th, 2008.

Horacek T. “Education/Counseling Theories in the Nutrition Care Process”. Dietetic Interns December 10, 2007.

Expert Consultant Reviewer, Eating Competence Curriculum for low-income audiences, Pennsylvania State University, 2007- 2008.

Horacek T. “Life as a researcher”, NHM 457 Panelist, October, 2007.

Horacek T. “Grant Writing”. Dietetic Interns December 4, 2006.

Horacek T. “Life as a researcher”, NHM 457 Panelist, October, 2006.

Horacek, T. “Scholarship in Action” Panel Presentation to Senate Academic Committee October 27, 2006.

Supervisor, Erdman M, Costello A. & six other students. Nutrition tables @ Health Fair, Fayetteville Elementary November 19, 2006.

Horacek T. MAX-Q Presentation “Eating Healthy in a Fast Food Society” Syracuse University. October 24, 2006.

Horacek T. PRECEDE PROCEED Training NC1028 research team, Fayetteville, New York September 27, 2006.

Horacek T. Staff to Staff, “What is your eating personality” February 2, 2006.

Guest, Women’s Voices with Linda Lowen “Flipping the Switch – Women and Weight Loss” WCNY January 6, 2006.

Research Panel Reviewer, NP107 Human Nutrition, Agricultural Research Service, United States Department of Agriculture, 2005-2006.

Organizer/supervisor, Nutrition Education, Harvest for Health, October 2005, 2006, 2007.

Organizer/supervisor, Mayfest Nutrition Education Posters; May 2005, April 2006, 2007.

Organizer/supervisor, Girl Scout nutrition education day, April 2005, 2006, 2007; November 2006.

Peer Reviewer, for Community Nutrition in Action: An Entrepreneurial Approach (4th Edition) Wadsworth, October, 2004.

Horacek T. Mohawk Valley Dietetic Association Meeting “Motivational Interviewing” April 14, 2005.

Interviewed, Regarding McDonald’s decision to cut the SuperSize Channel 10 @ March 2005.

Horacek T. & eight Nutrition volunteers. Wellwood Wellness Challenge. 2004-2005.

Horacek T. Undergraduate Studies Staff Development Day. “Eating Healthy in a Fast Food Society” Syracuse University. June 17, 2004.

Horacek T. Mono C. and Hubert M. Strawberry Festival. “Eating Healthy on the Run and Choosing Snacks Wisely”. Syracuse University. June 11, 2004.

Horacek T. et al. “Heifer Project International- Overlook Farm Visit Update” Fayetteville United Methodist Church. Adult Forum, November 16, 2003.

Organizer/participant, Heifer Project International Training Farm, (took 4 students), Rutland Massachusetts, October, 2003.

Horacek T. “Nutrition Update” Fayetteville Manlius – Home Economics Teachers August 27, 2003.

Quinn L. and **Horacek T.** “Obesity Prevention of Central New York Children” WCNY Hour TV Interview June 2003.

Horacek T. New York Senate Testimony “Bills related to Obesity Prevention” June, 2003.

Horacek T. “Dietary quality of low-income populations”. Habitat for Humanity, March 1, 2003.

Horacek T. Professional review and revision of International Nutrition Booklet for Heifer Project International, March, 2003.

Horacek T. 'Nutrition Research and Practice: 'What is the Relationship between Children's Quality of Life and Dietary Quality? Creatively Guiding Your Children's Eating Habits.' Fayetteville United Methodist Church, Adult Form, Fall 2002.

Queen B. and **Horacek T.** 'Heifer International' Global Health Poster Session, College of Human Services and Health Professions, April 26, 2002.

Horacek T, Wilde M, Queen B, McAdams R. 'The Welfare Poverty Simulation' Poster presentation, Inside Syracuse University, January 26, 2002.

Horacek T. "World Hunger And Heifer International', Fayetteville United Methodist Church Adult Forum, December 16, 2001 & Sunday School, December 2, 2001.

Horacek T. and student volunteers Worksite Wellness Health Fair, Edgcomb Metals, Liverpool, New York. November 14, 2001.

Horacek T, Middlemiss, M, Ricardo P. 'A Nutrition Expedition' HSHP Explorers Post, November 8, 2001.

Horacek T. 'Nutrition Education and Counseling' Dietetic Interns, Syracuse University, 1997-current.

Horacek T. College of Human Services and Health Professions and College for Human Development Fall Fridays and Admissions meetings 1999-current.

Introductory Speech for Dean Pollard, April 2002.

Interviewed and featured for a 'Goal Setting: The Power to Change' Practice Point article J Am Diet Assoc 2001;101(5):566.

Horacek T. 'Creatively guiding your children's eating habits' Stonehedge Elementary Parent Teacher Association, Syracuse, New York, March 13, 2001.

Horacek T. 'Nutrition & Cardiovascular Disease Prevention' National Security Studies Program. Fall 1998-00.

Horacek T. 'MBTI and Management applications' to interns and nutrition seniors, Syracuse University, 1998-00.

Horacek T. & Bruening K. 'Didactic Program in Dietetics self-study' and coordinated the Commission on Accreditation of Dietetics Education, American Dietetic Association (CADE-ADA) site visit, 2000.

Horacek T. & Middlemiss, M. 'Nutrition and Nursing' College of Nursing Explorer Post March 30, 2000.

Peer Reviewer, for Basic Nutrition Counseling Skills Development: Guide To Lifestyle Management. Wadsworth, January 2000.

Horacek T. Faculty Speaker, 'Qualities of Youth' Remembrance Scholarship Convocation. November 12, 1999.

Horacek T. and student volunteers. Functional Food Happy Hour: Tasting and education experience for National Securities Studies Program Participants, October, 1999.

Horacek T. 'Functional Foods' Summer Preview, Syracuse University, July 1999.

Horacek T. 'Do you know your type' Syracuse University Alumni Meeting, June 1999.

Horacek T. 'Changing your ways: Making dietary changes that enhance your health and last' which included a dinner and cookbook, Fayetteville United Methodist Church, October, 1998.

Horacek T. 'Getting off the diet roller coaster' Fayetteville United Methodist Church, May 1998.

Peer reviewer, for Boyle M. & Morris D. Community Nutrition in Action West/Wadsworth, June, 1998.

Horacek T. 'How Precede-Proceed was applied to develop PeerNET: A peer nutrition education Program' Poster presentation College for Human Development Faculty retreat, Syracuse University, May 1998.

Horacek T. 'A summary of the Welfare Simulation: Could you live in poverty?' Parent Council/Advisory Board College for Human Development, Syracuse University, April 1998.

Horacek T. 'Stages of change: Making dietary changes that last' University United Methodist Church, Syracuse, New York, December 1997.

Horacek T. 'Enhancing your effectiveness as a change agent' Central New York Dietetic Association, Dewitt, New York, November 1997.

Horacek T. 'Enhancing your effectiveness as a change agent' Lincoln Dietetic Association, Lincoln, New York, June 1997.

Mentored seven students for two oral presentations for the Undergraduate Research Symposium, University of Nebraska, 'Development of PeerNET Presentations' & 'Effectiveness of PeerNET' April 1997.

Supervised and facilitated the development of two student poster presentations for Nebraska Dietetic Association, 'Development of PeerNET Presentations' and 'Effectiveness of PeerNET' April 1997.

Fischer JA. and **Horacek T.** 'Healthy Weight Management' Inservices, Lincoln/Lancaster Employees, Spring 1997.

Horacek T. 'Improving the outcomes of nutrition therapy using Stages of Change' Lincoln Dietetic Interns, University of Nebraska, March 1997.

Horacek T. 'Program Planning with Precede-Proceed' & 'Nutrition Education Theories', lectures, Community Nutrition: NSD 456A/856A, University of Nebraska-Lincoln, Spring 1996-97

Horacek T. 'Assessing & Documenting Clients' Readiness to Learn & Behavioral Changes' Multi-Skilling Class for Dietitians, University of Nebraska, October, 1996.

Horacek T. 'Evaluating Nutrition Information', lecture, Graduate Satellite TV Contemporary Nutrition, NSD 800, University of Nebraska-Lincoln, Fall 1995.

Horacek T. 'Myers Briggs Type Indicator & Your Work Relations' Seminars Lincoln General Dietetics and Food Service Staff, Fall 1995.

Horacek T., and Toledo K. 'Nutritional Implications for Lead Poisoning' brochure, Lincoln/Lancaster County Health Department, Spring 1995.

Horacek T. 'Bean Healthy' with food sampling and cookbook. Lincoln General Hospital, March 1995.

Horacek T. and Fischer JA. 'Weight Management' assessment tools, Lincoln General Hospital, Spring, 1995.

Horacek T. 'Myers Briggs Type Indicator Counseling and Management' training Lincoln AP4 Class, University of Nebraska, March 1994.

Horacek T. 'Supermarket Survival' slide presentation, University of Nebraska, 1994.

Horacek T. 'Legume and yogurt cooking classes', Wilber-Clatonia Adult Continuing Education, Oct-Nov 1993.

Horacek T. 'Using the Myers Briggs Type Indicator for Dietetic Counseling', Applied Clinical Nutrition, NSD 454/854, University of Nebraska, Fall 1993-94

Horacek T. 'Using the Myers Briggs Type Indicator in Management', Foodservice Management, NSD 473/873, University of Nebraska-Lincoln, Fall 1993-1996; & Spring 1996-97

Horacek T. 'Low literacy nutrition modules: A tool for public health nurses', Lincoln/Lancaster County Health Department, July 1993.

Facilitated approximately 100 MBTI basic interpretation sessions for educational, business, and social groups between 1990-2000.

Service

Service to the Department

Chair, Tenure and Promotion Committee, Department of Nutrition and Food Studies 2019-2020.

Chair, Interim, Department of Public Health, Food Studies and Nutrition, Spring 2018.

Director, Undergraduate Nutrition Programs, 2015-2018.

- Recruit/facilitate hiring/training faculty for adjunct and emergency positions.
- Emergency coverage for NSD 654 class for five weeks fall 2016.
- Encouraged more faculty to offer summer courses.
- Designed and taught first demonstration class to use ACE Center.
- Encouraged faculty to develop/revise seven classes to use ACE Center. (Demonstrations/Assessments) and two for the commercial kitchen.
- Collected data and input from faculty to design our Middle States Accreditation Nutrition Science undergraduate and graduate program objectives/ started collecting data.
- Collaborate to write and produce the Annual Nutrition @ SU Newsletter (doubled in size)
- Collaborated to produce three videos to market the MS, BS, & Nutrition ACE Center.
- Collaborate to organize Ann Sekowitz Litt Annual Distinguished Lecture speaker events.
- Collaborate to produce the Joan Christy Lecture speaker/food demonstrations.
- Collaborated to plan & execute FNCE meeting and alumni reception in Boston, Massachusetts Oct, 2016.
- Collaborated with Lynn Brann and colleagues to implement our 100 Year Celebration 2017.
- Acquired additional advisees (given faculty issues & leaves).

- Have numerous meetings/calls regarding student/faculty issues as the program representative.
- Liaison to Center for Community and Public Service for our NSD community service programs and independent volunteer efforts; specifically advise Books and Cooks volunteer program.
- Facilitate program meetings, represent program in fall and spring receptions.
- Evaluate and encourage administrative assistant and staff.
- Coordinated faculty to develop & implement ACE Center Policies and procedures until 8/2016.
- Member, Kitchen Cabinet Meetings.
- Mentored five outstanding undergraduates for Falk/Syracuse University Scholar applications.
- Mentored Syracuse University Scholar applicant.
- Designed and implemented new undergraduate teaching assistant program.

Member, Graduate Committee, Department of Nutrition Science and Dietetics, 1998-2020.

Member, NSD Dietetics Advisory Board, 2000-2019.

Chair, Search Committees for Nutrition Faculty, (9 total) 2013-2014, 2017, 2017-2018, 2019-2020.

Developed and coordinate, ORANGE WRAP: OutReach And Nutrition Group Education by Wellness Responsibility Advocating Peers. 2005-2014.

Member, Tenure and Promotion Committee, Department of Public Health, Food Studies and Nutrition 2011-2013.

Member, Public Health, Food Studies and Nutrition Department Curriculum Committee, 2012-2014.

Chair, Food Studies Faculty Search, Falk College of Sport and Human Dynamics 2011-2012

Member, Didactic Program Director Search Committee, Department of Nutrition Science and Dietetics, Spring 2011.

Hired, sponsor (2008-2009) and supervised, Nutrition Volunteer Coordinator 2008-2011.

Member, Assistant Professor Search Committees, Department of Nutrition Science and Dietetics, College of Human Ecology, 2008, 2010.

Member, Tenure and Promotion Committee, Department of Nutrition Science and Dietetics, 2007-2010.

Volunteer and coordinate student volunteers for Samaritan Center, Living Room, Grant Middle School, Senior Dining, and Meals on Wheels, 2007-2008

Kunz C, Faiola, and Horacek T. Developed the Eating Well Italy class NHM 300, Fall 2006.

Member, Promotion Committee, Department of Nutrition and Hospitality Management, 2005-2006.

Coordinator, Nutrition Strategic Plan Document, Dept NHM, Syracuse University, 2004-2006.

Coordinator, New Fall and Spring Nutrition Schedules, Dept NHM, Syracuse University, 2004, 2006

Coordinated and supervised the provision of nutrition counseling services to the Native American Services Agency population, Spring 2002.

Consultant and coordinated the NHM 600 data collection efforts for Worksite Wellness Feasibility Study for Edgecomb Metals, Spring, 2002.

Member, Assistant Professor Search Team, Department of Nutrition and Hospitality Management, Spring 2001; 2002-03.

Coordinated counseling services for National Security Studies Program. Coordinated and supervised 10 dietetic interns and seven NFM students counseling activities for 28 participants. Fall, 1998; expanded service to accommodate 35 participants Fall 1999; and expanded to accommodate 50 participants, Fall 2000.

Supervised, the collection of satisfaction surveys and provision of nutrition education lessons, Congregate Meal Program, Syracuse, New York Fall 1998-99.

Service to the College

Member, Seed Grant Review Committee Falk College, Spring 2011, 2012, 2014-2020.

Member, Program Review Committee, 2017-2019.

Member, Promotion and Tenure Committee, Falk College, Syracuse University, 2017-2018.

Member, Syracuse University Scholar Committee, Falk College, 2013-2018.

Member, Grievance Committee, Falk College, 2014-2016.

Member, Curriculum Committee, Falk College Spring 2014.

Member, Food Studies & Public Health Searches Committee, Department of Public Health, 2010-2011.

Chair, Faculty Council, College for Human Ecology 2010-2011.

Member, Faculty Council, College for Human Ecology 2008-2011.

Member, HSHP Freshmen Forum Planning Committee, 2001-2010.

Member, Tenure and Promotion Committee, College for Human Ecology, Syracuse University, 2004-2006; 2007-2009.

Horacek T, Jaffe K, and Morano R. Developed the Inter-professional Montreal Learning Experience HSHP 300, Spring 2006.

Member, HSHP Health and Wellness Major Planning Committee, Syracuse University, 2004-2005.

Member, Inter-Professional Learning Community Planning Committee, College of Human Services and Health Professions 2002-2005.

Member, HSHP Welfare Poverty Simulation Committee, College of Human Services & Health Professions Syracuse University, 2004.

Chairperson, Welfare Poverty Simulation Committee, College of Human Services & Health Professions 2000-2002. Events: November 5 and 11, 2000; November 11, 2001; November 3, 2002.

Member, Faculty Council, College of Human Services and Health Professions, 2001-03.

Member, Vision Fund Committee, College of Human Services and Health Professions, 2001.

Member, Clinical space sub-committee, College of Human Services and Health Professions, 2001.

Member, Transition Undergraduate Curriculum Committee, College of Human Services and Health Professions, Spring 2001.

Member, Research and Graduate Affairs, College for Human Development, 1999-2001. Chair, 2000-01.

Member, Curriculum Committee, College for Human Development, 1997-00.

Coordinated and conducted, Welfare Simulation, Syracuse University, March, 1998; expanded to include Social Work students and a meal representative of the Thrifty Food Plan, October, 1998.

Service to the University

Chair, Dissertation Defense for School of Education December 2017.

Member, Chancellor's Citation Committee, Syracuse University, 2012-2013.

Member, Wellness Advisory Committee, Syracuse University, 2005-2013.

Member, Chancellor's Healthcare Advisory Committee, Syracuse University, 2004-2012.

Julita Klopocka-Niemiec J, & Horacek T Health Insurance Coverage of Nutrition Services. Report to HCAC 3/29/06.

Horacek T. 'Why cover MNT?' Presentation to HCAC 4/5/06.

Member, Healthy Campus Initiative, Syracuse University, 2004-2011.

Member, Chancellor's Wellness Task Force, Syracuse University, Fall 2010-2011.

Member, Study Abroad Florence Director Search Committee, Syracuse University, Summer 2010.

Presenter, Mary Ann Shaw CPCS Community Partners Meeting June 7, 2010.

Member, University Senate, Syracuse University 2000-03, 2005-08.

Member, Senate Sub-committee on Faculty and Staff Relations, 2001-08. (Co-Chair 2007-2008).

Member, Healthy Monday Program Coordinator Search Committee, Newhouse, Syracuse University, Summer 2009.

Member, Director of Recreation Services Search Committee, Syracuse University June-October 2007.

Member, Recreation Services Advisory Council, Syracuse University, 2004-07.

Member, Registered Dietitian Search Committee, Syracuse University, Summers 1998-99 and 2006.

Member, Remembrance Scholarship Selection Committee, Syracuse University, 1997-00; 2005-06.

Speaker, Remembrance Scholarship Convocation: Faculty Representative, November 12, 1999.

Member, Wellness Leadership Task Force, Syracuse University, 2005.

Consultant, Nursing Student Master's Thesis, Syracuse University, 2000.

Member, Health Center Wellness Committee, Syracuse University, 1997-00.

Nutrition Counselor, Syracuse University Health Center, September-October 1999.

Served as a New Faculty representative for the Middle States accreditation review, Syracuse University, October, 1998.

Other Service

Volunteer, Ten Thousand Villages, Fort Collins, Colorado, 2020-current.

Volunteer, Chadwick Residence, Syracuse New York, 2017-2019.

Member, 100 Women Who Care, Syracuse, New York 2018-2019.

Supervising a High School student, Aliza Hackmeyer, through a research experience 2017-2019.

External Reviewer for Tenure candidates, 2017-current.

Horacek T, Simon M, Hayashi Neto D, Mullin M, Deinhart MJ, Purposeful Plant-based Eating for Cancer Risk Reduction: A Recipe Demonstration and Tasting for Pathfinders March 22, 2016. Assessment and Consultation Education (ACE) Center, Falk College.

Horacek T, Erdman M, Johnston M, Baker A, Simon M Rockett K, Hayashi Neto D, Mullin M, Deinhart MJ, Yumi Kajiya J, Marques Santos G Purposeful Plant-based Eating for Cancer Survivors and Cancer Risk Reduction: A Recipe Demonstration and Tasting March 9, 2016. Assessment and Consultation Education (ACE) Center, Falk College.

WOOF (World-wide Organization for Organic Farming) Perugia Italy, May, 2015.

Nutrition Counselor, Nssp clients, Syracuse University staff and the community 1997-2020.

Volunteer, Samaritan Center, Syracuse New York, 2000-2011.

Volunteer, Grindstone Farms Pulaski, New York 2007, 2011.

Volunteer, Mensa, Reading Program and School Mensa, Syracuse University Florence, 2009.

Participant, Task Force for Changes, Syracuse University Florence, 2009.

Member, Parish Staff Relations Committee, Fayetteville United Methodist Church, 2001-2005.

Member, Heifer International Committee, Fayetteville United Methodist Church, 2001-2005.

Organizer, Guatemala Mission Trip Fund Raiser, United Methodist Church, 2004-2005.

Organizer, Heifer Project International Read to Feed Program, Central New York Region, 2004.

Judge, "Taste, Face and Place of New York Farms" State Fair Photo Contest. 2001-02.

Volunteer, Vacation Bible School, Fayetteville United Methodist Church, 1998-99, 2001-02.

Community Service Project at Brown Stone Memorial Church, 2001.

Volunteer, Nutrition Counseling Services auctioned off to support Hendrick's Chapel Student Services, Spring, 1999-01.

Consultant, SUNY Osteoporosis Study, Spring 2000.

Member, Advisory Board, Just Say Yes to Fruits and Vegetables, New York, 1999. Reviewed Food Pantry Provider Fruit and Vegetable Manual, 1999.

Volunteer, Weekly Reading aid, Fayetteville Elementary school, 1998-99.

Consultant, Dietary research Susan Berger, Cazenovia College Health Center, April, 1998.

Volunteer, Eastern Migrant Workers Farm Association, Syracuse, New York, 1998.

Consultant, Residence Life Stages of Change Dietary Research, Pam Edwards, University of Nebraska Food Services, 1997-98.

Leader, Peer Nutrition Education Program implementation, University of Nebraska, 1996-97.

Nutrition Counselor, University of Nebraska-Lincoln, Spring 1993.

Chaired, Speech Communication 311 Test Committee, Department of Speech Communication, University of Nebraska, 1989-90.

Member, Interdisciplinary Studies Planning & Teaching Team, Doane College, Fall, 1988.

Member, Academic Advancement Team, Doane College, 1987-89.

Counselor, Pennsylvania State University, Peer Counselor Program, 1985-86.

Professional Development

Student, Making the Healthy Choice the Easy Choice Policy System Evaluation Course, Cornell University, August 2019.

Student, Instructional Design and Evaluation (three courses), Syracuse University, 2019.

Participant, Assessment Network of New York Conferences, Albany, New York April, 2019.

Participant, Diversity Leadership Meeting, Syracuse University, September 18, 2018.

Participant, Best Teacher Institute, West Orange, New Jersey June 26th-28th, 2018.

Member & Participant, Assessment Network of New York Conferences, Syracuse, New York April, 2018.

Participant, Healthy Communities Forum, Syracuse New York April 4, 2018.

Participant, Food as Medicine Summit, New York City November 30, 2017.

Participant, Assessment Workshops, Syracuse University, (3-4 per year) 2016-current.

Participant, Food Studies Conference Perugia, Italy June, 2016.

Participant, Society for Nutrition Education and Behavior Annual Meeting Pittsburgh, Pennsylvania. July, 2015.

Participant, International Society of Behavioral Nutrition and Physical Activity Meeting Edinburgh, Scotland June, 2015.

Participant, Food as Medicine Training, The Center for Mind-Body Medicine & The University of Minnesota, Krupalu, Stockbridge, Massachusetts September, 17-21, 2014.

Participant, Food and Nutrition Conference and Exhibit Annual Meeting, Houston, TX, October 22-25, 2013.

Attendant, Staying: Turning Towards What Is Difficult the Center for Mindful Eating, Webinar, September 9, 2013.

Attendant, How to teach kids to cook, Webinar August 27, 2013.

Attendant, The Digital Difference ... Engaging Students, Increasing Productivity, and Impacting Success. CENGAGE Learning Webinars, August 20, 2013.

Participant, Society for Nutrition Education and Behavior Annual Meeting Portland, Oregon. August 9-13, 2013.

Attendant, From Ice Breakers to Topic Starts CENGAGE Learning Webinars, August 6, 2013.

Participant, Dietitians in Integrative and Functional Medicine – Nutritional Physiology is All about Structure and Function: A Novel View of Assessment. Webinar, July 18, 2013.

Participant, International Society of Behavioral Nutrition and Physical Activity Meeting Ghent, Belgium May 23-27, 2013.

Participant, New York State Dietetic Association Meeting. Rochester, New York May 4, 2013.

Participant, Grant Dynamo Online Grant Writing Course Spring, 2013.

Participant, Academy of Nutrition and Dietetics Food and Nutrition Conference and Exposition, Philadelphia, Pennsylvania October 2012.

Participant, International Congress of Dietetics Proceedings, Sidney, Australia September 5-9, 2012.

Participant, Technology Summit, Syracuse University, August 6-10, 2012.

Participant, New York State Dietetic Association Meeting Proceedings. Albany, New York May, 2012.

Attendant Functional Medicine Nutrition Workshop. Central New York Dietetic Association. Syracuse, New York April 20, 2012.

Attendant, Southeast Asia Health Care Conference. Syracuse, New York March 30, 2012.

Attendant NIH R15 Grant Opportunities, Syracuse University January 6, 2012.

Attendant, Infomatics Central New York Dietetic Association. Syracuse New York September 14, 2011.

Student, Italian 101-102 Fall 2009-Spring 2010, 200 Fall 2011.

Participant, Society for Nutrition Education Meeting, Kansas City, Missouri July, 2011.

Attendant Cynthia Sass Nutrition Presentation, Department of Nutrition Science and Dietetics. March 3, 2011.

Attendant Eric Schlosser 'Fast Food Nation' Syracuse University. March 1, 2011.

Participant, American Dietetic Association Food and Nutrition Conference and Exposition, Boston, Massachusetts November, 2010.

Attendant, Michael Pollan. 'In Defense of Food, Is Nutritionism Making us Sick?' October 5, 2010.

Attendant, Marion Nestle "Public Health and the Obesity Epidemic" September 14, 2010.

Attendant Central New York Dietetic Association Professional Development Presentation. NuVal, June 2010.

Participant, Elvira Johnson, "Take Charge and Quantify your Worth: Practical Outcomes Management in Nutrition Care" May 12, 2010.

Participant, Experimental Biology, Los Angeles, California. April, 2010.

Attendant, "Elderberry Pond Organic Community Supported Agriculture" April 16, 2010.

Attendant, Alex Steffen "World Change: A User's Guide" March 2, 2010.

Attendant, Mohammad Yanus "Creating a World without Poverty" February 23, 2010.

Participant, New York State Dietetic Association Meeting Rye, New York May, 2009.

Participant, ADA Online Public Policy Workshop, Spring, 2009.

Participant, New York State Dietetic Association Meeting Albany, New York May, 2008.

Participant, Dietetic Educators of Practitioners Meeting Albany, New York April, 2008.

Invited Participant, Meredith Professor Roundtable discussion regarding engaging students and measuring student outcomes, Syracuse University, November 8, 2007.

Participant, American Dietetic Association Food and Nutrition Conference and Exposition, Philadelphia, Pennsylvania Sept, 2007.

Participant, Society for Nutrition Education Conference, Chicago Illinois, July, 2007.

Participant, Dietetic Educators of Practitioners Meeting Albany, New York April, 2007.

Participant, Society for Nutrition Education Conference, San Francisco, California July, 2006.

Participant, NYU Mediterranean Diet Conference with Tuscany gastronomical tour Florence, Italy 5/21/-5/30/06.

Participant, Dietetic Educators of Practitioners Meeting Albany, New York April, 2006.

Participant, ADA Public Policy Workshop, Washington, DC March 13-15, 2006.

Participant, Interdisciplinary Travel Seminar, Syracuse University, 2005-2006.

Participant, Mindfulness-based Stress Management Class, Fayetteville New York, April-June 2005.

Participant, Dietetic Educators of Practitioners Meeting Albany, New York April, 2005.

Participant, Focus on Teaching/CSTL Seminar: creating an online learning community, April 22, 2005.

Participant, SCAN: Sports Nutrition and Eating Disorders Practice Group Annual Meeting and Motivational Interviewing training pre-conference, Charleston, SC, March 10-13, 2005.

Participant, New York Legislative Advocacy Day, (took 2 students) March 8, 2005.

Participant, Big Chalk, Syracuse University, May-2004- May 2005.

Participant, five of Focus on Teaching/CSTL Seminars: student assessment, student engagement, responding to writing, using student ratings, and interactive teaching using PP, 2004.

Participant, Food Bank of Central New York Conference. September, 2004.

Participant and Presenter, Society for Nutrition Education Conference, Salt Lake City, Utah, July 17-21, 2004.

Participant, Dietetic Educator Practice Group Area VII Annual Meeting, Latham, New York April 5-6, 2004.

Participant "Developing Healthy Body Image: The Primary Prevention of Eating Disorders- Kathy Kater, LICSW" The Mental Health Association of Onondaga County. November 7, 2003.

Participant, American Dietetic Association Annual Meeting, San Antonio, TX October 25-28, 2003.

Participant, "Teach them to Fish" Food Bank of Central New York Conference. September 29, 2003.

Worked with curriculum consultant Judith Obrien-Grunert. Center for the Support of Teaching and Learning, August 2003.

Participant, Current Issues in Nutrition: Overweight Issues in Childhood, Role of Environment and Community. June 13, 2003.

Participant, Dietetic Educator Practice Group Area VII Annual Meeting, Burlington, VT April 8-10, 2003.

Participant, American Dietetic Association Annual Meeting, Philadelphia, Pennsylvania October 19-22, 2002.

Participant, Faculty Computing and Media Services Black Board Pilot, 2002-03:

Attended training for Assignments on line, Quizzes & Discussions; Summer 2002.

'Using the Web in the classroom: How to put it together'. April 11, 2002

Participant, Central New York Dietetic Association Professional Development Presentations:

Kurlandsky, S. 'Supplement Savvy: Dietary Supplements in the United States- Nutrition Research for Profit meets a Hyperactive Media: Resources for Nutrition Professionals to Counterbalance Misinformation'. June 19, 2002.

Salomon, J. 'Medical Nutrition Therapy for Polyovarian Cystic Syndrome and Fibromyalgia', January 16, 2002.

Burke, D. 'Starting Your Own Business', December 4, 2001.

Raj, S. 'Multicultural Nutrition', dinner and presentation, November 5, 2001.

McCasland, D. 'Diabetes Update', September 12, 2001.

Participant, Food Play, New York State Nutrition Council, May 30, 2002.

Participant, Global Health Initiative Events, College of Human Services and Health Professions:

Poster Session and International Luncheon, April 26, 2002.

Breakfast and Panel Discussion, February 11, 2002.

Participant, Syracuse Healthy Start- Racial Disparities in Health Summit, Syracuse, New York April 16, 2002.

Participant, 'The Ins and Outcomes of Nutrition' Dietetic Educators of Practitioners Area VII Meeting, Warwick, Rhode Island. April 8-9, 2002.

Participant, Legislative Update, Onondaga Department of Aging and Youth, Native American Service Agency, February 15, 2002.

Participant, Syracuse University Focus on Teaching Luncheon Series:

'How Faculty Cope with Stress', February 6, 2002.

'Reflecting on Service Learning Pedagogy', November 8, 2001.

Participant, Heifer International Educational Farm, Rutland, Massachusetts, September 15, 2001.

Student, EDU 784 Group Counseling, Summer 2001.

Participant, 'Adolescent Nutrition Issues', University of Rochester Medical Center, Rochester, New York June 7, 2001.

Participant in 80% of the Office of Sponsored Programs Grant Writing Seminars, Spring, 2001.

Participant, 'TANF-The Politics of New York State's Welfare to Work Reform: The Rocky Road from Federal Policy to Local Implementation', School of Social Work, November 2000.

Participant, Central New York Dietetic Association Professional Development Presentations:

'Sensory Delights: An experience in Taste and Smell', November 2000.

DeCamp, M. 'Negotiation for Satisfaction', May 2000.

Participant, 'Career Development in a Multicultural World', Syracuse University Career Practitioners Group, September 2000.

Participant, "A Symposium on Biotechnology and Food", Cornell Cooperative Extension, June 2000.

Participant & Presenter, 'Improving Student Learning in Dietetics Education', Area VII Dietetic Educators of Practitioners 2000 Regional Meeting, April 2000.

Participant, 'Problem Based Learning and Teaching Critical Thinking', College for Human Development Retreat, December 1999.

Participant, Focus on Teaching Seminars:

'Technology's Effect on Social Aspect of Teaching' October 1999.

'Using writing to stimulate active learning' February 1999.

'Supplemental Instruction', October 1998.

Participant, 'Continuous Improvement in the Classroom', SUIQ, September 1999.

Participant and sponsor of five graduate students at International Life Sciences International: Policy

Seminar 'National Nutrition Monitoring System' April 1999.

Participant, Computer training through FACCS: Power Point, Netscape Communicator and the Web, The Net & the Web, Power Point and the Web, Web Page Design, Photo-shop, & Designing Quizzes for the Web. (Summer-Fall,1998)

Participant, Proposal Writing Workshop - Office of Sponsored Programs March & April 1998.

Participant, New Faculty Workshops:

'Active Learning Strategies', October, 1998.

'Where to find help for students', September, 1998.

'Faculty share creative approaches for teaching and learning', March, 1998.

'Prevention and responses to sexual harassment', October, 1997.

'Professor McKeachie's discussion on Teaching Tips', September 1997.

Participant, Focus on Teaching Seminar:

'Faculty approaches for web-based instruction', April, 1998.

'Where and How to get support for research and creative activities', March, 1998.

'Increasing students; involvement in class and finding out what they are learning', February, 1998.

'Turning Students On Teaching Today's Learners' October, 1997.

Participant, Multi-Media in the Classroom Seminar, University of Nebraska, January 1997.

Participant, Critical Thinking Seminar, University of Nebraska, January 1995.

Participant, Collaborative Learning Seminar, Council of Independent Colleges, Omaha, NE, June 1993.