

Bryce Hruska, Ph.D.

Assistant Professor - Department of Public Health, Food Studies and Nutrition

Falk College of Sport and Human Dynamics, Syracuse University, 444E White Hall,
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Education

2014 - Kent State University, Kent, Ohio, Ph.D., Experimental Psychology; Minors:
Quantitative Methods, Health Psychology

2011 - Kent State University, Kent, Ohio, M.A. Experimental Psychology

2007 - The University of Akron, Akron, Ohio, B.A., Psychology; Minor: English

Professional Positions

2017-Present, Assistant Professor, Public Health, Food Studies and Nutrition, Syracuse
University, Syracuse, NY

2017-2018, Research Assistant Professor, Public Health, Food Studies and Nutrition,
Syracuse University, Syracuse, NY

2015-2017, Postdoctoral Researcher, Public Health, Food Studies and Nutrition, Syracuse
University, Syracuse, NY

2014-2015, Postdoctoral Fellow, Vermont Center on Behavior and Health, University of
Vermont, Burlington, VT

Honors and Awards

American Psychosomatic Society Citation Poster, 2016

NIDA Director's Travel Award, 2015

University Fellowship Award, Kent State University, 2013

Equipment Resource Award, Kent State University (20 Personal Digital Assistants), 2011

Published Student Paper Award, Kent State University, 2011

Psychology Travel Grant, Kent State University, 2009-2013

Domestic Travel Grant, Kent State University, 2008-2013

Charles E. Bulger, PhD & Esgar Bowen Foltz, MD Endowed Scholarship, 2006

Honors Recognition Scholarship, The University of Akron, 2003-2007

National Residence Hall Honorary Recognition for Outstanding Leadership Service, 2004

Evan B. Brewster, Jr. Scholarship, 2004

National Society of Collegiate Scholars' Merit Award, 2004

Pride One Construction Scholarship, 2003

Westfield Bank, Inc. Scholarship, 2003

Grant Funding

External

Vacations, Stress, and Physical Health. National Institute of Occupational Safety and Health. \$1,937,162. 2018-2022. Role: Co-Principal Investigator. Impact Score 44; Percentile: 47. Unfunded.

Youth First (YF): An Eco-Behavioral Model to Maximize Positive Youth Outcomes. National Institute of Justice. \$199,998. 2018-2021 Role: Co-Investigator. Unfunded.

Provider Behavioral Counseling Training to Improve Breast Health Outcomes Among Patients Diagnosed with Breast Cancer. New York State Department of Health. \$270,000. 2017-2020. Role: Co-Investigator. Unfunded

Internal

The Daily Assessment of PTSD Symptoms and Alcohol Use in Recent Injury Victims. Kent State University. \$1,800. 2012-2013. Role: Co-Principal Investigator.

Understanding the Relationship Between PTSD Symptoms and Alcohol Use in College Students: Application of the Stressor-Vulnerability Model. Kent State University. \$1,000. 2010-2011. Role: Principle Investigator.

Peer-Reviewed Articles

Published

Anderson, R., **Hruska, B.**, Boros, A.P., Richardson, C.J., & Delahanty, D.L. (2018). Patterns of co-occurring addictions, PTSD, and MDD in detoxification treatment seekers: A latent class

analysis. *Journal of Substance Abuse Treatment*, 86, 45-51. doi: <https://doi.org/10.1016/j.sat.2017.12.009>.

Pacella, M.L., **Hruska, B.**, George, G.L., & Delahanty, D.L. (2018). The role of negative affect on headache-related disability following traumatic physical injury. *Headache: The Journal of Head and Face Pain*. doi: 10.1111/head.13233.

Gump, B.B., Dykas, M.J., MacKenzie, J.A., Dumas, A.K., **Hruska, B.**, Ewart, C.K.,...& Bendinskas, K.B. (2017). Background lead and mercury exposures: Psychological and behavioral problems in children. *Environmental Research*, 158, 576-582. doi: <https://doi.org/10.1016/j.envres.2017.08.033>.

Hruska, B., Pacella, M.L., George, R.L., & Delahanty, D.L. (2017). The association between daily PTSD symptom severity and alcohol-related outcomes in recent traumatic injury victims. *Psychology of Addictive Behaviors*, 31, 326-355. doi: <http://dx.doi.org/10.1037/adb0000262>.

Pacella, M.L., **Hruska, B.**, Steudte-Schmiedgen, S., George, R.L., & Delahanty, D.L. (2017). The utility of hair cortisol concentrations in the prediction of PTSD symptoms following traumatic physical injury. *Social Science & Medicine*, 175, 228-234. doi: <http://dx.doi.org/10.1016/j.socscimed.2016.12.046>

Dunn, K.E., Barrett, F.S., Yepez-Laubach, C., Meyer, A.C., **Hruska, B.**, Petrush, K., Berman, S., Sigmon, S.C., Fingerhood, M., & Bigelow, G.E. (2016). Opioid overdose experience, risk behaviors, and knowledge in drug users from rural versus urban settings. *Journal of Substance Abuse*, 71, 1-7. doi: <http://dx.doi.org/10.1016/j.jsat.2016.08.006>

Dunn, K., Barrett, F., Yepez-Laubach, C., Meyer, A.C., **Hruska, B.**, Sigmon, S.C., Fingerhood, M., & Bigelow, G.E. (2016). Brief opioid overdose knowledge (BOOK): A measure to assess overdose knowledge in individuals who use illicit or prescribed opioids. *Journal of Addiction Medicine*, 10, 314-323. doi: 10.1097/ADM.0000000000000235.

Hruska, B., Pacella, M.L., George, R.L., & Delahanty, D.L. (2016). Trajectories of daily PTSD symptoms in recent traumatic injury victims. *Psychological Trauma: Theory, Research, Practice, and Policy*, 8, 676-679. doi: 10.1037/tra0000145.

Sigmon, S.C., Ochalek, T., Meyer, A.C., **Hruska, B.**, Heil, S.H., Badger, G.J., Rose, G., Brooklyn, J.R., Schwartz, R.P., Moorse, B.A., & Higgins, S.T. (2016). Interim buprenorphine vs. waiting list for opioid dependence. *New England Journal of Medicine*, 375, 2504-2505. doi: 10.1016/j.addbeh.2015.07.030.

Sigmon, S.C., Meyer, A.C., **Hruska, B.**, Ochalek, T., Streck, J., Heil, S.H., Brooklyn, J. & Higgins, S.T. (2015). Bridging waitlist delays with Interim Buprenorphine Treatment: Initial feasibility and effectiveness. *Addictive Behaviors*, 51, 136-142. doi: <http://dx.doi.org/10.1016/j.addbeh.2015.07.030>.

Hruska, B., Irish, L., Pacella, M.L., Sledjeski, E.M., & Delahanty, D.L. (2014). PTSD Symptom Severity and Psychiatric Comorbidity in Recent Motor Vehicle Accident Victims: A Latent Class Analysis. *Journal of Anxiety Disorders*, 28, 644-649. doi: <http://dx.DOI.org/10.1016/j.janxdis.2014.06.009>.

Hruska, B., Cullen, P., & Delahanty, D.L. (2014). Pharmacological modulation of acute trauma memories to prevent PTSD: Considerations from a developmental perspective. *Neurobiology of Learning and Memory*, *112*, 122-129. doi: <http://dx.DOI.org/10.1016/j.nlm.2014.02.001>.

Hruska, B., Bernier, J., Kenner, F., Kenne, D.R., Boros, A.P., Richardson, C.J., & Delahanty, D.L. (2014). Examining the relationships between posttraumatic stress disorder symptoms, positive smoking outcome expectancies, and cigarette smoking in people with substance use disorders: A multiple mediator model. *Addictive Behaviors*, *39*, 273-281. doi: <http://dx.DOI.org/10.1016/j.addbeh.2013.10.002>.

Pacella, M.L., **Hruska, B.**, & Delahanty, D.L. (2013). The association between posttraumatic stress disorder and physical health outcomes: A meta-analytic review. *Journal of Anxiety Disorders*, *27*, 33-46. doi: dx.DOI.org/10.1016/j.janxdis.2012.08.004.

Hruska, B. & Delahanty, D.L. (2012). Application of the stressor vulnerability model to posttraumatic stress disorder (PTSD) and alcohol-related problems in an undergraduate population. *Psychology of Addictive Behaviors*, *26*, 734-746. doi: [10.1037/a0027584](https://doi.org/10.1037/a0027584).

Hruska, B., Sledjeski, E.M., Fallon, W., Spoonster, E., & Delahanty, D.L. (2011). Alcohol use disorder history moderates the relationship between avoidance coping and posttraumatic stress symptoms. *Psychology of Addictive Behaviors*, *25*, 405-414. doi: [10.1037/a0022439](https://doi.org/10.1037/a0022439).

Elicker, J.D., Lord, R.G., Ash, S.R., Kohari, N.E., **Hruska, B.J.**, McConnell, N.L., & Medvedeff, M.E. (2009). Velocity as a predictor of performance satisfaction, mental focus, and goal revision. *Applied Psychology: An International Review*, 1-20. doi: [10.1111/j.14640597.2009.00409.x](https://doi.org/10.1111/j.14640597.2009.00409.x).

In Press

Castro, I.E., Larsen, D., **Hruska, B.**, Parsons, P.J., Palmer, C.D., & Gump, B.B. (in press). Spatial density modeling of vacant properties: Identifying a novel mechanism of background (Pb) exposure in children. *Environmental Research*, *170*, 463-471. doi: <https://doi.org/10.1016/j.envres.2018.12.069>.

Submitted

Gump, B.B., **Hruska, B.**, Parsons, P.J., Palmer, C.D., MacKenzie, J.A., Bendinskas, K., & Brann, L. (under review). Dietary contributions to high background lead, mercury, and cadmium in 9-11 year old children: Accounting for racial differences.

Hruska, B., Pressman, S.D., Bendinskas, K., & Gump, B.B. (under review). Do vacations alter the connection between stress and cardiovascular activity? An examination of the effects of a planned vacation on the relationship between weekly stress and ambulatory heart rate.

Hruska, B., Pressman, S.D., Bendinskas, K., & Gump, B.B. (under review). Vacation frequency is associated with metabolic syndrome and symptoms: Findings from a new instrument for assessing vacations.

Junglen, A.G., **Hruska, B.**, Jensen, T., Boros, A., & Delahanty, D.L. (under review). The serial mediating effects of negative urgency and PTSD symptom severity on the relationship between emotional abuse and substance use.

In Progress

Gump, B.B., **Hruska, B.**, Pressman, S.D., Park, A., & Bendinskas, K. (in prep). Vacationing fade-in and fade-out: Evidence that benefits extend beyond the vacation.

Gump, B.B., Heffernan, K., Atallah-Yunes, N.H., MacKenzie, J.A., **Hruska, B.**, Parsons, P.,...& Bendinskas, K. (in prep). Background cadmium exposure: Sleep disturbances and corresponding left ventricular structured and function in 9-11 year old children.

Book Chapters

Hruska, B., & Gump, B.B. (submitted). Stress and the Development of Atherosclerotic Cardiovascular Disease. In W.R. Lovallo & E.C. Suarez (Eds.). *Handbook of Cardiovascular Behavioral Medicine*.

Hruska, B. & Delahanty, D.L. (2014). PTSD-SUD Biological Mechanisms: Self Medication and Beyond. In J.P. Read & P. Ouimette (Eds.), *Trauma and Substance Abuse: Causes, Consequences, and Treatment of Comorbid Disorders, Second Edition* (pp. 35-52). Washington, DC: American Psychological Association. doi: <http://dx.doi.org/10.1037/14273-003>.

Editorials

Hruska, B., & Delahanty, D.L. (2012, September 29). Current treatment approaches for PTSD-substance use disorder comorbidity. *Journal of Traumatic Stress Disorders & Treatment*. doi: <http://dx.doi.org/10.4172/2314-8947.1000e105>.

Invited Presentations

Hruska, B. (2018, October 19). *The Impact of Stress on Physical Health: Role of Health Behaviors and Recovery Activities*. Delivered at the University of North Dakota, Fargo, ND.

Peer-Reviewed Conference Presentations

Pacella, M.L., **Hruska, B.**, George, R.L., & Delahanty, D.L. (2015, November). *Avoidance coping as a mediator of peritraumatic dissociation and PTSD symptoms in traumatic injury victims: A daily process model*. Presentation at the 31st Annual Meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.

Hruska, B. (2015, July). *Interim treatment: Leveraging buprenorphine + technology to bridge waitlist delays*. Presentation at the 2014 Annual Vermont Center on Behavior and Health Trainee Retreat, Vergennes, VT.

Meyer, A.C., Streck, J., Ochalek, T.O., **Hruska, B.**, Teneback, C.C., Dixon, A.E., Higgins, S.T., & Sigmon, S.C. (2015, February). *Using contingency management to promote smoking abstinence among patients with pulmonary disease*. Presentation at the Annual Meeting of the Society for Research on Nicotine and Tobacco, Philadelphia, PA.

Hruska, B., Boros, A.P., Richardson, C.J., & Delahanty, D.L. (2014, November). PTSD, Major depressive disorder, and substance use disorder patterns in addiction treatment-seekers: A latent class analysis. In B. Smith (Chair), *Research Informing the Treatment of Trauma and Substance Use in Under-Researched, At-Risk Populations*. Symposium conducted at the 30th Annual Meeting of the International Society for Traumatic Stress Studies, Miami, FL.

Coleman, J., Smith, B., **Hruska, B.**, & Delahanty, D.L. (2014, November). An exploratory analysis of the relationship between trauma and substance use during pregnancy. In B. Smith (Chair), *Research Informing the Treatment of Trauma and Substance Use in Under-Researched, At-Risk Populations*. Symposium conducted at the 30th Annual Meeting of the International Society for Traumatic Stress Studies, Miami, FL.

Hruska, B., Meyer, A.C., Patrick, M., Heil, S., Higgins, S.T., & Sigmon, S. (2014, August). *Smoking cessation in opioid-maintained populations*. Presentation at the 2014 Annual Vermont Center on Behavior and Health Trainee Retreat, Vergennes, VT.

Hruska, B., Irish, L., Pacella, M.L., & Delahanty, D.L. (2012, November). *Internalizing and externalizing comorbidity in PTSD: A latent class analysis in a sample of recent motor vehicle accident victims*. Paper presented at the 28th Annual Meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.

Hruska, B., Pacella, M., Fallon, W., & Delahanty, D.L. (2010, November). Examining the predictive utility of altered awareness and derealization factors from an exploratory factor analysis of the Peritraumatic Dissociative Experiences Questionnaire (PDEQ). In **B. Hruska (Chair)**, *Current Research on Dissociation and Its Relationship to Trauma, PTSD, and Other Psychiatric Disorders*. Symposium conducted at the 26th Annual Meeting of the International Society for Traumatic Stress Studies, Montréal, Québec, Canada.

Pacella, M., **Hruska, B.**, Fallon, W., & Delahanty, D.L. (2010, November). Factor analysis of the Peritraumatic Dissociative Experiences Questionnaire (PDEQ). In **B. Hruska (Chair)**, *Current Research on Dissociation and Its Relationship to Trauma, PTSD, and Other Psychiatric Disorders*. Symposium conducted at the 26th Annual Meeting of the International Society for Traumatic Stress Studies, Montréal, Québec, Canada.

Hruska, B. & Kaut, K.P. (2008, March). *Individual differences in juror decision-making: The influence of death penalty endorsement, personality, ambiguity tolerance, and familiarity with science on juror decisional processes and outcomes in a capital trial*. Paper presented at the Conference on Undergraduate and Graduate Student Research, Akron, OH.

Kohari, N. E., Lord, R. G., Elicker, J. D., Ash, S., & **Hruska, B.** (2008). *Antecedents of learners' mental model development*. Paper presented at the 23rd Annual Conference of the Society for Industrial and Organizational Psychology, San Francisco, CA.

Peer-Reviewed Conference Posters

Junglen, A., **Hruska, B.**, Garcia, M., Jensen, T., Boros, A., & Delahanty, D.L. (2017, November 10). The Mediating Effects of PTSD and Negative Urgency on the Relationship between Emotional Abuse and Substance Use. Poster presented at the 33rd Annual International Society for Traumatic Stress Studies, Chicago, IL.

Hruska, B., Pacella, M.L., George, R., & Delahanty, D.L. (2016, November 10). The Association Between daily PTSD symptoms and alcohol-related variables in recent traumatic injury victims. Poster presented at the 32nd Annual International Society for Traumatic Stress Studies, Dallas, TX.

Hruska, B., Pacella, M.L., George, R., & Delahanty, D.L. (2016, November 10). The Association Between Daily PTSD Symptoms and Headache Pain in Recent Traumatic Injury Victims. Poster presented at the 32nd Annual International Society for Traumatic Stress Studies, Dallas, TX.

Pacella, M.L., **Hruska, B.**, Cochran, G., George, R., & Delahanty, D.L. (2016, October 15). Psychological predictors and consequences of sustained opioid prescriptions for pain among injured trauma patients. Poster presented at Neuroscience of Pain: Early Life Adversity, Mechanisms, and Treatment – A special topic meeting of the American Psychosomatic Society, New York: NY

Streck, J.M., Ochalek, T.A., **Hruska, B.**, Pusey, J.D., & Sigmon, S.C. (June 2016). Improvement in psychiatric symptoms during interim buprenorphine treatment. Poster presented at the 78th Annual Meeting of the College on Problems of Drug Dependence, Palm Springs, CA.

Ochalek, T.A., Pusey, J.D., **Hruska, B.**, Heil, S.H., Higgins, S., Rose, G., Moore, B.A., & Sigmon, S.C. (June 2016). Within-subject evaluation of interim buprenorphine vs. waitlist on illicit opioid use. Poster presented at the 78th Annual Meeting of the College on Problems of Drug Dependence, Palm Springs, CA.

Sigmon, S.C., Ochalek, T.A., **Hruska, B.**, Heil, S.H., Higgins, S., Rose, G., & Moore, B.A. (June, 2016). Interim buprenorphine treatment for reducing illicit opioid use during treatment delays. Poster presented at the 78th Annual Meeting of the College on Problems of Drug Dependence, Palm Springs, CA.

Pacella, M.L., **Hruska, B.**, Schmiedgen, S., George, R.L., & Delahanty, D.L. (March, 2016). The utility of hair cortisol concentrations in the prediction of PTSD symptoms and alcohol-related drinking motives following traumatic injury. Poster presented at the 74th Annual meeting of American Psychosomatic Society, Denver, CO.

Hruska, B., Pacella, M.L., George, R.L., & Delahanty, D.L. (November, 2015). Examining how avoidance coping and PTSD symptoms vary according to alcohol-related variables in recent traumatic injury victims: A daily process model. Poster presented at the 31st Annual International Society for Traumatic Stress Studies, New Orleans, LA.

Streck, J.M., **Hruska, B.**, Ochalek, T.A., Badger, G., Zvorsky, I., & Sigmon, S.C. (October, 2015). Changes in psychological symptoms during interim buprenorphine treatment vs. waitlist control. Poster presented at the Vermont Center on Behavior and Health Behavior Change Conference, Burlington, VT.

Hruska, B., Meyer, A.C., & Sigmon, S.C. (June, 2015). Smoking status on day 1 of a quit attempt predicts future smoking outcomes. Poster presented at the 77th Annual Meeting of the College on Problems of Drug Dependence, Phoenix, AZ.

Sigmon, S. C., Meyer, A. C., **Hruska, B.**, Ochalek, T., Heil, S. H., Higgins, S. T., & Schwartz, R. P. (June 2015). Interim buprenorphine treatment: Leveraging technology to bridge waitlist delays. Presented at the 77th Annual Meeting of the College on Problems of Drug Dependence, Phoenix, AZ.

Meyer, A.C., Streck, J.M., Ochalek, T.A., **Hruska, B.**, Teneback, C.C., Dixon, A.E., & Sigmon, S.C. (June, 2015). Financial incentives promote smoking abstinence among patients with pulmonary disease. Poster presented at the 77th Annual Meeting of the College on Problems of Drug Dependence, Phoenix, AZ.

Ochalek, T. A., Meyer, A. C., **Hruska, B.**, Streck, J. M., & Sigmon, S. C. (June 2015). An mHealth application for increasing HIV and hepatitis knowledge in waitlisted opioid abusers. Presented at the 77th Annual Meeting of the College on Problems of Drug Dependence, Phoenix, AZ.

Pacella, M.L., **Hruska, B.**, Broaddus, M., & Dickson-Gomez, J. (March, 2015). PTSD symptoms and alcohol-related problems in female sexual minorities: The moderating role of tension reduction expectancies. Poster presented at the 73rd Annual American Psychosomatics Society, Savannah, GA.

Waldrep, E., Smith, B., Pacella, M.L., **Hruska, B.**, & Delahanty, D.L. (November, 2014). Coping self-efficacy mediates the relationship between avoidant coping and post-traumatic stress distress in adults seeking follow-up treatment from an outpatient trauma surgery clinic. Poster presented at the 30th Annual Meeting of the International Society for Traumatic Stress Studies, Miami, FL.

Pacella, M.L., **Hruska, B.**, Broaddus, M., & Dickson-Gomez, J. (October, 2014). PTSD symptoms and alcohol-related problems in sexual minority women: The moderating role of tension reduction expectancies. Poster Presented at the 24th Annual Graduate School Research Poster Session at the Medical College of Wisconsin; Milwaukee, WI.

Meyer, A.C., **Hruska, B.**, Ochalek, T.O., Streck, J., Teneback, C., Dixon, A., Higgins, S.T., & Sigmon, S.C. (October, 2014). Using financial incentives to promote smoking abstinence in patients with pulmonary disease. Poster presented at the Vermont Center on Behavior and Health Behavior Change Conference, Burlington, VT.

Hruska, B., Meyer, A.C., Patrick, M., Higgins, S.T., & Sigmon, S.C. (October, 2014). An incentive-based intervention for smoking cessation in opioid-maintained patients. Poster presented at the Annual Vermont Center on Behavior and Health Behavior Change Conference, Burlington, VT.

Meyer, A., Patrick, M., **Hruska, B.**, Ochalek, T., Streck, J., Teneback, C., Dixon, A., Higgins, S., & Sigmon, S. (August, 2014). Pilot study to reduce cigarette smoking among patients with chronic obstructive pulmonary disease. Poster presented at the Annual Vermont Center on Behavior and Health Trainee Retreat, Vergennes, VT.

Bernier, J., **Hruska, B.**, & Delahanty, D.L. (May, 2013). Posttraumatic stress symptoms predict alcohol misuse in college students: Implications for treatment. Poster presented at the 25th Annual meeting of the Association for Psychological Science, Washington, DC.

Pacella, M.L., **Hruska, B.**, & Delahanty, D.L. (November, 2012). The association between posttraumatic stress disorder and physical health: A meta-analytic review. Poster presented at the 28th Annual Meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.

Irish, L.A., Pacella, M.L., Gabert-Quillen, C.A., **Hruska, B.** & Delahanty, D.L. (2012, April). Development, reliability and validity of the Health Risk Behaviors Inventory. Poster presented for the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.

Hruska, B., & Delahanty, D.L. (2011, November). Application of the Stressor Vulnerability Model to PTSD and Alcohol Problems in a College Population. Poster presented at the 27th Annual Meeting of the International Society for Traumatic Stress Studies, Baltimore, Maryland.

Hruska, B., & Delahanty, D.L. (2011, April). Psychometric Properties of the PTSD Alcohol Expectancy Questionnaire (P-AEQ) and a Test of the Self-Medication Hypothesis in an Undergraduate Population. Poster presented at the 28th Annual Kent State University Graduate Research Symposium, Kent, OH.

Kobayashi, I., Waldrep, E., **Hruska, B.**, & Delahanty, D.L. (2010, November). Associations between heart rate variability and sleep disturbances among trauma-exposed college students. Poster presented at the 26th Annual Meeting of the International Society for Traumatic Stress Studies, Montréal, Québec, Canada.

Hruska, B., Sledjeski, E.M., Fallon, W., Spoonster, E., & Delahanty, D.L. (2009, September). Substance use disorder history moderates the relationship between avoidance coping and posttraumatic stress symptoms. Poster presented at Summa Health System Research Forum, Akron, OH.

Teaching Contributions

Courses Taught

Undergraduate

Public Health Data and Decision-Making (HTW 223), Syracuse University

Research Methods in Psychology (PSYC 31574), Kent State University

Quantitative Methods I (PSYC 21621), Kent State University

Health Psychology (PSYC 41581), Kent State University

General Psychology (PSYC 11762), Kent State University

Professional Service

Ad Hoc Reviewer

Addictive Behaviors; Journal of Addictive Diseases; Journal of Anxiety Disorders; Journal of Psychoactive Drugs; Journal of Psychiatric Research; Journal of Traumatic Stress; Psychological Trauma: Theory, Research, Practice, and Policy; Stress and Health; Substance Use and Misuse; Traumatology

2018, MPH Revision Task Force

Conference Abstract Reviewer

2016, International Society for Traumatic Stress Studies

Community Engagement

Media Appearances

Hruska, B. (2017, July). SU researchers find that lead impacts children's emotional health in new study. Interview by Sistina Giordano and TeNesha Murphy. *Bridge Street* [Television broadcast]. Syracuse, NY: WSYR American Broadcasting Company.

Hruska, B. (2016, May). Do vacations have physical health benefits? Interview by John Smith [Radio broadcast]. Syracuse, NY: WAER National Public Radio.

Hruska, B. (2016, February). New SU research study examining vacationing and physical health. Interview by Mike Fiss [Radio broadcast]. Syracuse, NY: WZUN Galaxy Communications.

Hruska, B. (2016, February). Syracuse University researchers in Falk College studying health benefits of vacationing. Interview by Amy Robbins [Radio broadcast]. Syracuse, NY: WNTQ Cumulus Media.

Hruska, B. (2016, January). Researching R&R: How vacationing impacts our health. Interview by Jim Teske and Sistina Giordano. *Bridge Street* [Television broadcast]. Syracuse, NY: WSYR American Broadcasting Company.