

# **Jeffrey S. Pauline**

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## **EDUCATION:**

### **WEST VIRGINIA UNIVERSITY, Morgantown, WV**

Ed.D. Sport Psychology – August 2001

Dissertation Title: “Lifestyle Management: The effects of an intensive lifestyle management course on behavioral, psychological, physiological, and psycho-behavioral factors”

### **BARRY UNIVERSITY, Miami Shores, Florida**

Masters of Science – Clinical Psychology – December 1997

Thesis Title: “Personality profile differences between athletes and non-athletes measured by the MMPI-2 and NEO-Five Factor Inventory”

### **OLD DOMINION UNIVERSITY, Norfolk, Virginia**

Bachelor of Science – Cum Laude – December 1992

Major – Psychology; Minor – Counseling

## **ACADEMIC AND PROFESSIONAL EXPERIENCE:**

### **SYRACUSE UNIVERSITY, Syracuse, NY**

- Associate Professor, Department of Sport Management  
August 2006 – Present

### **BALL STATE UNIVERSITY, Muncie, IN**

- Assistant Professor, School of Physical Education, Sport, & Exercise Science  
August 2001 – August 2006

### **WEST VIRGINIA UNIVERSITY, Morgantown, WV**

- Research Assistant – School of Medicine – Department of Exercise Physiology  
August 2000 – August 2001  
Assisted with the coordination of a community-based project evaluating frequency, duration, and mode of trail use. The project included three phases of evaluation: on-site surveys, objective counts of trail use by infrared sensors, and a community-wide telephone survey.
- Research Assistant – School of Medicine – Department of Community Medicine  
August 1999 – August 2000  
Assisted in the development of a community-based mass media campaign designed to increase physical activity and the development of a lifestyle management course.
- Graduate Assistant – School of Physical Education: Basic Instruction Program Instructor  
January 1999 – May 1999  
Courses: Beginning and Intermediate tennis, weight training, conditioning and weight training
- Disease Prevention Consultant – Human Performance Laboratory  
September 1998 – May 2001  
Provided risk assessment for adherence to exercise program, lifestyle management, goal setting, and relapse prevention counseling.

- Sport Psychology Consultant – Athletic Department  
September 1998 – August 2001  
Consultant for women's gymnastics, women's tennis, and men's and women's diving. Provided team and individual counseling, performance enhancement, and team building strategies.

**FARNHAM INC, Oswego, NY**

- Chemical Dependency Therapist January 1998 – August 1998  
Provided group and individual psychotherapy. Administered psychological and chemical dependency evaluations for adolescents and adults. Certified acupuncture detoxification therapist.

**UNIVERSITY OF MIAMI, Miami, Florida**

- ATHLETIC DEPARTMENT – Men's Assistant Tennis Coach  
August 1995 – October 1997  
Monitored academic and fitness progress of student athletes. Developed strategies, tactics, and mental training skills for match play. Assisted with management and supervision of tennis facility, recruitment of student athletes, match and travel schedule, and budget management. Developed stroke production, footwork drills, and conditioning program.
- HUMAN RESOURCE HEALTH CENTER – HIV/AIDS Unit – Clinical Psychology Practicum  
October 1995 – August 1996  
Conducted psychological, neuropsychological, and mental status evaluations and assessments. Administered psychological assessment batteries. Provided individual, family, and group psychotherapy. Assessments utilized: Wechsler Adult Intelligence Scale-Revised, Thematic Apperception Test, Minnesota Multiphasic Personality Inventory-2, Rotter Sentence Completion Test, Rorschach, Trial Making Test, Word List Generation, Luria 3-step, Millon Clinical Multiaxial Inventory-II, Folstein Mini-Mental State.
- SOUTH SHORE HOSPITAL-HIV/AIDS UNIT – Clinical Psychology Practicum  
October 1995 – August 1996  
Provided initial psychological assessments, risk assessments, and mental status evaluations. Administered crisis evaluations and interventions. Implemented exercise programs. Conducted brief psychotherapy emphasizing behavior skills training and stress management. Assessments utilized: Brief Symptom Inventory, Trial Making Test, Folstein Mini-Mental State.
- JACKSON MEMORIAL HOSPITAL – DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES – Clinical Psychology Practicum  
September 1995 – May 1996  
The HIV/Psychoneuroimmunology Program Project: Behavioral Management and Stress Responses in HIV-1. Conducted telephone screening of potential participants. Provided psychological and risk assessments. Monitored exercise training of participants. Conducted brief psychotherapy, relapse prevention counseling and lifestyle management.

**SPORT AND EXERCISE PSYCHOLOGY CONSULTANT**

August 1998 – Present

- *Certified Consultant*, Association for Applied Sport Psychology (#194)
- *Member*, United States Olympic Committee Sport Psychology Registry
- Develop and conduct individual and team consultations on various issues: performance enhancement, team dynamics, injury rehabilitation, exercise adherence, and lifestyle management.

**TEACHING EXPERIENCE:**

**SYRACUSE UNIVERSITY**

Personal and Social Health: Living it! (HTW 121)  
First-Year Gateway (HSH 101)  
Research Methods (SPM 295)  
Psycho-Social Issues in Sport (SPM 395)  
Managing the Sport Organization (SPM 225)  
Experience Credit (SPM 270/470)  
Senior Sport Management Capstone (SPM 455)  
Sociology of Sport (SOC 367) – On site and online  
Personal and Social Responsibility (SPM 101)

**BALL STATE UNIVERSITY**

Sport and Exercise Psychology (PEP 609)  
Psychological and Social Issues of Sport (PEP 409)  
Organization and Planning for Coaching Sports (PEP 331)  
Psychological Aspects of Injury Rehabilitation (PEP 477/577)  
Psychology of Coaching (PEP 610)  
Health and Exercise Psychology (PEP 660)  
Exercise Psychology (EXSCI 360)  
Psychosocial Processes of Sport and Physical Activity (PEP 644)  
Techniques of Observing Skill Performance (PEP 194)  
Internship Supervision – Applied Sport & Exercise Psychology (PEP 600)  
Internship Coordinator – Sport Management (SPTAD 669/698)  
Personal Lifestyle Management (PEP 620)  
Foundations of Research in Sport and Physical Education (PEP 601)

**WEST VIRGINIA UNIVERSITY**

Exercise Psychology (SS 198B)  
Psychological Perspectives of Sport (SS 72)  
CHAMPS/Lifeskills (SS 198K) – Teaching assistant  
Advanced Measurement Research in Physical Education (SS 446) – Teaching assistant  
Beginning Tennis (PE 60)  
Intermediate Tennis (PE 62)  
Weight Training (PE 64)  
Conditioning/Weight Training (PE 66)

**PEER-REVIEWED PUBLICATIONS:**

**Pauline, J.** (2013). Physical activity behaviors, motivation, and self-efficacy among college students. *College Student Journal*, 47(1), 64-74.

**Pauline, J.** (2012). Factors influencing college selection by student-athletes: The validation of a measurement instrument. *Applied Research in Coaching and Athletics Annual*, 27, 222-257.

**Pauline, J.** (2012). Factors influencing college selection by NCAA Division I, II, III soccer players. *International Journal of Sport Management*, 13, 87-103.

**Pauline, J.** (2010). Factors influencing college selection by NCAA Division I, II, III lacrosse players. *ICHPER-SD Journal of Research*, 5(2), 33-40.

- Pauline, G., & **Pauline, J.** (2009). Volunteer motivation and demographic influences at a professional tennis event. *Team Performance Management*, 15(3), 172-184.
- Pauline, G., & **Pauline, J.** (2008). Teaching sport sponsorship activation through a client-based experiential learning project. *Sport Management Education Journal*, 2(1), 19-37.
- Pauline, J.**, Pauline, G., & Allen, C. (2008). Factors influencing college selection by NCAA Division I, II, and III softball student-athletes. *Journal for the Study of Sport & Athletes in Education*, 2(3), 366-376.
- Pauline, G., **Pauline, J.**, & Mulvihill, T. (2008). Episodic volunteering: A comparison of the motivations of volunteers from two professional golf events. *The International Journal of Volunteer Administration*, XXV(3), 77-88.
- Pauline, G., & **Pauline, J.** (2007). Chase Charlie run, walk, and roll: Promoting service learning and a healthy lifestyle. *Indiana Association for Health, Physical Education, Recreation, and Dance Journal*, 36(1), 26-28.
- Pauline, J.**, Pauline, G., Johnson, S., & Gamble, K. (2006). Ethical issues in exercise psychology. *Ethics & Behavior*, 16 (1), 61-76.
- Pauline, J.**, Pauline, G., & Stevens, A. (2004). Influential factors in the college selection process of baseball student-athletes. *Journal of Contemporary Athletics*, 1(2), 153-166.
- Woodard, R., Buck, M., Wayda, V., Lund, J., & **Pauline, J.** (2004). Daily physical education, physical fitness, and middle school students. *Journal of ICHPER-SD*, XL(4), 20-23.
- Gordon, P., Zizzi, S., & **Pauline, J.** (2004). Use of a community trail among new and habitual exercisers: A preliminary assessment. *Preventing Chronic Disease*, 1(4), 1-11.
- Pauline, J.**, Lund, J., Weinberg, W., & Pauline, G. (2004). The involvement of physical education teachers in scholastic coaching. *Applied Research in Coaching and Athletics Annual*, 19, 92-107.
- Pauline, J.** (2003). Participant evaluations of an intensive lifestyle management course in a higher educational setting. *Indiana Association for Health, Physical Education, Recreation, and Dance Journal*, 32(1), 5-9.

Manuscripts Under Review:

- Antshel, K., Vanderdrift, L., & **Pauline, J.** The Mediating Role of Identity on the Relationship Between Inattention and Academic Service Use in NCAA Student-Athletes. Submitted to Journal of Clinical Sport Psychology.
- Pauline, J.** An Intensive Educational and Behavioral Intervention for Young Adults. Submitted to Journal of College Student Development.
- Pauline, J.** Recruiting Female Student Athletes: The Process of College Selection. Submitted to International Journal of Sport Science and Coaching.

Manuscripts in Progress:

Motivational Signage to Increase Physical Activity on a College Campus: Step Up Orange!

Physical Activity and Sedentary Behaviors of College Students

Relationship of Personality Factors, Athletic Identity, and Exercise Dependence Among Tri-Athletes and Regular Exercisers

Effects of Exercise Adherence Counseling on Women with the Metabolic Syndrome

NCAA Athletic Directors' Knowledge and Perceptions of Sport Psychology

Evaluation of the National Baseball Hall of Fame and Museum's Website

**PUBLISHED ABSTRACTS AND CONFERENCE PROCEEDINGS: (Peer-reviewed)**

**Pauline, J.,** Antshel, K., & Vanderdrift, L. (October, 2015). The Mediating Role of Identity on the Relationship between Inattention and Academic Service Use in NCAA Student-Athletes. *Association of Applied Sport Psychology*, p. 42.

**Pauline, J.** (October, 2014). Promoting Student-Athlete Well-being Through Engaged Learning. *Association of Applied Sport Psychology*, p. 45.

**Pauline, J.** (October, 2013). Increasing Stair Usage in a University Residential Complex. *Association for Applied Sport Psychology Conference Proceedings*, p. 95.

**Pauline, J.** (October, 2012). Perceptions and Utilization of Sport Psychology Consultants Within Community College Athletics. *Association for Applied Sport Psychology Conference Proceedings*, p. 82.

**Pauline, J. & Pauline, G.** (September, 2011). Exercise and Exercise Motivation Among Young Adults. *Association for Applied Sport Psychology Conference Proceedings*, p. 9.

**Pauline, J.** (October, 2010). Factors Influencing College Selection by NCAA Division I, II, III Lacrosse Players. *Association for Applied Sport Psychology Conference Proceedings*, p. 50.

**Pauline, J.** (September, 2009). Physical Activity, Self-efficacy, and Sedentary Behaviors of College Students. *Association for Applied Sport Psychology Conference Proceedings*, p. 45.

**Pauline, J., & Pauline, G.** (September, 2008). NCAA Athletic Directors' Knowledge and Perceptions of Sport Psychology. *Association for Applied Sport Psychology Conference Proceedings*, p. 36.

**Pauline, J., & Pauline, G.** (October, 2007). Physical Lifestyle Management: The Battle Against Weight Gain and Obesity. *Association for Applied Sport Psychology Conference Proceedings*, p. 22.

**Pauline, J.,** Kaminsky, L., Schneider, P., & Johnson, S. (September, 2006). Community-Based Approach to Prevent Weight Gain. *Association for the Advancement of Applied Sport Psychology Conference Proceedings*, p. 37.

**Pauline, J.,** Butcher, D., Pauline, G., Gamble, K., & Finch, W. (October, 2005). Exercise Dependence and Personal Factors in Triathletes and Habitual Exercisers. *Association for the Advancement of Applied Sport Psychology Conference Proceedings*, p. 103.

**Pauline, J., & Gotsch, K.** (October, 2005). Certified Athletic Trainers' Perceived Importance of Sport Psychology and Psychological Aspects of Injury. *Association for the Advancement of Applied Sport Psychology Conference Proceedings*, p. 102.

**Pauline, J.,** Pauline, G., & Stevens, A. (March, 2005). Influential Factors in the College Selection Process of Baseball Student Athletes. *Research Quarterly for Exercise and Sport*, 76(1) supplement, p. A-128.

**Pauline, J.,** Pauline, G., Dooly, C., Taylor, C., Gotsch, K., Loughren, E., & Brown, T. (October, 2004). Mood Enhancement in Women with the Metabolic Syndrome. *Association for the Advancement of Applied Sport Psychology Conference Proceedings*, p. 47.

**Pauline, J.,** Lund, J., Weinberg, W., & Pauline, G. (April, 2004). The Involvement of Physical Education Teachers in Scholastic Coaching. *Research Quarterly for Exercise and Sport*, 74(1) supplement, p. A-77.

**Pauline, J.,** & King, R. (October, 2003). Issues Facing Young Professionals Beginning a Career in Academia. *Association for the Advancement of Applied Sport Psychology Conference Proceedings*, p. 35.

**Pauline, J.,** & Wayda, V. (November, 2002). Creating New Learning Environments for Graduate Students and Professionals: A Sport Psychology Performance Enhancement Center in a Higher Educational Setting. *Association for the Advancement of Applied Sport Psychology Conference Proceedings*, p. 43.

**Pauline, J.** (October, 2001). Lifestyle Management: The Effects of an Intensive Lifestyle Management Course on Behavioral, Psychological, Physiological, and Psycho-behavioral Factors. *Association for the Advancement of Applied Sport Psychology Conference Proceedings*, p.79.

### **GRANT PROPOSALS:**

*From Self to Civic: Promoting Student Wellbeing through Communities of Engaged Learning*  
Agency: Association of American Colleges and Universities  
Amount: \$10,000  
Status: Funded/External – December 2013  
Principal Investigators: Gretchen Lopez, Dessa Bergen-Cico, **Jeffrey Pauline**

*Increasing Stair Usage in a University Residential Complex*  
Agency: Association for Applied Sport Psychology  
Amount: \$2,200  
Status: Funded/External – May 2012  
Principal Investigator: **Jeffrey Pauline**

*Motivational Signage to Increase Physical Activity on a College Campus: Step Up Orange!*  
Agency: College of Human Ecology Research Center Seed Grants  
Amount: \$5,000  
Status: Funded/Internal – May 2010  
Principal Investigator: **Jeffrey Pauline**

*Information and Communication Technologies in Sport*  
Agency: Proposal for Chancellor's Leadership Project - Syracuse University  
Amount: \$150,000  
Status: Not funded/Internal – 2009  
Principal Investigators: Steve Sawyer, Jeff Rubin, Mike D'Eredita, Gina Pauline, **Jeffrey Pauline**, Jill Kanaley

*The Power of Girls in Sport*

Agency: American Association of University Women – 1-year Community Action Grant  
Amount: \$7,000  
Status: Not Funded/External – January 2009  
Principal Investigators: Gina Pauline and **Jeffrey Pauline**

*Women's Sport Leadership Institute*

Agency: HSHP Research Center Seed Grants  
Amount: \$4,000  
Status: Not Funded/Internal – May 2008  
Principal Investigators: Gina Pauline and **Jeffrey Pauline**

*NCAA Division I Athletic Directors' Perceptions of Sport Psychology and Sport Psychology Consultations*

Agency: HSHP Research Center Seed Grants  
Amount: \$4,000  
Status: Funded/Internal – May 2007  
Principal Investigators: **Jeffrey Pauline** and Gina Pauline

*1<sup>st</sup> Annual Syracuse University 5K: Walk, Run, Roll to Better Health*

Agency: Healthy Monday/Healthy IM Campus Project  
Amount: \$500  
Status: Funded/External – October 2006  
Principal Investigators: **Jeffrey Pauline**, Gina Pauline, and Luis Gurri

*Assessment of Sport and Exercise Psychology Internship Supervision Procedures*

Agency: Ball State University Summer Assessment Grant  
Amount: \$1,000  
Status: Funded/Internal – May 2006  
Principal Investigators: **Jeffrey Pauline** and Gina Pauline

*Athletic Directors' Perspectives of Sport Psychology Consultations*

Agency: Ball State University – New Faculty Research Program  
Amount: \$3,000  
Status: Not Funded/Internal – 2006  
Principal Investigators: Scott Johnson and **Jeffrey Pauline**

*Effects of Mental Training for Competitive Scholastic Swimmers*

Agency: Joseph W. and Marcella S. Hollis Fund  
Amount: \$300  
Status: Not Funded/External – June 2005  
Principal Investigators: **Jeffrey Pauline** and Joanna Morrissey

*Chase Charlie: Get Out and Move!*

Agency: Indiana Association for Health, Physical Education, Recreation, and Dance  
Amount: \$1,535  
Status: Funded/External – October 2005  
Principal Investigators: Gina Pauline and **Jeffrey Pauline**

*Operation SNAP: Selma Nutrition and Activity Program*

Agency: Department of Health and Human Services – Public Health Services

Amount: \$1,854,757

Status: Not Funded – 2005

Principal Investigators: Marilyn Buck, Valerie Wayda, Carol Friesen, **Jeffrey Pauline**, Marianne Woods, Alice Mehaffey, Tamara Brant

*Gathering and Analysis of Data for Undergraduate Program in Sports Administration Using Assessment Tools Developed in 2004*

Agency: Ball State University Summer Assessment Grant

Amount: \$625

Status: Funded/Internal – May 2005

Principal Investigators: Gina Pauline, **Jeffrey Pauline**, and Jeffrey Peterson

*Maintaining Health Behavior Changes Through Lifestyle Management*

Agency: Ball State University Summer School Marketing Fund – School of Continuing Education and Public Service

Amount: \$1,000

Status: Funded/Internal – January 2005

Principal Investigator: **Jeffrey Pauline**

*No Gain Ball State*

Agency: Ball State University – Enhanced Provost Initiative

Amount: \$17,525

Status: Funded/ Internal – December, 2004

Principal Investigators: Leonard Kaminsky, **Jeffrey Pauline**, and Patrick Schneider

*Chase Charlie: Providing Service Learning Opportunities*

Agency: Indiana Campus Compact – Developing Service Learning Practitioner Grant

Amount: \$1,746

Status: Funded/External – October 2004

Principal Investigators: Gina Pauline, **Jeffrey Pauline**, and Jeffrey Petersen

*The Relationship of Personality Factors and Athletic Identity with Exercise Dependence*

Agency: Joseph W. and Marcella S. Hollis Fund

Amount: \$3,000

Status: Funded/External – June 2004

Principal Investigators: **Jeffrey Pauline** and Dustin Butcher

*Assessment of Sport and Exercise Psychology Graduate Program*

Agency: Ball State University Summer Assessment Grant

Amount: \$900

Status: Funded/Internal – April 2004

Principal Investigators: **Jeffrey Pauline** and Valerie Wayda

*Personal Lifestyle Management Course*

Agency: Ball State University Summer School Marketing Fund – School of Continuing Education and Public Service

Amount: \$1,000

Status: Funded/Internal – April 2004

Principal Investigator: **Jeffrey Pauline**



*Mental Skills Training for Performance Excellence*

Agency: Indiana Campus Compact – Scholarship of Engagement

Amount: \$10,542

Status: Funded/External – October 2003

Principle Investigators: **Jeffrey Pauline** and Valerie Wayda

*Developing Lifetime Physical Activity Habits: A Middle School Model*

Agency: American Alliance for Health, Physical Education, Recreation, and Dance  
Research Consortium Grant Program

Amount: \$15,000

Status: Not funded/External – September 2003

Principle Investigators: Valerie Wayda, Marilyn Buck, **Jeffrey Pauline**

*Assessment of Sport Administration Undergraduate Program*

Agency: Ball State University Summer Assessment Grant

Amount: \$1,200

Status: Funded/Internal – May 2003

Principle Investigators: Gina Pauline and **Jeffrey Pauline**

*High School Athlete Transition Program*

Agency: Indiana Campus Compact – Community Service

Amount: \$907

Status: Funded/External – April 2003

Principle Investigators: Lizabeth Arnold and **Jeffrey Pauline**

*Effects of Varying Exercise Volumes on the Metabolic Syndrome in Men*

Agency: American College of Sports Medicine: Research Endowment Grant

Amount: \$9,987

Status: Not funded/External – January 2003

Principle Investigator: **Jeffrey Pauline**

*Effects of a Cognitive-Behavioral Intervention on Exercise Behaviors, Cognitions, and Mood in Men Diagnosed with the Metabolic Syndrome*

Agency: Ball State University New Faculty Grant: Supplies, Equipment, Expenses and  
Travel

Amount: \$3,000

Status: Not funded/Internal – January 2003

Principle Investigators: **Jeffrey Pauline** and Cathryn Dooly

*Cardinal Center for Sport Psychology and Performance Enhancement*

Agency: The George and Francis Ball Fund for Academic Excellence and The 21<sup>st</sup>  
Century Fund for Faculty Development

Amount: \$15,000 – 2002

Status: Not Funded/Internal

Principle investigators: **Jeffrey Pauline** and Valerie Wayda

Student Grant Proposals

*Achievement Goal Orientation of Adolescent Basketball Participants*

Agency: Ball State University Graduate Student Grant Competition

Amount: \$500

Status: Funded/Internal – Fall 2005

Principle investigator: Amy Kent

Co-principle investigator/Faculty sponsor: **Jeffrey Pauline**

*Relationship of Personality Factors and Athletic Identity*

Agency: Ball State University Graduate Student Grant Competition  
Amount: \$500  
Status: Funded/Internal – Fall 2004  
Principle investigator: Dustin Butcher  
Co-principle investigator/Faculty sponsor: **Jeffrey Pauline**

*Attitudes of Certified Athletic Trainers Concerning Formal Sport Psychology Education*

Agency: Ball State University Graduate Student Grant Competition  
Amount: \$500  
Status: Funded/Internal – Fall 2003  
Principle investigator: Kendra Gotsch  
Co-principle investigator/Faculty sponsor: **Jeffrey Pauline**

*The Impact of a Wellness/Fitness Course on Psycho-Behavioral Factors*

Agency: Ball State University Graduate Student Grant Competition  
Amount: \$500  
Status: Funded/Internal – Fall 2003  
Principle investigator: Elizabeth Loughren  
Co-principle investigator/Faculty sponsor: **Jeffrey Pauline**

**REFERRED PRESENTATIONS:**

**Pauline, J.,** Antshel, K., & Vanderdrift, L. (October, 2015). *The Mediating Role of Identity on the Relationship between Inattention and Academic Service Use in NCAA Student-Athletes.* Presentation at the Association of Applied Sport Psychology Annual Conference, Indianapolis, IN (National)

**Pauline, J.** (October, 2014). *Promoting Student-Athlete Well-being Through Engaged Learning.* Presentation at the Association for Applied Sport Psychology Annual Conference, Las Vegas, NV (National)

**Pauline, J.** (March, 2014). *Sport and Exercise Psychology: Legal and Ethical Issues Related to Technology and Consulting.* Presentation at the Sport Recreation and Law Association Annual Conference, Orlando, FL. (National)

**Pauline, J.** (October, 2013). *Increasing Stair Usage in a University Residential Complex.* Presentation at the Association for Applied Sport Psychology Annual Conference, New Orleans, LA. (National)

**Pauline, J.** (October, 2012). *Perceptions and Utilization of Sport Psychology Consultants Within Community College Athletics.* Presentation at the Association for Applied Sport Psychology Annual Conference, Atlanta, GA. (National)

**Pauline, J.** (August, 2012). *Motivation Signage Increases Physical Activity in a College Residence Hall.* Presentation made at the American Psychological Association Annual Convention, Orlando, FL. (National)

**Pauline, J. & Pauline, G.** (September, 2011). *Exercise and Exercise Motivation Among Young Adults.* Presentation made at the Association for Applied Sport Psychology Annual Conference, Honolulu, HI. (National)

- Pauline, J.** (October, 2010). *Factors Influencing College Selection by NCAA Division I, II, III Lacrosse Players*. Presentation made at the Association for Applied Sport Psychology Annual Conference, Providence, RI. (National)
- Pauline, J.** (August, 2010). *Physical Activity, Self-efficacy, and Sedentary Behaviors of College Students*. Presentation made at the American Psychological Association Annual Convention, San Diego, CA. (National)
- Pauline, J.** (June, 2010). *Overtraining Syndrome, Staleness, and Burnout*. Presentation made at the North American Society of Sport Management National Conference, Tampa, FL. (National)
- Pauline, J.** (September, 2009). *Physical Activity, Self-efficacy, and Sedentary Behaviors of College Students*. Presentation made at the Association for Applied Sport Psychology Annual Conference, Salt Lake City, UT. (National)
- Pauline, J., & Pauline, G.** (September, 2008). *NCAA Athletic Directors' Knowledge and Perceptions of Sport Psychology*. Presentation made at the Association for Applied Sport Psychology Annual Conference, St. Louis, MO. (National)
- Pauline, G., & **Pauline, J.** (May, 2008). *Experiential Learning: Collaboration of a Sport Management Program, Athletic Department, and a Corporate Sponsor*. Presentation made at the North American Society of Sport Management National Conference, Toronto, Canada. (International)
- Pauline, G., & **Pauline, J.** (May, 2008). *An Examination of the Motivating Factors for Volunteers at a Professional Tennis Event*. Presentation made at the North American Society of Sport Management National Conference, Toronto, Canada. (International)
- Pauline, J., & Pauline, G.** (October, 2007). *Physical Lifestyle Management: The Battle Against Weight Gain and Obesity*. Presentation made at the Association for Applied Sport Psychology Annual Conference, Louisville, KY. (National)
- Pauline, G., & **Pauline, J.** (June, 2007). *An Examination of the Primary Motives of Volunteers at Two Professional Golf Events*. Presentation made at the North American Society of Sport Management National Conference, Ft. Lauderdale, FL. (National)
- Pauline, J., Kaminsky, L., Schneider, P., & Johnson, S.** (September, 2006). *Community-Based Approach to Prevent Weight Gain*. Presentation made at the Association for the Advancement of Applied Sport Psychology Annual Conference, Miami, FL. (National)
- Pauline, J., Butcher, D., Pauline, G., Gamble, K., & Finch, W.** (October, 2005). *Exercise Dependence and Personal Factors in Triathletes and Habitual Exercisers*. Presentation made at the Association for the Advancement of Applied Sport Psychology Annual Conference, Vancouver, BC. (International)
- Pauline, J., & Gotsch, K.** (October, 2005). *Certified Athletic Trainers' Perceived Importance of Sport Psychology and Psychological Aspects of Injury*. Presentation made at the Association for the Advancement of Applied Sport Psychology Annual Conference, Vancouver, BC. (International)

- Pauline, J.,** Pauline, G., & Stevens, A. (April, 2005). *Influential Factors in the College Selection Process of Baseball Student Athletes*. Presentation made at the American Alliance for Health, Physical Education, Recreation and Dance National Convention, Chicago, IL. (National)
- Wayda, V., Kent, A., Scott, C., & **Pauline, J.** (November, 2004). *A Reflective Look at Hoosiers in Middletown, USA*. Presentation made at the North American Society for the Sociology of Sport Annual Meeting, Tucson, AZ. (National)
- Pauline, J.,** Pauline, G., Dooly, C., Taylor, C., Gotsch, K., Loughren, E., & Brown, T. (October, 2004). *Mood Enhancement in Women with the Metabolic Syndrome*. Presentation made at the Association for the Advancement of Applied Sport Psychology Annual Conference, Minneapolis, MN. (National)
- Pauline, J.,** Pauline, G., Dooly, C., Taylor, C., Gotsch, K., Loughren, E., & Brown, T. (July, 2004). *Effects of Exercise Adherence Counseling on Women with the Metabolic Syndrome*. Presentation made at the American Psychological Association Annual Convention, Honolulu, HI. (National)
- Pauline, J.,** Lund, J., Weinberg, W., & Pauline, G. (April, 2004). *The Involvement of Physical Education Teachers in Scholastic Coaching*. Presentation made at the American Alliance for Health, Physical Education, Recreation and Dance National Convention, New Orleans, LA. (National)
- Pauline, J.,** & Pauline, G. (November, 2003). *Providing Service Learning Opportunities for Students*. Presentation made at the Indiana Association for Health, Physical Education, Recreation, and Dance Conference, Indianapolis, IN. (State)
- Pauline, J.,** & King, R. (October, 2003). *Issues Facing Young Professionals Beginning a Career in Academia*. Presentation made the Association for the Advancement of Applied Sport Psychology Annual Conference, Philadelphia, PA. (National)
- Pauline, J.** (November, 2002). *Psychological Benefits of Engaging in Exercise for Children*. Presentation made at the Indiana Association for Health, Physical Education, Recreation, and Dance Conference, Indianapolis, IN. (State)
- Pauline, J.,** & Wayda, V. (November, 2002). *Creating New Learning Environments for Graduate Students and Professionals: A Sport Psychology Performance Enhancement Center in a Higher Educational Setting*. Presentation made at the Association for the Advancement of Applied Sport Psychology Annual Conference, Tucson, AZ. (National)
- Spangler, E., Gordon, P., Sindler, A., Goodrich, D., & **Pauline, J.** (June, 2002). *Is the Frequency of Trail Use Related to Trail Accessibility?* American College of Sports Medicine National Conference, St. Louis, MO. (National)
- Pauline, J.** (October, 2001). *Lifestyle Management: The Effects of an Intensive Lifestyle Management Course on Behavioral, Psychological, Physiological, and Psycho-Behavioral Factors*. Presentation made at the Association for the Advancement of Applied Sport Psychology Annual Conference, Orlando, FL. (National)
- Pauline, J.** (March, 2001). *Lifestyle Management*. Presentation made at the Southeast Sport Psychology Symposium, Morgantown, WV. (Regional)

Muscarella, F., **Pauline, J.**, & Burns, K. (May, 1999). *MMPI-2 Profile Differences Between Athletes and Non-Athletes*. Presentation made at the American Psychological Society National Convention, Miami, FL. (National)

Burns, K., **Pauline, J.**, & Muscarella, F. (May, 1998). *NEO-FFI Profile Differences Between Athletes and Non-Athletes*. Presentation made at the American Psychological Society National Convention, Washington, D.C. (National)

### **INVITED PRESENTATIONS:**

**Pauline, J.** (March, 2003). *Overcoming Fear*. Presentation made at the Interscholastic Coaches of Girls Sports Association Conference, Indianapolis, IN. (State)

**Pauline, J.** (April, 2002). *Helping Your Child Plan for Success*. Presentation to Carmel Swim Club: Parent Seminar, Carmel, IN. (Local)

**Pauline, J.** (March, 2002). *Setting Goals to Achieve Competitive Success*. Presentation to YMCA Triathlon 101, Muncie, IN. (Local)

Gordon, P., & **Pauline, J.** (December, 2000). *Evaluation of a Community Walking Trail for Physical Activity*. Presentation made at the SHEC Conference, Charleston, WV. (State)

Reger, W. & **Pauline, J.** (1999). *Wellness for physical diagnosis and clinical integration*. Presentation made at West Virginia University Hospital, Morgantown, WV. (Local)

### **THESIS AND DISSERTATION COMMITTEE SERVICE:**

Canfield, J. Dissertation. Models of physical activity and sedentary behaviors. (Member, defended Spring 2012)

Halleckson, K. Thesis. Differences in goal orientations and competitiveness between NCAA Division I and Division III competitive swimmers. (Chair, defended Spring 2006)

Butcher, D. Thesis. Relationship of exercise dependence and personality factors. (Chair, defended Spring 2006)

Kent, A. Thesis. Achievement goal orientation of adolescent basketball participants. (Chair, defended Spring 2006)

Mailey, C. Thesis. Influence of ethnicity on perception of aggressive behavior in basketball. (Chair, defended Spring 2006)

Allen, C. Thesis. The college selection process of softball players. (Chair, defended Spring 2006)

Gamble, K. Thesis. The effects of priming on performance of a motor task. (Member, defended Spring 2006)

Litzenberg, J. Thesis. Nutritional knowledge of athletes: Perceived vs. actual nutritional intake. (Member, defended Spring 2006)

Baxter, R. Thesis. Imagery use with club tennis players. (Member, defended Spring 2006)

- Pigozzo, J. Thesis. The relationship of self-efficacy and performance of female collegiate soccer players. (Member, Fall 2005)
- Mathews, J. Thesis. The effect of pedometer feedback on physical activity. (Member, defended Spring 2005)
- Grabowski, C. Thesis. The measurement of daily physical activity with the addition of moderate physical activity using pedometers. (Member, defended Spring 2005)
- Arnold, L. Thesis. Imagery use by elite divers. (Member, defended Summer 2004)
- Blessing, A. Thesis. The effect of structural teambuilding on athlete satisfaction in NCAA Division III men's and women's soccer. (Member, defended Summer 2004)
- Huai-Liang, L. Thesis. The relationship between social support and adjustment issues of foreign student-athletes and non-athletes. (Member, defended Summer 2004)
- Gilbert, R. Thesis. The relationship of parental sport participation to the sport participation of children. (Member, defended Summer 2004)
- Babbitt, M. Thesis. Reflecting on high school experiences through parental involvement. (Member, defended Summer 2004)
- Gotsch, K. Thesis. Attitudes of certified athletic trainers concerning formal sport psychology education (Chair, defended Fall 2003)
- Loughren, E. Thesis. The impact of a wellness/fitness course on psycho-behavioral factors. (Chair, defended Fall 2003)
- Taylor, C. Thesis. Effects of varying exercise volumes on the metabolic syndrome in women. (Member, defended Fall 2003)
- Horrell, L. Thesis. Comparison of intercollegiate athletes motivational and cognitive imagery use by division and events in track and field. (Member, defended Summer 2003)
- Currens, C. Thesis. The effects of a structured goal setting program on the compliance rates and hardiness levels of injured individuals in an injury rehabilitation program. (Member, defended Fall 2002)

**PROFESSIONAL SERVICE:**

- Committee Member, Association for Applied Sport Psychology Continuing Education Committee, 2015 – Present
- Committee Member, Association for Applied Sport Psychology Student Practice Award, 2011 – 2015
- Conference Abstract Reviewer, Association for Applied Sport Psychology, 2011 – Present
- Association for Applied Sport Psychology – Exercise Psychology and Wellness Special Interest Group, 2010 – Present
- Journal Article Reviewer, *Journal of Issues in Intercollegiate Athletics*, 2015 – Present
- Journal Article Reviewer, *Journal of Sport Management*, 2009 – Present

Journal Article Reviewer, *Women in Sport and Physical Activity*, 2009 – Present

Journal Article Reviewer, Special Issue of *Team Performance Management* (Sporting Teams), Fall 2008

Member of the United States Olympic Committee Sport Psychology Registry, 2006 – Present

Reviewer, *Human Behavior Principles Applied to Physical Activity – American College of Sports Medicine Resource Manual for Guidelines for Exercise Testing and Prescription* 5<sup>th</sup> Edition, 2003 – 2004

Technology Chair for the American Alliance for Health, Physical Education, Recreation, and Dance National Convention and Exposition, 2005

Member, Changing the Shape of Indiana Task Force for Indiana Association for Health, Physical Education, Recreation, and Dance, 2003 – 2005

Member, Research Council for Indiana Association for Health, Physical Education, Recreation, and Dance, 2002 – 2005.

### **UNIVERSITY SERVICE:**

Member, University Conduct and Appeals Board, Syracuse University, 2014 – Present

Performance Enhancement Consultant, Syracuse University Athletic Teams, 2006 – Present

Member, Wellness Strategy Committee – Syracuse University, 2006 – 2007

Member, Ball State University Athletic Department High Performance Team, 2003 – 2006

Faculty Advisor, Ball State University Men's Rugby Team, 2001 – 2006

Performance Enhancement Consultant, Ball State University Athletic Teams, 2001 – 2006

### **COLLEGE/DEPARTMENT SERVICE:**

Director, Department of Sport Management – Sport Venue and Event Management Graduate program 2015 – Present

Member, Falk College of Sport and Human Dynamics Grievance Committee, 2014 – Present

Member, Department of Sport Management Interuniversity Transfer Committee, 2014 – 2015

Member, Department of Sport Management Assistant Professor Search Committee, 2013 – 2014

Member, Department of Sport Management Administrative Assistant Search Committee, 2012 – 2013

Coordinator, Department of Sport Management undergraduate minor, 2013 – 2015

Member, Department of Sport Management Graduate Program Committee – Syracuse University, 2011 – 2013

Member, College of Human Ecology Curriculum Committee – Syracuse University, 2007 – 2010

Member, Department of Sport Management Space Committee – Syracuse University, 2006 – 2007

Member, College of Human Services and Health Professions Research Center Committee – Syracuse University, 2006 – 2011

Member, College of Human Services and Health Professions Faculty Committee – Syracuse University, 2006 – 2009

Faculty Advisor for College of Human Services and Health Professions Health and Wellness Learning Community – Syracuse University, 2006 – 2007

Member, Department of Sport Management Assistant Professor Search Committee – Syracuse University, 2006 – 2007

Member, School of Physical Education, Sport, & Exercise Science Core Curriculum Task Force – Ball State University, 2004 – 2006

Member, Admissions and Credits Committee – Ball State University, 2004 – 2006

Faculty Marshal, Ball State University Spring Commencement Ceremony, 2003 – 2005

Chair, Korsgaard Outstanding Graduate Student Award – Ball State University, 2003 – 2005

Member, Athletic Training Assistant Professor Search Committee – Ball State University, 2003 – 2004

Member, Elementary Physical Education Teacher Education Assistant Professor Search Committee – Ball State University, 2003 – 2004

Member, Secondary Physical Education Teacher Education Assistant Professor Search Committee – Ball State University, 2003 – 2004

Member, Korsgaard Outstanding Graduate Student Award – Ball State University, 2001 – 2003

Member, Salary & Appeals Committee – Ball State University, 2001 – 2004

Faculty Co-advisor, Sport Psychology Club – Ball State University, 2001 – 2006

**AWARDS:**

Outstanding Teaching Award 2004 (tenure-line) College of Applied Science & Technology – School of Physical Education, Sport, & Exercise Science  
Outstanding Teaching Award 2003 (tenure-line) College of Applied Sciences & Technology – School of Physical Education

**CERTIFICATIONS:**

Certified Consultant, Association for Applied Sport Psychology (Certificate Number 194)  
Member, United States Olympic Committee (USOC) Sport Psychology Registry