

## Daran Shipman, M.A., LMFT

Clinical Supervisor- Department of Marriage and Family Therapy. Family Therapist in Private Practice, Syracuse, New York.

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## Education

August 2008- May 2010, Syracuse University, Marriage and Family Therapy Program, Recipient of Social Justice Award, Degree Obtained: Master of Arts

May 2005, Binghamton University, Psychology, Degree Obtained: Bachelor of Arts

## Professional Affiliations and Reviews

September 2008- Present, Member, American Association of Marriage and Family Therapy.

Adhoc reviewer, Journal of Marital and Family Therapy

## License

Marriage and Family Therapist, New York State, License Number: 000902

AAMFT Approved Supervisor

## Employment

January 2013 - Present, Clinical Supervisor/Adjunct Instructor, Department of Marriage and Family Therapy, Syracuse University. Teach graduate courses, train and supervise students to work with transgender/gender expansive population.

May 2020-Present, Adjunct Instructor, Department of Family Therapy & Social Work, Fairfield University. Teach graduate course on affirmative care for transgender and gender expansive clients.

January 2019-Present, Wellness Head, Camp Aranu'tiq of Harbor Camps, New Hampshire. A summer camp for transgender/gender expansive youth.

November 2011 - Present, Private Practice, Syracuse, NY. Therapist specializing in treatment of transgender/gender expansive (and LGBTQ) adults & youth

April 2018 - 2019, Seminar Presenter, PESI, Inc. Conduct seminars for mental health professionals and school personnel across the U.S. on affirmative care for LGBTQ youth.

February 2013 - September 2015, Mental Health Specialist, Interfaith Works, Syracuse, NY. Provided individual and family therapy to refugee community.

May 2010 - February 2013, Family Therapist/Supervisor, Brownell Center for Behavioral Health, Syracuse, NY. Provided individual, couples, and family therapy. Conducted group therapy for transgender individuals, trained staff in affirmative care, and supervised graduate students.

## Courses Taught

Spring 2020, FT 568F: Affirmative care with gender diverse youth and adults

Summer 2017, 2018, MFT-567: Sexual issues for the helping professional

Spring/Summer, 2017, MFT 662: Evidence-based practice in family therapy

Spring/Summer, 2016, Co-taught MFT 662: Evidence-based practice in family therapy

Fall 2015, Co-taught MFT 750: Marriage and family therapy practicum

## Invited lectures

Panelist, Transgender health care, Upstate Medical, Syracuse, NY, Spring, 2018, Fall, 2019.

Affirmative health care for transgender individuals, Graduate nursing students, Lemoyne college, Syracuse, New York, Spring, 2016, 2017, 2018, 2019.

Affirmative health care for transgender individuals, Graduate medical students, SUNY Upstate College of Medicine, Syracuse, New York, Spring 2018.

Shipman 2020

Clinical practice with resettled refugees, MFT PhD students, Syracuse University, Fall, 2016.

Readiness process for transgender clients: A reflection, Graduate MFT students, Syracuse University, Winterlude, 2016.

To refer or to treat? Ethical decisions with LGBT clients, Graduate MFT students, Syracuse University, Fall, 2015.

Special considerations for clinical practice with refugees, Graduate Social Work students, Syracuse University, Spring, 2015 (Co-presented).

## Current research

Impact of COVID-19 on individuals, couples, and families of clients at the Couple and Family Therapy Center. Co-Investigator with Rashmi Gangamma, Linda Stone Fish, Tracey Reichert Schimpff, Department of Marriage and Family Therapy.

Assist in development of research design and surveys

Supervise students in data collection

## Publications

Shipman, D., Martin, T. (2019). Clinical and Supervisory Considerations for Transgender Therapists: Implications for Working with Clients. *Journal of Marital and Family Therapy*, doi: 10.1111/jmft.1230.

Gangamma, R., & Shipman, D. (2017). Transnational Intersectionality as a Framework for Culturally Competent Practice with Resettled Refugees. *Journal of Marital and Family Therapy*. doi: 10.1111/jmft.12267.

Coolhart, D., & Shipman, D. L. (2017). Working Toward Family Attunement: Family Therapy with Transgender and Gender-Nonconforming Children and Adolescents. *Psychiatric Clinics of North America*, 40(1), 113-125. <http://dx.doi.org/10.1016/j.psc.2016.10.002>.

Coolhart, D., Baker, A\*., Farmer, S\*., Malaney, M\*., and Shipman, D\*. (2012). Therapy with Transsexual Youth and Their Families: A Clinical Tool for Assessing Youth's Readiness for Gender Transition. *Journal of Marital and Family Therapy*. doi: 10.1111/j.1752-0606.2011.00283.x (\* equal authorship).

## Manuscripts in review

Cooke, S., Nedela, M., Shipman, D., & Grafsky, E. Self-Disclosure: Considerations for Therapy and Supervision.

## Presentations

Shipman, D. "Affirmative care with transgender/gender diverse individuals and their families." Webinar for Queer and Trans Advocacy Network, American Association of Marriage and Family Therapy, March, 2019.

Shipman, D. "Affirmative care with transgender individuals and their families." Workshop for Tompkins County mental health clinicians, October, 2018.

Shipman, D. "Working with transgender youth and their families." Presentation for clinicians at Psychological Health Care, February, 2016.

Coolhart, D., & Shipman, D. "Working with transgender youth and their families: Expanding family attunement and exploring gender transition options." Workshop presented at American Family Therapy Academy conference, Chicago, IL, 2013.

Shipman, D. "Differing conceptualizations of sexuality and gender." Workshop presented at conference, Having the Conversation: Clinical Practice with LGBTQ Clients, Syracuse University, August 2011.

Shipman, D. & Malaney, M. "Working sensitively with transgender clients." Workshop presented for clinicians and staff at the Brownell Center for Behavioral Health, Syracuse, NY, 2011.

## Service

Summer 2020-Present: AAMFT CEO Workgroup: Guidelines for LGBTQ+ Affirming Therapy

Collaborate with expert professionals to develop first ever guidelines for LGBTQ+ affirming therapy.

April 2019-Present: Transgender/Gender Expansive Support Day, Syracuse University.

Lead graduate students in creating an event with community partnerships to provide support to local transgender and gender diverse people.

January 2018-Present: Chair, Marriage and Family Therapy website committee, Syracuse University.  
Lead committee members in creating, maintaining, and editing content on department website.