

## Tracey Musarra Marchese

### EDUCATION:

Master of Social Work (MSW) - Casework, May 1993  
Rutgers - The State University of New Jersey, New Brunswick, NJ

Bachelor of Arts (BA) - Psychology, May 1990  
Montclair State College, Upper Montclair, NJ

### PROFESSIONAL EXPERIENCE:

September 2010  
To  
Present

PRIVATE PRACTICE, Syracuse, NY  
Psychotherapist/Clinical Social Worker

- Provide therapy to individuals, couples, and families with varied presenting problems
- Conduct assessments and develop individualized treatment plans for clients
- Coordinate community services to meet the varied needs of clients
- Utilize various treatment techniques, including EMDR therapy, CBT, Mind/Body, and Experiential techniques, to treat various issues, e.g., depression, anxiety, bereavement, chronic illness, trauma
- Act as EMDR International Association (EMDRIA) CNY Regional Coordinator
- Provide training in EMDR therapy (EMDRIA-Approved Trainer in EMDR)
- Provide clinical consultation to therapists seeking certification in EMDR (EMDRIA-Approved Consultant in EMDR)
- Created continuing education (CE) modules for EMDRIA credit (2012-2013)

January 2009  
To  
Present

SYRACUSE UNIVERSITY, Syracuse, NY  
Professor of Practice, School of Social Work

- Prepare and present class lectures on the subjects of Micro and Macro Social Work Practice on both the undergraduate and graduate level
- Created and teach a practice course on Complex Trauma at the graduate level
- Teach a graduate level problem-based learning course on trauma in children and adolescents that is part of a national research study
- Develop and administer exams and assignments that facilitate student learning
- Create classroom exercises that engage students in the learning process
- Create continuing education courses for the new Syracuse University School of Social Work Continuing Education Program
- Provide academic advising to undergraduate students
- Mentor students regarding field placement issues that relate to class learning
- Provide mentoring to social work students in the Engagement Fellowship program
- Serve as a member of MSW Program Committee, MSW Clinical Concentration Committee, Continuing Education Committee, BSSW Program Committee
- Participated on an inter-disciplinary team to develop a Certificate of Advanced Study in Trauma on the graduate level
- Provide workshops and inservices at various venues
- School of Social Work Faculty of the Year Award recipient (2010)

- September 2007  
To  
December 2008
- RUTGERS-THE STATE UNIVERSITY OF NEW JERSEY, New Brunswick, NJ  
Adjunct Faculty, Graduate School of Social Work
- Prepared and presented class lectures on the following subjects: Social Work Practice I and Social Work Practice II
  - Created classroom exercises and assignments to engage students in the learning process
  - Developed and administered midterm exams and research paper assignments
  - Mentored students regarding field placement issues that related to class material
  - Collaborated with other instructors to improve course content and syllabus
- April 2007  
To  
December 2008
- STEEPLECHASE CANCER CENTER, Somerville, NJ  
Clinical Social Worker/Coordinator, Complementary Medicine Program
- Planned, developed, and coordinated services for a Complementary Medicine Program for a new hospital-based cancer center
  - Provided counseling and emotional support to oncology patients and their families
  - Conducted psychosocial assessments and developed appropriate treatment plans for patients receiving cancer treatment
  - Linked patients with community resources and support services
  - Presented workshops and lectures on the psychosocial aspects of cancer, mind-body wellness, and stress management in the hospital setting and community
  - Engaged in marketing activities throughout the hospital system and the community to promote the Complementary Medicine Program
  - Developed social work policies and procedures for a new cancer center
  - Participated on committees and multi-disciplinary teams in both the hospital and community to identify areas of need and develop programs to meet those needs
- January 2002  
To  
December 2008
- PRIVATE PRACTICE, Pluckemin, NJ  
Psychotherapist/Clinical Social Worker
- Provided therapy to individuals, couples, and families with varied presenting problems
  - Conducted assessments and developed individualized treatment plans for clients
  - Coordinated community services to meet the varied needs of clients
  - Utilized various treatment techniques, including EMDR, CBT, Mind/Body, and Experiential techniques, to treat various issues, e.g., depression, anxiety, bereavement, chronic illness, trauma
  - Provided supervision to LCSW candidates
  - Presented workshops and lectures on health/mental health topics at various venues, e.g., NASW-NJ Conference, college classes, community settings
- December 2002  
To  
April 2007
- HUNTERDON MEDICAL CENTER, Flemington, NJ  
Clinical Social Work Supervisor
- Provided clinical supervision to social work staff, LCSW candidates, and social work students
  - Provided therapy and bereavement counseling to oncology patients and their families
  - Facilitated psychotherapeutic groups in psychiatric inpatient, partial hospital, and intensive outpatient settings

- Educated patients on the link between stress/anxiety and physical pain and taught patients relaxation techniques (e.g., visualization, meditation, guided imagery)
- Conducted psychosocial assessments and developed appropriate treatment plans
- Provided inservice programs on mental health issues to hospital staff
- Linked patients to appropriate community resources and support groups
- Acted as lead therapist in a Symptom Management Program for patients with chronic pain issues

July 2001  
To  
November 2002

SOMERSET MEDICAL CENTER, Somerville, NJ  
Program Therapist - Eating Disorders Unit

- Provided individual and family therapy for patients with eating disorders in inpatient, partial hospital, and intensive outpatient settings
- Conducted psychosocial assessments and developed individualized treatment and discharge plans to meet patient needs
- Participated in daily rounds as part of an interdisciplinary team
- Facilitated daily group therapy sessions, including psychotherapy and topic-based groups (e.g., body image, goals, recovery)
- Coordinated community services to meet patient needs
- Assessed patients in crisis and provided immediate intervention
- Collaborated with outpatient providers to ensure continuity of care

November 2000  
To  
July 2001

MENTOR-NJ, Somerset, NJ  
Clinical Supervisor

- Hired, trained, and provided clinical supervision to 9 staff providing therapy for emotionally disturbed children/adolescents in foster care placements
- Developed policies and procedures to ensure staff/program efficiency
- Conducted intake assessments and developed treatment plans for clients
- Provided individual therapy for emotionally disturbed children and adolescents
- Assessed clients in crisis and provided immediate intervention
- Provided training to foster parents (Mentors) on mental health diagnoses and treatment methods and interventions to work with their clients
- Mediated between parties involved in client care (DYFS, school, parent, Mentor)
- Collaborated with community agencies on behalf of clients

August 1997  
To  
November 2001

CENTER FOR LIFE ENHANCEMENT, Ridgewood, NJ  
Psychotherapist/Clinical Social Worker

- Provided therapy to individuals, couples, and families with varied presenting problems in a private agency setting
- Conducted assessments and developed individualized treatment plans for clients
- Coordinated community services to meet the varied needs of clients
- Experience with various issues, e.g., depression, anxiety, PTSD, and various treatment techniques, including CBT, EMDR, and Experiential techniques

March 1996  
To  
November 2000

SPECIAL CHILD HEALTH SERVICES, Paramus, NJ  
Field Supervisor/Service Coordinator/Case Manager

- Trained and supervised agency staff, including LCSW supervision
- Oversaw client intake department

- Provided Service Coordination/Case Management to 85+ families with children with developmental delays/disabilities
- Counseled families and linked them with appropriate community resources
- Conducted inservices to large groups and provided education to families
- Coordinated outreach efforts to the community
- Assisted with grant writing and policy development
- Member of NJ Statewide Task Force on Autism, Regional Outreach Committee, and Family Support Planning Committee

October 1993  
To  
March 1996

HOLY NAME HOSPITAL, Teaneck, NJ  
Social Worker

- Provided counseling for patients and their families in the following areas: Outpatient Clinics, LDRP, Pediatrics, ER, and Medical/Surgical units
- Assessed patients in crisis, e.g., domestic violence, in Emergency Room and Clinic settings and provided immediate intervention
- Produced written psychosocial assessments and developed documented treatment and discharge plans to meet patient needs
- Coordinated community services to meet patients' varied needs
- Conducted inservice programs to educate staff on new policies
- Developed assessment tools used to monitor high risk patients in Clinic settings
- Member of Child Abuse Task Force and Perinatal Bereavement Committee

September 1992  
To  
October 1997

NUTLEY FAMILY SERVICE BUREAU, Nutley, NJ  
Clinical Social Worker - May 1993 to October 1997

- Second Year Internship-Clinical Social Worker- September 1992 to May 1993
- Provided counseling for individuals, couples, and families with varied presenting problems as both a primary clinician and an EAP provider
  - Assessed psychosocial status and produced written assessments and treatment plans to meet client needs
  - Coordinated community services to meet the varied needs of clients
  - Prepared SOAP documentation for health department referred outreach cases
  - Facilitated a group for neurologically impaired children in a school setting
  - Facilitated an eight-session Assertiveness Training Workshop

September 1991  
To  
May 1992

ESSEX COUNTY HOSPITAL CENTER, Cedar Grove, NJ  
First Year Internship – Clinical Social Worker

- Provided counseling for individuals and families in an inpatient psychiatric facility
- Completed psychosocial assessments and developed treatment plans to meet the varied needs of patients
- Facilitated a psychotherapy group for men with severe persistent mental illness
- Co-facilitated a socialization group for severely regressed men with severe persistent mental illness

**PROFESSIONAL AFFILIATIONS:**

- NY Licensed Clinical Social Worker (LCSW-R)
- NJ Licensed Clinical Social Worker (LCSW)
- NJ State Certified Clinical Social Work Supervisor
- NJ State Certified School Social Worker

- EMDRIA (EMDR International Association) Certified in EMDR Therapy
- EMDRIA-Approved Consultant in EMDR Therapy
- EMDRIA-Approved Trainer in EMDR Therapy
- EMDRIA CNY Regional Coordinator
- Evolving Thought Field Therapy (EvTFT) trained - advanced level
- Certified Perinatal Bereavement Counselor
- Certified Prepare/Enrich Counselor
- Member - National Association of Social Workers (NASW)
- Member - EMDR International Association (EMDRIA)

### **LECTURE / PRESENTATION EXPERIENCE:**

November 2014	<u>Elmcrest Children's Center, Syracuse, NY: "Understanding &amp; Working with Trauma"</u>
Sept. - Dec. 2014	<u>Department of Psychiatry, SUNY Upstate Medical University, Syracuse, NY: EMDR Therapy Basic Training</u>
June 2014	<u>Syracuse University Intro to Equine-Assisted Activities and Therapies Class, Syracuse, NY: "Understanding Trauma"</u>
March 2014	<u>Community in Trauma Conference, Syracuse, NY: Trauma expert on discussion panel</u>
March 2014	<u>Brownell Center for Behavioral Health, Syracuse, NY: "Best Practices in Trauma Treatment"</u>
June 2013	<u>Syracuse University Intro to Equine-Assisted Activities and Therapies Class, Syracuse, NY: "Understanding Trauma"</u>
April 2013	<u>Onondaga County Youth Bureau, Syracuse, NY: "Brain Development and Trauma: What is it and what can we do about it?"</u>
July 2012	<u>Hutchings Psychiatric Center, Syracuse, NY: "Clients/Patients, Their Families, and You"</u>
May 2012	<u>OCM Boces Prevention Conference, Liverpool, NY: "Trauma: Hidden Fuel for the Fire of Addiction"</u>
March 2012	<u>NASW-NYS Central Division meeting, Syracuse, NY: "Self-Care in Social Work: Tools for Sustaining a Satisfying and Rewarding Career"</u>
March 2011	<u>NASW-NYS Conference, Albany, NY: "Integrating Mind-Body Wellness Techniques Into Your Social Work Practice"</u>
March 2010	<u>Hospice of CNY, Syracuse, NY: "The Future of Social Work in Healthcare"</u>
December 2009	<u>NASW-NYS Central Division meeting, Syracuse, NY: "Understanding EMDR and Its Applications"</u>
<b>January 2009- Present</b>	<u>Syracuse University, Syracuse, NY: Professor of Practice, teaching courses on Micro and Macro Social Work Practice and Trauma</u>
October 2008	<u>NJ Oncology Registrars Conference, Atlantic City, NJ: "Complementary Medicine"</u>
September 2007- Dec. 2008	<u>Rutgers-The State University of New Jersey, New Brunswick, NJ: Adjunct Faculty, teaching Social Work Practice I and Social Work Practice II at the graduate level.</u>
September 2007	<u>NASW-NJ, Edison, NJ: "Understanding EMDR and its Applications"</u>
May 2007- Dec. 2008	<u>Steeplechase Cancer Center, Somerville, NJ: Provided psychoeducation groups to hospital staff and patients and their caregivers on Complementary Medicine modalities, stress management, and the mind-body approach to wellness.</u>
December 2006	<u>St. Martin's Episcopal Church, Bridgewater, NJ: "Is it the Holiday Blues, or SAD"</u>
October 2005	<u>NASW-NJ Hunterdon/Somerset Chapter meeting: "Understanding EMDR"</u>
May 2005	<u>NASW-NJ Conference, Atlantic City, NJ: "Using EMDR and Other Treatment Modalities with the Adolescent Population"</u>
May 2005	<u>Hunterdon Medical Center, Flemington, NJ: "Mind-Body Approaches to Pain Management".</u>
January 2004	<u>Clarence Dillon Public Library, Bedminster, NJ: "Healthy New Year"</u>

November 2003	<u>Clarence Dillon Public Library, Bedminster, NJ</u> : “Child Development—Birth to Three”
September 2003	<u>Hunterdon Medical Center, Flemington, NJ</u> : “The Mind-Body Approach to Mental Health Treatment”
2003	<u>Hunterdon County, NJ</u> : Inservices to hospital staff and community agencies and groups regarding a hospital-based Symptom Management Program
December 2002	<u>Guest lecturer—Kean University, Abnormal Psychology class</u> : “Eating Disorders: Diagnosis and Treatment”
June 2001	<u>Guest lecturer—Brookdale Community College, General Psychology class</u> : “The Many Faces of Social Work”
January - July 2001	<u>MENTOR, NJ, Somerset, NJ</u> : Trained foster parents on behavior modification techniques for children and adolescents, and provided psychoeducation on mental illness and psychiatric medications.
1997-2000	<u>Bergen County, NJ</u> : Presented information on Special Child Health Services to community groups.
1994-1996	<u>Holy Name Hospital, Teaneck, NJ</u> : Inservices to hospital staff on the role of the social worker in the hospital setting.